

## **SATURDAY, MAY 4**

**7:00 AM – 8:30 AM**

### **MEDICAL SUBSPECIALTIES SECTION MEETING**

Room:

Track: Networking

Co-Chairs: Lauren Ferrante, MD, MHS; Una Makris, MD, MSc

*The Medical Subspecialties Section was developed in 2002 by the Association of Specialty Professors project "Integrating Geriatrics into the Specialties of Internal Medicine: Moving Forward from Awareness to Action," funded by The John A. Hartford Foundation and Atlantic Philanthropies, Inc.*

Speakers: Kevin High, MD, MS; Supriya Mohile, MD, MS; Daniel Forman, MD; Kenneth Schmader, MD; Susan Ziemann, MD, PhD

This year's keynote session will feature a panel of leaders discussing how to navigate cultural challenges between the subspecialties and aging. Members of the AGS Medical Subspecialties Section will provide updates on activities within their disciplines, thereby showcasing opportunities for subspecialists to advance the geriatrics agenda within their specialty societies and their institutions. All medical and surgical subspecialists are encouraged to attend. Breakfast will be served.

## **CONCURRENT SESSIONS**

**7:30 AM – 8:30 AM**

### **MANAGING INFECTIONS IN THE NURSING HOME – LESSONS FROM THE OPTIMISTIC DEMONSTRATION PROJECT**

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Kathleen T. Unroe, MD, MHA

The session will discuss algorithms developed by the OPTIMISTIC team to manage UTIs, skin and soft tissue infections and pneumonia in the nursing home. Learning Objectives: (1) utilize algorithms to appropriately manage pneumonia, urinary tract infections, and skin and soft tissue infections in the nursing home; (2) state the principles of antibiotic stewardship that pertain to common infections in the nursing home such as pneumonia, urinary tract infections, and skin and soft tissue infections; (3) incorporate goals of care as well as acuity of illness into management of pneumonia, urinary tract infections, and skin and soft tissue infections in the nursing home; and (4) interpret laboratory and imaging studies in combination with patient assessment to differentiate conditions requiring treatment with antibiotics from those that will not.

#### **Managing UTIs in the Nursing Home**

Kristi M. Lieb, MD

#### **Managing Skin and Soft Tissue Infections in the Nursing Home**

Monica L. Ott, MD

#### **Managing Pneumonia in the Nursing Home**

Jennifer R. Carter, MSN, FNP-C

#### **Case Presentation**

Danielle Patten, RN

**7:30 AM – 8:30 AM**

### **ADVANCE CARE PLANNING: MORE THAN JUST BOX-CHECKING**

Room:

CME/CE Credit: 1.0 Track: Ethnogeriatrics

*Sponsored by the Quality and Performance Measurement and Ethnogeriatrics Committees*

Moderator: VJ Periyakoil, MD

This session will identify barriers to Advance Care Planning for patient populations, and review take-home tools to overcome these barriers. Learning Objectives: (1) describe the importance of patients' possessing an Advanced Care Plan (Directive), how it works, and what are the current barriers to completion; (2) review available tools to improve patient adherence with Advance Care Planning; (3) identify specific challenges to Advance Care Planning; and (4) describe the role of chaplains and faith leaders in supporting implementation of advance care planning in the healthcare system.

**Going beyond Checking the Box: Why Advanced Care Planning is Crucial to our Patients' Care and What Are Barriers to Completion?**

Paul E. Tatum, MD, MSPH

**Tools to Improve Advance Care Planning: the Serious Illness Care Program**

Rachelle E. Bernacki, MD, MS

**Tools to Improve Advance Care Planning: The PREPARE Program**

Rebecca L. Sudore, MD

**Special Challenges to Advance Directive Completion and Implementation: The Role of Chaplains and Faith Leaders**

Lori D. Klein, JD, MA

**7:30 AM – 8:30 AM**

**GERIATRIC EDUCATION MATERIALS AND METHODS SWAP**

Room:

CME/CE Credit: 1.0 Track: Education

*Developed by the Teachers Section and endorsed by the Education Committee*

Moderator: TBD

This workshop presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

**7:30 AM – 8:30 AM**

**CODING AND REIMBURSEMENT: STUMP THE PROFESSOR**

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Speaker: Peter A. Hollmann, MD

This open workshop will focus on answering your questions about CPT coding and billing, Medicare incentive and penalty programs (e.g. MIPS), reimbursement rules and related practice management issues. Attendees bring their questions for discussion. Learning Objectives: (1) discuss CPT/HCPCS coding and billing; and (2) describe how Medicare policy can affect your practice.

**7:30 AM – 8:30 AM**

**THE HEART OF THE MATTER PAPER SESSION**

Room:

CME/CE Credit: 1.0 Track: Research

*Sponsored by the Research Committee*

Moderator: TBD

Come to this session to hear and discuss new research in Geriatric Cardiology. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**P32 – Antithrombotic Prescribing after Acute Myocardial Infarction in Older Adults with Co-Morbid Atrial Fibrillation: The SILVER-AMI Study**

Gregory M. Ouellet, MD, MHS

**P33 – Heart Remodeling in Young and Middle-Aged Mice in Response to Heart Rate Reduction**

Jorge E. Tovar Perez, MD

**P34 – Early Termination of Cardiac Rehabilitation in Older Adults**

Ryan P. Searcy, BS

**P35 – Did They Make It? An EMS Response to Seniors Undergoing Cardiac Arrest**

James J. Bernick, MD

**7:30 AM – 8:30 AM**

**WOMEN IN GERIATRICS SECTION BREAKFAST MEETING**

Room:

Track: Networking

Chair: Lee A. Jennings, MD, MSHS; Rebecca S. Boxer, MD, MS & Mary Norman, MD

This Section is intended for women of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives. Breakfast will be served.

**SPECIAL INTEREST GROUPS**

**7:30 AM – 8:30 AM**

**MAKE IT SAFE TO GROW OLD! ACCOUNTABLE CARE COMMUNITIES FOR FRAIL ELDERLY**

Room:

Track: Networking

Chair: Joanne Lynn, MD

This SIG aims to connect AGS folks who are frustrated with the pace of change and are looking to capitalize on the often small opportunities for big gains in creating a reliable, affordable set of arrangements that support frail and disabled older adults. We will share coffee and pastries, connect with one another, share insights and opportunities, and consider what strategies could effectively move politics and social arrangements in time to accommodate the rising numbers of elders in need of excellent geriatric care, reliable personal care, and workable caregiving and financing.

**7:30 AM – 8:30 AM**

**WOUND PREVENTION AND MANAGEMENT**

Room:

Track: Networking

Chair: E. Foy White-Chu, MD, CWSP, AGSF

The Wound Prevention and Management SIG is an interdisciplinary group of healthcare professionals who strive to improve outcomes in skin and wound health in vulnerable older adults through supporting education, research, and quality improvement initiatives. The SIG serves as a platform to discuss educational initiatives at AGS, policy objectives so that we may get our patients “what they need to get those wounds closed!”, and updates budding research. We welcome all interested, regardless of experience.

## **PLENARY SESSION**

**8:45 AM – 10:15 AM**

### **GERIATRICS LITERATURE UPDATE: 2019**

Room:

CME/CE Credit: 1.5                      Track: Clinical Practice

Speakers: Kenneth Covinsky, MD, MPH; Eric Widera, MD & Alexander Smith, MD, MS, MPH

The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January-December, 2018.

## **CONCURRENT SESSIONS**

**10:30 AM – 11:30 AM**

### **HIV IN OLDER ADULTS: WHAT GERIATRICS HEALTHCARE PROVIDERS NEED TO KNOW**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

Moderator: Meredith L. Greene, MD

Half of all adults living with HIV in the US are age 50 and older. Learning Objectives: (1) discuss challenges facing older adults living with HIV including complications of long term HIV medications; (2) describe interactions between HIV drugs and those to treat age-related comorbidities; and (3) describe the role geriatrics health professionals can have in caring for the aging HIV population. HIV prevention in older adults will also be discussed.

#### **Overview of Unique Health Issues/Challenges Facing Older PLWH**

Julian Falutz, MDCM, FRCP (C)

#### **Treatment Overview: Drug-Drug Interactions**

Janet Grochowski, PharmD, BCPS, AAHIVP

#### **Roles of Geriatrics Health Professionals/What Geriatrics Can Add To Care of Older Adults with HIV**

Kristine M. Erlandson, MD, MS & Tessa del Carmen, MD

#### **Panel Discussion: What We Can and Can't Translate Geri to HIV and Aging**

**10:30 AM – 11:30 AM**

### **USE OF NEUROIMAGING IN COGNITIVE IMPAIRMENT**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the American Academy of Neurology*

Speakers: Alexander P. Auchus, MD & Juebin Huang, MD, PhD

This case-based symposium will illustrate the utility of neuroimaging in the evaluation of patients with cognitive impairment. Learning Objectives: (1) describe neuroimaging tests available to the geriatrics healthcare provider; (2) discuss the application of these tests in evaluating patients; (3) review when each test might be helpful; and (4) appreciate the interpretations of neuroimaging results.

**10:30 AM – 11:30 AM**

**WORKPLACE LIFE SKILLS: GETTING TO YES AND GETTING TO K(NO)W**

Room:

CME/CE Credit: 1.0                      Track: Education

Moderator: Kevin T. Foley, MD, AGSF

*Developed by the Teachers Section and supported by the Education Committee*

Negotiation is a common and daily activity for most healthcare professionals and skill building in negotiating is important for improving collaboration and problem solving in the workplace. Learning Objectives: (1) describe benefits of negotiations between individuals acting either for themselves or as representatives of organized groups of individuals; (2) describe the elements of the basic needs model of negotiation including negotiation and strategic skills, diagnostic skills, and negotiation planning; and (3) apply the basic needs model in a negotiation to identify personal needs in the negotiation, establish the best alternative to a negotiated agreement, and identify strategies and tactics for the negotiation.

**You Can't Always Get What You Want (Unless You Try Sometime)**

Halina G. Kusz, MD, FACP, AGSF

**Let's Make A Deal!**

Kevin T. Foley, MD, AGSF

**Improv at AGS: Putting Negotiating Skills into Practice**

- *Don't Obsess - How NOT to Get to Yes*
- *Getting to Yes - Without Duress*
- *I Meant No - But Didn't Say So*
- *I Said No - Now Time to Go*

Facilitators: Timothy W. Farrell, MD, AGSF; Michi Yukawa, MD, MPH; Theresa A. Allison, MD, PhD; Emily R. Hajjar, PharmD; Steve R. Barczi, MD; Rebecca Starr, MD, AGSF; Catherine C. Lindsay, MS; Kevin T. Foley, MD, AGSF

**10:30 AM – 11:30 AM**

**INCORPORATING CAREGIVERS INTO RESEARCH, INNOVATIVE PRACTICE, AND POLICY**

Room:

CME/CE Credit: 1.0                      Track: Research

Moderator: Catherine A. Riffin, PhD

*Sponsored by the Junior Faculty Research Career Development Special Interest Group*

The purpose of this symposium is to provide attendees with practical knowledge and information regarding emerging developments in the field of caregiving. Learning Objectives: (1) discuss the importance, challenges, and successful implementation of incorporating family caregivers in research; (2) describe how to support caregivers of older adults with dementia through an innovative and effective intervention that complements standard clinical practice; and (3) review the current state of family caregiving policy in the United States and how it impacts current clinical practice.

**Outlining the Importance of Caregiver Research and Providing Tips for the Researcher in You**

Veerawat Phongtankuel, MD, MS

**Care Ecosystem: A Scaleable Person-Centered Dementia Care Model that Supports Caregivers**

Sarah Dulaney, RN, MS, CNS

**How Are We Supporting Caregiving in the Realm of Public Policy?**

Lynn F. Feinberg, MSW

**10:30 AM – 11:30 AM**

**TO PRESCRIBE OR DEPRESCRIBE PAPER SESSION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Sponsored by the Research Committee*

Moderator: Camille P. Vaughan, MD, MS

Come to hear research on new approaches to optimize medication use for older patients. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**P36 – Impact of Local Implementation Adaptation on Prescribing Change through the EQUIPPED Medication Safety Program**

Melissa B. Stevens, MD

**P37 – DePrescribing Is Achievable in Older Adults: A Performance Improvement (PI) Project**

Hanbyul Choi, MD

**P38 – Making Medications Work For You and Not Against You: VIONE (Vital, Important, Optional, Not indicated, Every medicine has a diagnosis) - An Innovative Medication Deprescribing Tool to Improve Patient Safety**

Sara Swathy Sasha Battar, MD

**P39 – Patient-Reported Facilitators and Barriers to Deprescribing Potentially Appropriate Medications**

Tatiana Requijo, BS

**CONCURRENT SESSIONS**

**11:45 AM – 12:45 PM**

**DIABETES IN OLDER ADULTS**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

Moderators: Sei J. Lee, MD, MAS & Pei Chen, MD

Learning Objectives: (1) compare and contrast the advantages and disadvantages of different glucose lowering medications; (2) formulate a framework for when and how to prescribe and de-prescribe glucose lowering medications; and (3) develop strategies to address common glucose management issues in patients who are in the nursing homes or who are at the end of life.

**Glycemic Treatment in the Nursing Home**

Sei J. Lee, MD, MAS

**TBD**

Medha Munshi, MD

**11:45 AM – 12:45 PM**

**WELLNESS: MEETING BABY BOOMERS WHERE THEY ARE WHILE ADVANCING GERIATRICS**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Healthy Aging Special Interest Group*

Moderator: Louise Aronson, MD, MFA

By the end of this session, participants will better understand Integrative Medicine and how it can be used in their geriatrics practice and teaching to improve the health and well-being of older adults. Learning Objectives: (1) define Integrative Medicine and discuss its potential contributions to optimizing the health, well-being, and clinical care of older patients; (2) discuss the evidence for nutrition, mind-body modalities, and exercise in the care of healthy and frail older adults; (3) consider how adding integrative modalities to your clinical tool bag can improve the health and well-being of your patients; and (4) list resources for learning more about integrative geriatrics and optimizing aging.

**Food as Medicine: Nutrition in Old Age Health and Disease**

Mikhail Kogan, MD

**The Benefits of Mindfulness for Older Adults: What Is the Evidence?**

Patricia A. Bloom, MD, FACP, AGSF

**Exercise: The Best Medicine for Aging Well and Old Age**

Elizabeth N. Eckstrom, MD, MPH

**11:45 AM – 12:45 PM**

**INITIATIVES FOR IMPROVING SURGICAL CARE FOR ALL OLDER ADULTS**

Room:

CME/CE Credit: 1.0

Track: Models of Care

*Sponsored by the Geriatrics for Specialists Initiative*

Moderator: Thomas N. Robinson, MD

The Coalition for Quality in Geriatric Surgery is a national initiative to improve the peri-operative care of all older adults planning for surgery. Learning Objectives: (1) discuss cognitive assessment prior to an operation, to understand delirium prevention and management after an operation, and to understand how to implement best practices of preoperative cognitive assessment and postoperative delirium prevention/management within a hospital system; (2) review assessment of function prior to an operation, to understand how to prevent functional decline after an operation, and to understand how to implement best practices of preoperative function assessment and postoperative function preservation within a hospital system; (3) describe assessment of goals of care prior to an operation, to understand how to reconsider goals of care after an operation, and to understand how to implement best practices of preoperative establishment of goals of care and postoperative reconsideration of goals of care within a hospital system; and (4) discuss assessment of nutrition prior to an operation, to understand how to prevent nutritional decline after an operation, and to understand how to implement best practices of preoperative nutrition assessment and prevent postoperative nutritional decline within a hospital system.

**The Coalition for Quality in Geriatric Surgery Project**

Ronnie A. Rosenthal, MD, MS, FACS

**Evidence-Based Standards of High Quality Peri-Operative Care of Older Adults**

Emily Finlayson, MD, MS

**Implementing High Quality Geriatric Surgical Care at Your Hospital**

Kellie L. Flood, MD

**11:45 AM – 1:15 PM**

**LEADERSHIP CURRICULUM: LEADERSHIP VS. MANAGEMENT**

Room:

CME/CE Credit: 1.5

Track: Professional Development

Speakers: Michael R. Wasserman, MD, CMD; Cari R. Levy, MD & Victoria L. Walker, MD, CMD, FAAFP

Leadership and Management are not mutually exclusive; most of us will need to have both of these skills to be successful and it requires discernment to recognize which is appropriate in the situation. Learning Objectives: (1) define and explore framework/evidence based practices for leadership and management; (2) review examples of lapses in effective leadership and management (direct care and organizational); and (3) cite examples of effective leadership and management by physicians (direct care and organizational).

## **CONCURRENT SESSIONS**

**1:00 PM – 2:00 PM**

### **PHARMACOTHERAPY UPDATE: 2019**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Developed by the Pharmacists Section*

Moderator: Danielle Fixen, PharmD, BCGP, BCPS

The goal of this session is for attendees to become familiar with pharmacotherapy advances that were made in the past year in addition to new safety updates for older medications. Learning Objectives: (1) communicate the indication for use, mechanism of action, pharmacokinetics, dosing, safety, and drug interactions for newly approved medications; (2) compare potential advantages and disadvantages of incorporating new medications into clinical practice; (3) evaluate new drug safety updates, including new doses and indications, used in the care of older adults; and (4) discuss the ramifications of new safety data regarding drugs approved for use in the US with patients.

#### **Newly Approved Medications and Place in Therapy for Older Adults**

Ashley M. Campbell, PharmD, BCPS

#### **What's New with Old Drugs**

Lisa C. Hutchison, PharmD, MPH, BCPS, BCGP

**1:00 PM – 2:00 PM**

### **THE DILEMMA OF COLLEAGUES WITH COGNITIVE IMPAIRMENT: ETHICAL AND PRACTICAL CONSIDERATIONS**

Room:

CME/CE Credit: 1.0                      Track: Ethics

*Sponsored by the Ethics Committee*

Moderator: Elizabeth K. Vig, MD, MPH

Many working in health care have encountered a colleague who appears to have cognitive impairment, but continues to work. When faced with this situation, health care professionals may not know what to do, including identifying which interventions are ethically justifiable. Learning Objectives: (1) identify three normal changes to cognition with aging that may impact a clinician's ability to work; (2) describe the pros/cons of mandatory aged-based cognitive screening; and (3) explain resources available to assess and help clinicians with cognitive impairment who continue to work.

#### **Normative Cognitive Changes that Occur with Aging**

Nicole D. Torrence, PhD

#### **Whose Responsibility Is It To Do Something when a Working Clinician Has Cognitive Impairment?**

Elizabeth K. Vig, MD, MPH

#### **Approach of the WA Physicians Health Program**

Chris Bundy, MD, MPH



**1:00 PM – 2:00 PM**

**EVIDENCE-BASED NURSING HOME CARE PAPER SESSION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Sponsored by the Research Committee*

Moderator: TBD

Come and learn from the newest research to guide care of nursing home residents. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**P40 – Urinary Tract Infection: A Culture of Culturing**

Edgardo Alonso, MD Candidate

**P41 – Guardianship and End-of-Life Care for Nursing Home Residents with Advanced Dementia**

Andrew B. Cohen, MD, PhD

**P42 – Timing of Provider Visits and Early Emergency Department Utilization in Patients Discharged to Skilled Nursing Facilities**

Anupam Chandra, MD

**P43 - Communication Disparities Among Long Term Care Team Members**

Timothy W. Farrell, MD, AGSF