

# FRIDAY, MAY 3

7:30 AM – 8:00 AM

## AGS AWARDS CEREMONY

Room:

Please join us as we honor and celebrate this year's prestigious award winners.

### **Edward J. Henderson Student Award**

Elizabeth M. Bloemen, MPH, MD Candidate

### **Clinical Student Research Award**

Smrithi Sukumar, MD Candidate

### **Scientist-in-Training Research Award**

Minakshi Raj, MPH

### **Health in Aging Foundation New Investigator Awards**

Marlon J.R. Aliberti, MD, PhD Candidate

Claire K. Ankuda, MD, MPH, MSc

Rasheeda Hall, MD, MBA, MHS

Carolyn J. Presley, MD, MHS

### **Outstanding Junior Investigator of the Year Award**

Nancy L. Shoenborn, MD, MHS

### **Outstanding Junior Research Manuscript Award**

Victoria L. Tang, MD, MAS

### **Outstanding Junior Clinician Educator of the Year Award**

Skotti Church, MD

### **Outstanding Mid-Career Clinician Educator of the Year Award**

Colleen Christmas, MD

### **AGS *Choosing Wisely* Champion**

### **State Affiliate Achievement Awards**

### **Presidential Poster Awardees**

### **Jeffrey H. Silverstein Memorial Award for Emerging Investigators in the Surgical and Related Medical Specialties that Are Focused on the Care of Older Adults**

### **Clinician of the Year Award**

Kellie Flood, MD

### **Dennis W. Jahnigen Memorial Award**

Nicole J. Brandt, PharmD, MBA

### **David H. Solomon Memorial Public Service Award**

Arti Hurria, MD

## CONCURRENT SESSIONS

**8:15 AM – 9:15 AM**

**DYSPHAGIA MANAGEMENT IN OLDER ADULTS: REHABILITATION, TRANSITIONAL CARE, AND PALLIATIVE CARE**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Aging and Oral Health and the Palliative Care Special Interest Groups*

Moderator: Rebecca H. Affoo, PhD, CCC-SLP

This session will provide geriatrics-focused healthcare providers with an introduction to dysphagia treatment approaches and management in three different care contexts: rehabilitation, transitional care, and palliative care. Learning Objectives: (1) distinguish the various treatment options for management of dysphagia in older adults; (2) describe the unique challenges of transitional care as it applies to dysphagia management and describe ways to address these issues; (3) describe approaches and benefits to dysphagia management in palliative and end of life care situations; and (4) discuss the ways that interprofessional teams can most effectively collaborate to optimize outcomes for older patients with dysphagia.

**Challenges to Dysphagia Management during Transitions of Care**

Amy JH Kind, MD, PhD

**Palliative Care and End of Life Considerations for Dysphagia Management in Older Adults**

Janeen Marshall, MD

**Dysphagia Treatment for Older Adults: Compensatory and Rehabilitative Approaches**

Nicole Rogus-Pulia, PhD, CCC-SLP

**8:15 AM – 9:15 AM**

**PRACTICAL AND EFFICIENT APPROACHES FOR OPTIMIZING MEDICATIONS AND DEPRESCRIBING: AN INTERPROFESSIONAL CLINICAL SKILLS WORKSHOP**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Education Committee, Pharmacists Section, Nurses Section, Fellows-In-Training Section, Residents Section & Teachers Section*

Moderator: Lisa J. Granville, MD, AGSF, FACP

Attendees will improve their assessment of geriatric prescribing by incorporating different tools and resources into their practices. Learning Objectives: (1) compare and contrast several existing screening instruments, decision support tools and approaches to deprescribing; (2) optimize drug regimens for older adults, identify potentially serious drug-drug interactions and limit risk for patients with chronic pain who are using opioids; and (3) incorporate a systematic approach to assessing and optimizing medication lists into both clinical practice and teaching of trainees and other professional colleagues.

**Approach to Geriatric Medication Review**

Zaldy S. Tan, MD, MPH; Margaret Wallhagen, PhD, GNP-BC, AGSF, FAAN & Demetra E. Antimisiaris, PharmD

**Drug-Drug Interactions and Deprescribing**

Hal H. Atkinson, MD, MS; Pamela Z. Cacchione, PhD, CRNOPP, BC, FGSA, FAAN & Sean M. Jeffery, PharmD

**Chronic Pain and Opiate Use**

Maura J. Brennan, MD; Barbara Resnick, PhD, CRNP; Sharon Leigh, PharmD & Sheila C. Gencarelli, PharmD, BCPS

**8:15 AM – 9:15 AM**

## **USING PERSONAL NARRATIVES IN GERIATRICS: HOW STORIES CAN IMPACT CARE, MEDICAL EDUCATION, AND ADVOCACY FOR OLDER ADULTS**

Room:

CME/CE Credit: 1.0                      Track: Education

*Sponsored by the Education Committee & Teachers Section*

Moderator: Laurence M. Solberg, MD, AGSF

This session will focus on how personal narratives and oral histories can be valuable tools for trainees, clinicians, and researchers working with or advocating for older adults. Learning Objectives: (1) describe the value of and strategies for incorporating narrative and oral history skills in geriatrics education; (2) describe the value of and strategies for incorporating personal narrative in the care of older adults; (3) identify potential academic or community-based partners for collaboration on narrative-based work; and (4) discuss how to use personal narratives as an effective public advocacy strategy.

### **The Art of Aging Curriculum at the University of Florida**

Mallory Otto, MD

### **Hear/Say: Using Narrative to Enhance Person-Centered Care**

Jennifer J. Merrilees, RN, PhD

### **Using Narrative to Advocate for Older Adults**

Louise Aronson, MD, MFA

**8:15 AM – 9:15 AM**

## **KEEPING OLDER ADULTS OUT OF THE HOSPITAL PAPER SESSION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Developed by the Research Committee*

Moderator: Caroline Blaum, MD, MS

Come to this session to learn about quality improvement interventions that help our patients stay out of the hospital. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

### **P20 - Geriatrics Preventable Admissions Care Team (GERIPACT): The Effectiveness of a High Risk Intensive Ambulatory Geriatrics Program to Reduce Emergency Room Visits and Hospitalizations**

Stephanie W. Chow, MD, MPH

### **P21 - Optimizing Value Based Care in a Medicare Shared Saving Plan Utilizing Geriatric Care Tools: GRACE Model and EPIC Tools**

James W. Campbell, MD, MS

### **P22 - Connecting Provider to Home: Bridging Gaps in Care**

Rosaneli Baeza Loza, BS

### **P23 - Readmissions Reduction on an Acute Care of the Elderly Unit**

Maureen C. Dale, MD

## **SECTIONS**

**8:15 AM – 9:15 AM**

## **JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT BREAKFAST**

Room:

Co-Chairs: Andrew B. Cohen, MD, PhD; Erin Sarzynski, MD

The Junior Faculty Research Career Development Breakfast is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. Our speaker this year will be Heather E. Whitson, MD, MHS, who received the 2018 Yoshikawa Award for Outstanding Scientific Achievement in Clinical Investigation. Dr. Whitson will discuss her career journey, and we will have roundtable discussions focusing on different stages of academic career development. Discussions will be facilitated by mid-career and senior research faculty and will cover a variety of topics, including applying for a job, navigating the mentor-mentee relationship, securing grant funding, and balancing research with other roles.

**8:15 AM – 9:15 AM**

**RESIDENTS SECTION BREAKFAST & FELLOWSHIP FAIR**

Room:

Track: Networking

Chair: Chitra Hamilton, MD

All residents and 4<sup>th</sup> year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS. Geriatricians will be present to discuss geriatrics as a career and opportunities in the field. Fellowship directors will be representing their programs at the fellowship fair portion of the section meeting. Breakfast will be served.

**PLENARY SESSION**

**9:30 AM – 10:15 AM**

**THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE:**

**A CALL TO ACTION: COMING TOGETHER TO ADDRESS SOCIAL DETERMINANTS OF HEALTH**

Room:

CME/CE Credit: .75                      Track: Research

Speaker: Amy JH Kind, MD, PhD

Learning Objectives: (1) identify the impact of social determinants of health, and particularly of neighborhood disadvantage, on the health of older adults; (2) define methods for quantifying neighborhood disadvantage for purposes of research, clinical and policy application; (3) recognize the need to consider social determinants of health in the design, conduct and evaluation of research, clinical and policy initiatives, particularly for older adults; and (4) define 'data democratization', cite an example, and recognize its import in catalyzing real world change.

**CONCURRENT SESSIONS**

**10:30 AM – 11:30 AM**

**SEPSIS IN OLDER ADULTS: RECOGNITION, TREATMENT AND RECOVERY**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

Moderator: Kevin P. High, MD, MS

This session will focus on the identification and management of sepsis in older adults, and how to best optimize recovery from critical illness. Learning Objectives: (1) describe the presentation of early sepsis in older adults and the tests that aid in early detection and diagnosis; (2) integrate best evidence practices, clinical expertise and diagnostic test results for optimal management of sepsis in older adults; (3) review the importance of pre-ICU vulnerability factors (i.e. geriatric syndromes) in the ICU care of older adults; and (4) discuss changes that ICU providers can make now and in the future to optimize the functional recovery of critically ill older adults.

**Brief Review of Sepsis Epidemiology**

Kevin P. High, MD, MS

**Identifying Sepsis in Older Adults**

Bernardo J. Reyes, MD

**Current Management of Sepsis in Older Adults**

Theresa A. Rowe, DO, MS

**Optimizing Recovery from Critical Illness in Older Adults**

Lauren E. Ferrante, MD, MHS

**10:30 AM – 11:30 AM**

**HEALTHY AGING THROUGH HEALTHY NUTRITION**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Healthy Aging Special Interest Group and the Clinical Practice and Models of Care and the Public Education Committees*

Moderator: Kathryn Daniel, PhD, RN, ANP-BC, GNP-BC, GS-C, AGSF

This session will address a healthy diet for the older adult and how food systems, clinical practice and interventions can foster healthy aging. Learning Objectives: (1) describe the relationship of nutrition and healthy aging including the components of nutritious diets for older adults that contribute to healthy aging; (2) identify community-based programs that promote healthy nutrition and healthy aging; and (3) identify simple and easy ways to prepare meals that are nutritious, appeal to older adults, and contribute to healthy aging and ways in which to incorporate it into clinic visit or clinical care.

**Healthy Aging through Nutrition**

Anna M. Rotkiewicz, MD

**Key Community Resources and Healthy Teaching Kitchens**

Marissa A. Black, MD MPH

**Expert Panel**

Suzanne Washington, MS & Laura A. Guidiott, MS, RDN

**10:30 AM – 11:30 AM**

**OSTEOPOROSIS AND SOFT TISSUE (MUSCLE/FAT) DISORDERS: U13 CONFERENCE PROCEEDINGS**

Room:

CME/CE: 1.0                      Track: Research

*Sponsored by the Research Committee*

Falls, fractures, and physical frailty are major geriatric outcomes interconnected by known risk factors. More recently, terms such as “sarcopenic obesity” and “sarco-osteoporosis” have highlighted the links between age-related metabolic changes affecting bone, muscle, and fat. The relationships are multifactorial with interplay between physical activity, micronutrient availability, and genetic contributions. This session will focus on cutting-edge research highlighting implications for new intervention targets and clinical management.

**10:30 AM – 11:30 AM**

**SCHOLARSHIP ON THE SKINNY: HOW TO SUCCEED WITH LIMITED RESOURCES**

Room:

CME/CE Credit: 1.0                      Track: Research

*Sponsored by the Junior Faculty Research Career Development Special Interest Group*

Moderator: Erin M. Sarzynski, MD, MS

Beyond overcoming financial barriers, most geriatric medicine health professionals would also benefit from additional mentoring and support to leverage their work as clinicians, educators, and innovators into scholarship worthy of dissemination. Learning Objectives: (1) recognize challenges to and opportunities for the future workforce of clinician-investigators; (2) describe ways to incorporate scholarship into existing work and negotiate an appropriate career trajectory with multiple measures of success; (3) identify non-traditional career paths for scholarship in academic medicine; and (4) locate funding sources outside of the NIH to support scholarly activity.

**A Road Less Traveled – Education and the Path to Scholarship**

Mitchell Heflin, MD, MHS

**Scholarship and Impact without Federal Funding – My Career Trajectory**

Michael L. Malone, MD

**Finding Funding – Beyond the National Institutes of Health**

Kellie L. Flood, MD

**10:30 AM – 11:30 AM**

**THE SCIENCE AND CLINICAL CARE OF OLDER ADULTS WITH COGNITIVE IMPAIRMENT PAPER SESSION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Sponsored by the Research Committee*

Moderator: Elizabeth K. Vig, MD, MPH

Come to this session to learn from new research on cognitive function, delirium and dementia. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**P24 - Empowering Elder Novel Interventions for Delirium Prevention**

He (Helen) Sun, MD

**P25 - Cognitive Impairment Screening for Older Emergency Department Patients Using Volunteers**

Naveena Sunkara, BA

**P26 - Patients and Caregivers Who Did Not Benefit from a Comprehensive Dementia Care Program: What Was Recommended?**

Kassandra E. Zaila, BA

**P27 - Data-Driven Cluster Analysis Identifies Unique Inflammatory and Metabolic Signatures Associated with Self-Rated Health, Cognitive Performance, and Function**

Daniel C. Parker, MD

**10:30 AM – 11:30 AM**

**CLINICAL SKILLS WORKSHOP: VERTIGO**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

Faculty: Anthony G. Arslan, DO & Mithil V. Choksey, MD, CMD Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

**10:30 AM – 11:30 AM**

**OLDER ADULTS FACING CHRONIC KIDNEY DISEASE AND/OR KIDNEY FAILURE SPECIAL INTEREST GROUP**

Room:

Track: Networking

Co-Chairs: Leah Taffel, MD & Christine Liu, MD

This new SIG will discuss the ways interprofessional collaboration can help older adults and their family members feel supported in the dialysis vs conservative management decision making process; collaborate on how to create co-management geriatrics and renal subspecialty clinics; and to foster research on outcomes that affect the quality of life of older adults with kidney disease, such as falls, re-hospitalization rates, and end of life care.

**PLENARY SESSION**

**11:30 AM – 12:30 PM**

**PUBLIC POLICY PLENARY: THE 5 M's OF G(g)ERIATRICS GUIDING THE 4Ms OF AGE FRIENDLY HEALTH SYSTEMS**

Room:

CME/CE Credit: 1.0

Track: Public Policy

Moderator: Mary E. Tinetti, MD

Learning Objectives: (1) describe the elements of an age-friendly health system (the 4Ms and the 5<sup>th</sup> M); (2) review the evidence-based set of age-friendly interventions; (3) discuss the supply and demand drivers; and (4) describe how you can engage with age-friendly.

**Framing & Overview**

Mary E. Tinetti, MD

**Brief Overview of Age-Friendly**

Kedar S. Mate, MD

**A System in Action**

Mark A. Supiano, MD

**Easing Adoption: How Can We Get to All with AFHS**

Amy J. Berman, LHD, RN, FAAN

**How You Can Engage with Age-Friendly**

Leslie J. Nichol, MPA

**Q&A**

**12:30 PM – 4:00 PM**

**EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING**

Room: Exhibit Hall

**12:30 PM – 1:30 PM**

**LUNCH BREAK**

Room: Exhibit Hall

Complimentary lunch available in the exhibit hall.

**12:30 PM – 1:30 PM**

**POSTER SESSION C**

Room: Exhibit Hall

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

**12:30 PM – 1:30 PM**

### **EDUCATION PRODUCT SHOWCASE**

Room: Exhibit Hall

The Education Product Showcase will provide attendees an opportunity to examine education products focusing on classroom teaching, small group activities, web-based modules, handouts and guides, "bedside" teaching tools, self-studies, and others.

**12:30 PM – 2:30 PM**

### **STUDENT SECTION**

Room:

Track: Networking

Co-Chairs: Alexander Gee; Melanie Koren; William McDonald

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

## **CONCURRENT SESSIONS**

**1:30 PM – 2:30 PM**

### **CANCER IMMUNOTHERAPY FOR OLDER ADULTS: WHAT GERIATRICS, PALLIATIVE CARE, AND PRIMARY CARE CLINICIANS NEED TO KNOW**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Cancer and Aging Special Interest Group, Medical Subspecialties Section, and the Palliative Care Special Interest Group*

Moderator: William Dale, MD, PhD

Panel: Melisa L. Wong, MD, MAS; Laura A. Petrillo, MD; Carolyn J. Presley, MD, MHS; Morganna L. Freeman, DO, FACP

The symposium will present a case-based multidisciplinary panel discussion using a morbidity and mortality conference-style question and answer format to present teaching points. Learning Objectives: (1) discuss the indications and profile of potential benefits/harms of immunotherapy for older adults with cancer; (2) describe the current challenges with prognostication in the era of immunotherapy; (3) recognize immune-related adverse events and describe national guideline recommendations for management of these toxicities; and (4) identify the supportive care and survivorship needs of older adults with cancer receiving immunotherapy.

**1:30 PM – 2:30 PM**

### **QUALITY IMPROVEMENT STRATEGIES TO IMPROVE THE EMERGENCY DEPARTMENT CARE OF OLDER AMERICANS - YOUR ROLE AS A CLINICAL GERIATRICS LEADER**

Room:

CME/CE Credit: 1.0                      Track: Models of Care

*Sponsored by the Acute Care and Health Systems Leadership in Geriatrics Special Interest Groups*

Moderator: Michael L. Malone, MD

This program will feature national leaders from the Geriatrics Emergency Department Collaborative who will describe how to integrate quality improvement strategies into emergency department care of older adults. Learning Objectives: (1) describe key concepts of quality improvement for older adults in the context of the ED- care transitions, falls prevention, and delirium screening; (2) discuss key themes of how interdisciplinary teams work together to improve care in the ED; and (3) define how the quality



improvement programs help prepare for American College of Emergency Physicians accreditation for Geriatric Emergency Departments.

**Improving the ED Care Transitions for Those Who Are Not Admitted to the Hospital**

Aaron Joshua Malsch, MSN, GCNS-BC

**Improving the Care for Those Whose ED Visit Is the Result of a Fall**

Teresita M. Hogan, MD, FACEP

**Screening for Delirium among Older Individuals in the ED**

Ula Hwang, MD, MPH

**1:30 PM – 2:30 PM**

**CONDUCTING SYSTEMATIC REVIEWS – A PRACTICAL (AND TIME-EFFICIENT) APPROACH**

Room:

CME/CE Credit: 1.0

Track: Research

*Developed by the Research Committee*

Moderators: John A. Batsis, MD, AGSF & Alayne D. Markland, DO, MSc

This symposium will focus on the various types of reviews, how to effectively conduct a systematic review, and examples of successful reviews in clinical, research and educational realms. Learning

Objectives: (1) outline the breadth of the types of reviews that can be conducted for clinical, educational and research endeavors; (2) describe the methodologies for conducting a systematic review; and (3) discuss applications of reviews in different settings and their dissemination.

**Types of Reviews and Pre-Work – A Librarian’s Perspective**

Tracy Dana, MLS

**Systematic Reviews – Nuts and Bolts**

John A. Batsis, MD, AGSF

**Systematic Reviews – Application & Dissemination**

Alayne D. Markland, DO, MSc

**1:30 PM – 2:30 PM**

**OLDER ADULTS WITH SERIOUS ILLNESS PAPER SESSION**

Room:

CME/CE Credit: 1.0

Track: Research

*Sponsored by the Research Committee*

Moderator: Lona Mody, MD, MSc

Come and hear new research studies that address the pathophysiology and outcomes of serious illness for geriatric patients. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**P28 – Disparities in Rehabilitation Therapy Provided to Older Adults During Prolonged Hospitalization**

Danh Q. Nguyen

**P29 – Geriatric Trauma Collaboration: Feasibility, Sustainability and Improved Outcomes**

Kristine Swartz, MD

**P30 – Functional, Cognitive, and Psychological Measures as Predictors of 1-year Mortality in Patients Undergoing Major Surgery**

Victoria L. Tang, MD, MAS

**P31 - Aging-Associated Changes in Gut Microbiome Drive Sepsis Severity**

James F. Colbert, MD

**1:30 PM – 2:30 PM**

**TEACHERS NETWORKING SECTION MEETING**

Room:

Track: Networking

Chair: Mandi Sehgal, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

**1:30 PM – 3:00 PM**

**LEADERSHIP CURRICULUM: BUILDING THE FOUNDATION FOR A HIGH-PERFORMING TEAM**

Room:

CME/CE Credit: 1.5                      Track: Professional Development

Presenters: Sally L. Brooks, MD & N. Jeffrey Herdelin

Learning Objectives: (1) explain the importance of laying a foundation of success by evaluating and building your team; (2) differentiate between "performance" and "potential"; (3) complete the 9 Box Grid by assessing your own team's performance and potential; (4) demonstrate an understanding of learning agility and identify learning agile behaviors; and (5) identify appropriate development activities for your team members (e.g., feedback, coaching, and performance improvement) based on assessment results.

**1:30 PM – 3:00 PM**

**WRITING AND REVIEWING FOR THE JOURNAL OF THE AMERICAN GERIATRICS SOCIETY (JAGS): DIAMONDS IN THE ROUGH**

Room:

CME/CE Credit: 1.5                      Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander Smith, MD, MS, MPH

Faculty: Miriam B. Rodin, MD, PhD; William B. Applegate, MD, MPH; Joseph G. Ouslander, MD; Michael W. Rich, MD, AGSF; George A. Kuchel, MD; Julie Bynum, MD, MPH; Christopher R. Carpenter, MD, MSc, AGSF, FACEP; Joshua Chodosh, MD, MSHS

*Supported by an educational grant from Wiley-Blackwell Publishing*

This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Prior to the workshop, participants will be expected to have reviewed an on-line webinar that describes how a review for JAGS should be conducted and offers a working example of such a review. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; and (3) review what steps are needed for improving the paper.

**CONCURRENT SESSIONS**

**2:45 PM – 3:45 PM**

**MANAGING BEHAVIORAL SYMPTOMS OF COGNITIVE IMPAIRMENT WHILE OPTIMIZING FUNCTION AND PHYSICAL ACTIVITY: FUNCTION FOCUSED CARE**

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Barbara Resnick, PhD, CRNP

Optimizing function and engaging older adults in physical activity across all settings of care is challenging, particularly among those with cognitive impairment and behavioral symptoms associated with dementia.

Learning Objectives: (1) describe the Function Focused Care Philosophy and the four steps involved with its implementation; (2) complete the Physical Capability Scale, the Mobility Screen and the Patient Mobility Rating, the Environment and Policy assessments for facilities, and establish person centered goals around function and physical activity for older adults with cognitive impairment; (3) describe techniques to use to motivate older adults with cognitive impairment to engage in functional and physical activity without exacerbating behavioral symptoms; and (4) describe ways in which to motivate staff working with older adults with cognitive impairment to provide function focused care interventions.

**Overview of FFC, Assessment Techniques across Settings, Motivational Factors, and Tricks of the Trade**

Elizabeth M. Galik, PhD, CRNP

**Management of Behavioral Symptoms While Optimizing Function and Physical Activity**

Barbara Resnick, PhD, CRNP

**Family-Centered Function Focused Care for Older Adults with Cognitive Impairment in Acute Care (Fam-FFC)**

Marie Boltz, PhD, CRNP

**2:45 PM – 3:45 PM**

**REDUCING AVOIDABLE TRANSFERS: MODELS THAT WORK**

Room:

CME/CE Credit: 1.0

Track: Models of Care

Moderator: Ellen Flaherty, PhD, APRN, AGSF

Participants will be able to develop an initial plan for their practice to explore the implementation of an evidence-based model to reduce avoidable readmissions, transfers to emergency rooms and acute care hospitals. Learning Objectives: (1) describe evidence-based models of care focused on reducing avoidable transfers to emergency rooms and acute care hospitals; (2) discuss factors that contribute to inappropriate transfers to emergency rooms and acute care hospitals; and (3) identify steps necessary to implement an evidence-based model of care to reduce avoidable transfers to emergency rooms and acute care hospitals.

**Reducing the Frequency of Transfers to Acute Care Hospitals through the Implementation of the INTERACT Program**

Joseph G. Ouslander, MD

**RAFT – A Provider Focused Model to Reduce Unwarranted and Unwanted ED Visits in SNFs**

Daniel S. Stadler, MD

**2:45 PM – 3:45 PM**

**NEW FRONTIERS IN GERIATRICS: THE GEMSSTAR AWARDEES REPORT ON RESEARCH LEADING TO IMPROVED CARE BY SURGICAL AND MEDICAL SUBSPECIALISTS**

Room:

CME/CE Credit: 1.0 Track: Research

*Sponsored by the Section for Enhancing Geriatric Understanding and Expertise among Surgical and Medical Specialists (SEGUE)*

Moderator: William R. Hazzard, MD

This symposium will highlight the research supported by the Grants for Early Medical/Surgical Specialists' Transition to Aging Research (GEMSSTAR). This program supports research on older patients who are

cared for by the GEMSSTAR supporting faculty in medical or surgical. Learning Objective: (1) describe current research which will lead to improved care of older persons by surgical and medical subspecialists.

**2:45 PM – 3:45 PM**

**LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS**

Room:

CME/CE:1.0                      Track: Research

*Sponsored by the Research Committee*

Co-Moderators: Heather E. Whitson, MD, MHS; Camille P. Vaughan, MD, MS; Peter M. Abadir, MD

Communications Coach: John P. Beilenson, MA (Strategic Communications & Planning)

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; and (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

**2:45 PM – 3:45 PM**

**POSTER SESSION D: STUDENTS & RESIDENTS**

Room: Exhibit Hall

*Sponsored by the AGS Health in Aging Foundation*

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions. Resident posters will be judged, with participation certificates and awards in several categories to be presented at the end of the Poster Session.

**PLENARY SESSION**

**4:00 PM – 5:30 PM**

**ADVANCED AGE IS NOT A CONTRAINDICATION TO THE USE OF STATINS FOR PRIMARY PREVENTION OF CORONARY ARTERY DISEASE: A DEBATE**

Room:

CME/CE Credit: 1.5                      Track: Clinical Practice

Moderator: Jerry H. Gurwitz, MD

Protagonist: Daniel E. Forman, MD

Antagonist: Michael W. Rich, MD, AGSF

The use of statins for primary prevention of cardiovascular disease in older adults remains controversial. This debate will present the pros and cons of statins (and other lipid-lowering agents) in older adults based on the most recently available evidence and clinical practice guidelines. Learning Objectives: (1) review evidence in favor of the use of statins for primary prevention of coronary artery disease in older adults; (2) review evidence against the use of statins for primary prevention of coronary artery disease in older adults.

**6:00 PM – 7:00 PM**

**FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!**

Room:

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, Residents and Fellows will have the opportunity to network and interact with leaders in Geriatric Education. Questions will address important geriatric topics,

such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

## **SPECIAL INTEREST GROUPS**

**6:00 PM - 7:00 PM**

### **CARE TRANSITIONS**

Room:

Track: Networking

Chairs: Timothy W. Farrell, MD, AGSF & Franklin Watkins, MD

The mission of the Care Transitions SIG is to improve outcomes for vulnerable elders moving across different healthcare settings through the better execution of care transitions. The SIG will assemble geriatricians and other geriatrics professionals with a common interest in improving care transitions through education, quality improvement, and research. The group will strive to serve as a resource to develop educational sessions at AGS annual meetings, and serve as AGS's main forum discussion, collaboration, and advocacy on care transitions issues.

**6:00 PM - 7:00 PM**

### **CLINICIAN WELLNESS**

Room:

Track: Networking

Co-Chairs: Magdalena Bednarczyk, MD & Jeensoo Chang, MD

Open to anyone with an interest in improving physician well being in order to address growing concerns related to physician burnout. The goal is to provide information, tools and resources for decreasing burnout utilizing a holistic approach pertaining to professional, personal, financial and physical wellbeing, with the ultimate goal of helping physicians rediscover meaningful, mission driven work within their organizations, and if necessary, provide tools to redefine success.

**6:00 PM - 7:00 PM**

### **ETHNOGERIATRICS**

Room:

Track: Networking

Co-Chairs: Jeffrey D. Mariano, MD; Olga Olivares-Herrera, MD

The Ethnogeriatrics SIG is open to anyone with an interest in the relationship between aging, ethnicity, clinical practice and research. Participants will discover what projects are being developed by the SIG and Committee and offer suggestions for future AGS symposia and sessions. New ideas are welcome. The group's endeavors include recognizing challenges and developing practical solutions to providing appropriate care to different cultures and ethnicities in our diverse country. Members are encouraged to share and participate in the development of new educational materials focusing on key issues affecting ethnic minorities in the 21st century.

**6:00 PM - 7:00 PM**

### **FAMILY PHYSICIANS IN GERIATRICS**

Room:

Track: Networking

Chair: Erik J. Lindbloom, MD, MSPH

This Special Interest Group is devoted to discussing and acting on issues of concern to family physicians caring for older adults. We also welcome topics pertinent to family medicine fellows and residents.

**6:00 PM - 7:00 PM**

### **GERIATRICS CONSULTATIVE SERVICES**

Room:

Track: Networking

Chair: Ella H. Bowman, MD, PhD, AGSF, FAAHPM

This meeting is open to anyone who provides or is interested in providing geriatric medicine consultative services across all care settings. Participants will have an opportunity to learn from other practitioners how geriatrics consultative services are provided in various clinical settings. Discussion topics will include the extent to which our services are in demand; the types of patients whom we are asked to see; various collaborative efforts with other services; billing processes and concerns; incorporating geriatrics teaching within the consultative setting; and types of problems we encounter. All participants have the opportunity to join a listserv uniting members throughout the year wishing to stay connected for further collaboration, dissemination of knowledge, and to request assistance from like-minded colleagues when facing difficult challenges. This year's meeting as in past will offer time to learn from expert geriatrics consultants along with valuable time to collaborate with fellow attendees.

**6:00 PM - 7:00 PM**

**GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS**

Room:

Track: Networking

Chair: Lynn McNicoll, MD

Interested in Co-Management? Thinking about starting it at your institution? Join us at the Geriatric-Surgical Co-Management SIG meeting to network with experts and novices alike seeking to improve the management of elderly surgical patients. Come learn about the new AGS CoCare: Ortho Dissemination Project from the leaders in the field. It is also a great opportunity for programs to showcase their successes and challenges.

**6:00 PM – 7:00 PM**

**HEALTH SYSTEMS LEADERSHIP (HSL) IN GERIATRICS**

Room:

Co-Chairs: Anna Chodos, MD & Kellie L. Flood, MD

The mission of the HSL SIG is to explore principles of leadership, management and systems transformation as it applies to the growing need for geriatrics in health systems and to present strategies to accomplish this. Our goals are to educate AGS members about these principles, highlight successful work in HSL, and present opportunities for training in HSL workshop leadership.

**6:00 PM – 7:00 PM**

**INFORMATION TECHNOLOGY ISSUES**

Room:

Track: Networking

Chair: Irene Hamrick, MD

The IT Issues Special Interest Group serves the AGS Membership by establishing a venue for members with an interest in Information Technology as it applies to Geriatrics. These members see Electronic Health Records (EHR) as a means for improving medical care by reducing error rates, improving efficiency, augmenting communication, facilitating optimal reimbursement and decreasing expenses. An important focus of this SIG is to provide information, support and an organized center for coordinating information and resources to optimize the use of EHR in a senior health care environment. This includes ambulatory and long-term care senior health care settings and the transitions of care from one setting to another. Beyond health information exchange, this SIG also encompasses telemedicine and computerized assessment/biotechnology advancements including vital signs, laboratory testing, and imaging from remote locations. The current politics of health care reform, reimbursement and research as applicable to information technology are also areas of intense interest for this Group, as are security, privacy, costs, expansion, educational opportunities and future development of IT as societal demands on its role in geriatric medicine increase.

**6:00 PM – 7:00 PM**

**POST-ACUTE AND LONG-TERM CARE**

Room:

Track: Networking

Co-Chairs: Verna R. Sellers, MD, MPH, CMD, AGSF & Laura Trice, MD, CMD, FACP, AGSF

This SIG focuses on issues related to Post- Acute and Long-Term Care Medicine. Due to new payment models for SNF, there is an increased emphasis on staff education, quality measures and reducing avoidable re-admission. Come prepared to share best practices and learn from your peers. Objectives of the SIG: discussion of gaps and needs in PA-LTC education including possible PA-LTC topics for 2020 AGS annual conference including: bundle payments and hospital readmissions, QAPI, management of Infections in PALTC.