

THURSDAY, MAY 2

7:30 AM – 8:00 AM

AGS MEMBERS BUSINESS MEETING

Room:

Meeting of the AGS membership. reports on the status of AGS 2018, highlights and introduction of the new President, Board members, and new AGS Fellows.

Opening Remarks and Announcements

Reena Karani, MD, MHPE, *2019 Annual Meeting Program Chair*

Treasurer's Report

Recognition of Outgoing Committee Members

Incoming President's Address

Recognition of New AGS Fellows

SECTION MEETINGS

8:15 AM – 9:15 AM

FELLOWS-IN-TRAINING BREAKFAST

Room:

Track: Networking

Chair: Christian Bergman, MD

Please join other fellows, faculty members, and leaders in geriatrics at the annual Fellows-in-Training Breakfast. This event is a unique opportunity to share and discuss ideas, past experiences, and future career plans while networking with colleagues and mentors from all across the country.

8:15 AM – 9:15 AM

NURSES BREAKFAST

Room:

Track: Networking

Chair: Margaret I. Wallhagen, PhD, GNP-BC, AGSF

Join other nurses, nursing students, and AGS leaders at this special breakfast session. The breakfast will also include time for networking and presentations by AGS nursing leaders.

8:15 AM – 9:15 AM

PHARMACISTS BREAKFAST

Room:

Track: Networking

Chair: Todd Semla, PharmD, MS

The Pharmacists Breakfast is an opportunity for pharmacist members of AGS to network and discuss ways to collaborate. A discussion of leadership opportunities within AGS will also be a priority for the meeting.

8:15 AM – 9:15 AM

SOCIAL WORKERS BREAKFAST

Room:

Track: Networking

Chair: Dawn E. Butler, JD, MSW

Please join other social workers and social work students at the Social Workers Breakfast session. This session will provide an opportunity to meet, network, and collaborate with other social workers in the field of aging. The session will also include opportunities to discuss experiences and projects related to collaborations between health care systems and community-based organizations.

CONCURRENT SESSIONS

8:15 AM – 9:15 AM

THE GERIATRICS WOUND SYNDROMES YOU DIDN'T KNOW ABOUT! HOW GERIATRICS PRINCIPLES CAN BE APPLIED TO DIABETIC FOOT ULCERS, VENOUS LEG ULCERS, AND SURGICAL WOUND COMPLICATIONS

Room:

CME/CE: 1.0 Track: Clinical Practice

Sponsored by the Wound Prevention and Management Special Interest Group

Moderator: Kenneth Schmader, MD

This symposium is designed to discuss innovative technology, practical tools, and surgical practices that will help geriatrics clinicians tackle these common but complex chronic wounds. Learning Objectives: (1) recognize factors that change the foot in older adults and offer potential solutions for safe offloading; (2) determine best treatment strategies for venous leg ulcers in a frail older adult; and (3) identify modifiable risk factors in older adults undergoing surgical procedures to prevent surgical site complications and determine best post-operative practices in acute wound care.

Aging and Foot Biomechanics

Bijan Najafi, PhD, MSc

The Geriatrics Syndromes that No One Talks About: Venous Leg Ulcers

E. Foy White-Chu, MD, CWSP, AGSF

Surgical Complications in Older Adults – The Case for Multidisciplinary Teams that Include Geriatrics Clinicians

Lisa J. Gould, MD, PhD

8:15 AM – 9:15 AM

A DEMENTIA-SPECIFIC ADVANCE DIRECTIVE: MEDICAL, LEGAL, AND ETHICAL CONSIDERATIONS

Room:

CME/CE: 1.0 Track: Ethics

Sponsored by the Ethics Committee

Moderator: Ramona Rhodes, MD, MPH, MSCS

This session will focus on the legal, ethical, and clinical complexities associated with advance care planning for patients with dementia and possible ways to address those issues. Learning Objectives: (1) identify some of the legal ramifications and complexities associated with a dementia-specific advance directive; (2) identify how this form of advance directive intersects with ethical principles including patient autonomy, beneficence, nonmaleficence, and justice; (3) discuss the components of decision making capacity evaluation and review various laws related to patient or residents' rights in this regard; and (4) discuss specific ethical dilemmas related to advance care planning in this population.

Death with Dignity: The Legality of a Dementia Living Will

Debra G. Simms, MSSW, JD

The Ethical Implications of a Dementia-Specific Advance Directive

Daniel P. Sulmasy, MD, PhD

Interpretation of Advance Directives for Patients with Dementia: An Overview

Verna R. Sellers, MD, MPH, CMD, AGSF

8:15 AM – 9:15 AM

HOW TO BUILD A BUSINESS CASE FOR BECOMING AN AGE-FRIENDLY HEALTH SYSTEM

Room:

CME/CE: 1.0 Track: Models of Care

Moderator: Terry Fulmer, PhD, RN, FAAN

The program is designed for geriatrics professionals from all disciplines who seek to spread the evidence-based practices of geriatric specialties across their health system through the development of a business case for leadership. Learning Objectives: (1) describe the elements of an age-friendly health system (the 4Ms); and (2) develop a business case in their own health system.

Developing UCSF's Business Case for Becoming an Age-Friendly Health System

Stephanie E. Rogers, MD, MS, MPH

The Age-Friendly Health System Model and Its Business Case

Leslie J. Pelton, MPA

8:15 AM – 9:15 AM

THE ABCS OF NIA GRANTSMANSHIP - FOR EARLY STAGE RESEARCHERS AND THEIR MENTORS

Room:

CME/CE: 1.0 Track: Research

Sponsored by the National Institute on Aging for new and early stage researchers in cooperation with the AGS Research Committee

Moderator: Marie A. Bernard, MD

The symposium is intended for investigators with current research training or career development awards, including "T," "F," or "K" funding, or GEMSSTARs. It is also intended for individuals who are interested in learning about these types of grant opportunities. The session targets the needs of new and early stage investigators by providing an overview of NIA's extramural research programs and initiatives, including a focus on emerging opportunities across NIA for Alzheimer's and related dementias research. Funding and training opportunities, the Center for Scientific Review grants review process, and experiences of an early career researcher will also be featured. Participants will have an opportunity to meet and consult with representatives from NIA. Learning Objectives: (1) describe the NIA mission and extramural divisions supporting early stage investigators in clinical, biomedical, neuroscience, and behavioral and social research; (2) discuss recent policy changes which affect the funding environment; (3) identify NIA's resources for research training and grant application; and (4) meet with representatives of NIA.

NIA Research Priorities and Opportunities for Early Career Researchers

Marie A. Bernard, MD, *Deputy Director, National Institute on Aging*

How to Get an NIA Grant

Robin A. Barr, DPhil, *Division Director, Division of Extramural Activities*

Viewpoints from Junior Faculty Researchers

Lee A. Jennings, MD, MSHS & Andrew B. Cohen, MD, PhD

Meet with NIA Representatives

8:15 AM – 9:15 AM

GERIATRIC EDUCATION MATERIALS AND METHODS SWAP I

Room:

CME/CE Credit: 1.0

Track: Education

Developed by the Teachers Section and endorsed by the Education Committee

Moderator: TBD

This workshop presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

Sustainable Competency Based Curriculum for Medical Students on Taking a Medication History

Maria H. van Zuilen, PhD, AGSF

Bringing Geriatrics to a Pediatrics Clerkship!

Shelley B. Bhattacharya, DO, MPH

Using Standardized Patients to Teach Medication Management in Older Adults Among Third Year Medical Students

Michele Y. Lee, MD

Are Medical Students Well Trained for Interdisciplinary Format of Medical Education?

Kalpana P. Padala, MD

8:15 AM – 9:15 AM

THE BIG SCREEN PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: Susan M. Friedman, MD, MPH

Come and learn about new research on screening for risk of delirium, falls, frailty and functional decline in geriatric care. This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

P1 – Electronic Frailty Index Predicts Increased Length of Stay, Discharge Destination, and Delirium Risk in Older Surgical Patients

Nicholas M. Pajewski, PhD

P2- 4AT Delirium Screen Status Correlates with Fall Rates

Kevin Shih, MD

P3 – Stratified Fall Risk Facilitates Personalized Care from a 60 Second Test

Katharine E. Forth, PhD

P4 - Predictors of Functional Decline among Older Intensive Care Unit (ICU) Survivors

Lauren E. Ferrante, MD, MHS

9:30 AM - 10:15 AM

PLENARY PAPER SESSION

Room:

CME/CE Credit: .75

Track: Research

Sponsored by the Research Committee

Moderator: Sunny A. Linnebur, PharmD, FCCP, BCPS, CGP

This session will present the top three research abstracts based on average score, quality, originality and methodology of research. Learning Objectives: (1) describe emerging concepts or a new scientific focus in aging research; and (2) summarize the key findings of research with relevance to care of older adults.

P5 - Spinal Surgery for Degenerative Spine Disease - Opioid Prescription Filling Patterns in Geriatric Patients

Anthony V. Nguyen, BA

P6 - Clinical Outcomes of Intensifying Older Adults' Antihypertensives at Hospital Discharge

Timothy Santeler Anderson, MD, MAS, MA

P7 - Development of a Practical Two-Stage Frailty Assessment for Older Adults Undergoing Aortic Valve Replacement

Anthony Maltagliati, MS

10:15 AM – 11:15 AM

TIME'S WAY UP! ADDRESSING PAY INEQUITY AND DISCRIMINATION FOR WOMEN IN GERIATRICS

Room:

CME/CE: 1.0 Track: Public Policy

Moderator: Sunny A. Linnebur, PharmD, FCCP, BCPS, FASCP, BCGP

Speakers: Rebecca S. Boxer, MD, MS; Mary T. Dierich, PhD, APRN, CNP; Anand D. Naik, MD; Mary A. Norman, MD

Developed by the Public Policy Committee and the Women in Geriatrics Section

Women have come a long way in the workplace, but gender inequity persists across all professions and industries. Geriatrics is no exception. A writing group comprised of AGS Public Policy Committee and Women in Geriatrics Section members have been working to develop a position paper focused on how we can achieve equity for women of all disciplines working in geriatrics. This session presents findings from the writing group's research and recommendations for a path forward. Learning Objectives: (1) describe challenges faced by women in geriatrics including equity in compensation, career advancement, and promotion; (2) recognize implicit biases, system-wide policies, and other factors that disadvantage women in geriatrics; and (3) discuss ways to achieve gender equity in geriatrics, helping everyone to flourish in a career caring for older people.

CONCURRENT SESSIONS

11:30 AM – 12:30 PM

PRESCRIBING OPIOIDS TO OLDER ADULTS WITH CHRONIC PAIN: ARE THERE BENEFITS OR ONLY PERILS?

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Moderator: Cary Reid, MD, PhD

This symposium will focus on the consequences of the current opioid pendulum swing, review the evidence for and against use of opioids, and highlight non-opioid treatment options when managing chronic pain in older adults. Learning Objectives: (1) describe the consequences of the current opioid pendulum swing for older adults with chronic pain; (2) discuss evidence for and against the use of opioids to manage later-life chronic pain; and (3) acquire an understanding of non-opioid treatment alternatives.

The Use of Opioids in Managing Pain in Older Adults: The Baby and the Bath Water

Martin D. Cheatle, PhD

The Perils of Opioids and the Perils of Pain in Older Adults
Mark D. Sullivan, MD, PhD

11:30 AM – 12:30 PM

OPTIMAL PERIOPERATIVE CARE FOR OLDER ADULTS: MULTIDISCIPLINARY VIEW

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by the Clinical Research in Dementia Special Interest Group

Moderator: Esther S. Oh, MD, PhD

This session will focus on risk factors for poor surgical outcomes and the unique challenges that older patients may encounter during the perioperative period from three different perspectives: geriatrics, anesthesiology, and surgery. Learning Objectives: (1) review risk factors for postoperative delirium and other clinical outcomes after surgery in older patients, and why some cognitively normal older adults are at high risk for poor surgical outcomes; (2) describe how anesthesiologists think about pre-operative optimization and risk stratification, intraoperative physiologic and pharmacologic management, and postoperative complication risks for older adults, with a focus on postoperative delirium and cognitive dysfunction; and (3) discuss the optimal care processes for preventing postoperative delirium.

What Makes an Older Adult Vulnerable to Poor Surgical Outcome?

Esther S. Oh, MD, PhD

An Anesthesiologist's Perspective on Caring for Older Adults

Miles Berger, MD, PhD

Optimizing Quality of Postoperative Care of the Older Adult – The Surgeon's Perspective

Thomas N. Robinson, MD

11:30 AM – 12:30 PM

EMERGENCE OF GEROSCIENCE-GUIDED THERAPEUTICS: UPDATE AND ANTICIPATED IMPACT ON THE PRACTICE OF GERIATRIC MEDICINE

Room:

CME/CE Credit: 1.0 Track: Research

Sponsored by the Research Committee and the Geroscience Special Interest Group

Moderator: Marie A. Bernard, MD

This symposium will be of interest to all AGS attendees who are actively involved in the care of older adults, with additional relevance for attendees who play significant roles in geriatric education, fellowship training or research. Learning Objectives: (1) describe the manner in which geroscience-guided therapeutics are discovered and validated; (2) critically evaluate claims pertaining to geroscience-guided therapeutics and as a result, better inform their own decision-making process and that of their patients; and (3) better ensure that they, their colleagues and trainees will be ready to function as consultants and make evidence-based high level recommendations pertaining to geroscience-guided therapeutics in future years.

Geroscience-Guided Therapeutics: State-of-the-Art and May 2019 Update

James L. Kirkland, MD, PhD

Geroscience-Guided Therapeutics: Could this Revolutionize how Geriatricians Practice and Train?

George A. Kuchel, MD

11:30 AM – 12:30 PM

INCORPORATION OF GERIATRIC SIMULATION INTO EDUCATION AND TRAINING PROGRAMS FOR STUDENTS AND HEALTH PROFESSIONALS ACROSS DISCIPLINES

Room:

CME/CE Credit: 1.0 Track: Education

Sponsored by the Education Committee and the Teachers Section

Moderator: Lynn M. Wilson, DO

The goal of this session is to deliver content that will foster geriatric training through simulation activities for health occupation students and health professionals across disciplines. Learning Objectives: (1) design education and training activities involving geriatric simulation; and (2) describe how geriatric simulation activities can reduce negative attitudes toward aging in healthcare.

Addressing Negative Attitudes toward Aging in Health Occupation Students and Professionals through Geriatric Simulation

Lynn M. Wilson, DO

Impact of Geriatric Simulation on Student Images of Aging Scales

Dylan J. Jester, BS; Kathryn Hyer, PhD, MPP;; Janet Roman, DNP, ACNP-BC, CHFNP, ACHPN

11:30 AM – 12:30 PM

THE PRACTICAL SIDE OF VALUE-BASED CARE

Room:

CME/CE Credit: 1.0 Track: Models of Care

Supported by a grant from Humana Inc.

Moderator: Joshua Chodosh, MD, MSHS

Learning Objectives: (1) describe healthcare landscape and need for value-based care, along with the benefits of this reimbursement model for senior patients and geriatricians; (2) review real-world insights from physicians experienced in value-based care; and (3) discuss individual needs or concerns around value-based care.

Why Value-Based Care for Geriatricians?

TBD

Panel Discussion: Real-World Experiences and Insights from Physicians Practicing in Value-Based Care Models

11:30 AM – 12:30 PM

CLINICAL SKILLS WORKSHOP: JOINT INJECTIONS I

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Facilitators: Shobhana A. Chaudhari, MD, FACP, AGSF; Ashok P. Chaudhari, MD; Estrella Roffe, MD, AGSF; Julio A. Martinez-Silvestrini, MD

After a brief demonstration of joint injection techniques by faculty, participants will practice the injections on joint models with faculty support. Learning Objectives: (1) demonstrate ability to inject the knee; (2) demonstrate ability to inject the shoulder; and (3) demonstrate ability to inject Trochanteric Bursa.

11:30 AM – 12:30 PM

HEALTH SERVICES AND POLICY RESEARCH PAPER SESSION

Room:

CME/CE Credit: 1.0 Track: Research

Moderator: Daniel R. Berlowitz, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging

concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

P8 - State Variation in Rates of Hospice Use Among Assisted Living Resident Decedents
Kali Thomas, PhD

P9 - U.S. House Call Practices in 2014: Mismatch of Providers, Practices, and Patients
Alyson R. Michener, MD

P10 - Validation of a Health System Measure to Capture Aggressive Hypertension Care
Lillian Min, MD, MSHS

P11- Continuity of Care and Health Care Cost among Community-Dwelling Older Adult Veterans Living with Dementia
Lianlian Lei, MA

12:30 PM – 6:00 PM

EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING

12:30 PM – 1:30 PM

LUNCH BREAK

Complimentary lunch available in Exhibit Hall.

12:30 PM – 1:30 PM

POSTER SESSION A

Room: Exhibit Hall

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

CONCURRENT SESSIONS

1:30 PM – 2:30 PM

COMMUNICATING WITH PATIENTS AND CAREGIVERS ABOUT DEPRESCRIBING

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by the Polypharmacy Special Interest Group, Clinical Research in Dementia Special Interest Group, Clinical Practice and Models of Care Committee, Public Education Committee

Moderator: Noll L. Campbell, PharmD, MS

Learning Objectives: (1) describe the interrelation of patient and clinician barriers and enablers of optimal medication use to foster shared decision making; (2) demonstrate linguistic pitfalls and effective language to use when initiating conversations about deprescribing with patients and caregivers, focusing on discussing concepts such as tradeoffs of medication use, time horizon to benefit and clinical equipoise; and (3) identify examples of patient-centered, team-based interventions to facilitate communication and shared decision making about medication use among patients, caregivers, clinicians and pharmacists.

How Do Older Adults and Caregivers Feel about Deprescribing and Can Consumer-Directed Interventions Enhance Deprescribing in Practice?

Emily Reeve, BPharm, PhD

What We Talk about When We Talk about Deprescribing: Clinician Communication about Medicines with Cognitively Impaired Older Adults and Their Caregivers

Ariel Green, MD, MPH

Implementing an Interdisciplinary Medication Safety Program for Older Patients in Federally-Qualified Community Health Centers

Kamal C. Wagle, MD, MPH, CMD

Communication Lessons from the Deprescribing Trenches: It Takes a Team

Marcia C. Mecca, MD

1:30 PM – 2:30 PM

TO ERR IS HUMAN: THE GOOD, THE BAD, AND THE UGLY

Room:

CME/CE Credit: 1.0 Track: Ethics

Sponsored by the Ethics and Clinical Practice and Models of Care Committees

Moderator: Kevin T. Foley, MD, AGSF

This symposium will be of interest to all providers who care for older adults and especially those who could be named in a malpractice lawsuit. Learning Objectives: (1) describe professional liability risk involving the care of older adults and events and circumstances that may lead to malpractice claims and the providers' responsibility to disclose medical errors when they occur; (2) describe when a medical apology is warranted, how to conduct medical apology meeting, and create appropriate documentation; and (3) illustrate the impact, phases, and consequences of a filed legal claim to prepare providers to react appropriately and understand what to expect.

You'll Hear from My Lawyer! Update on Geriatric Malpractice Risk

Kevin T. Foley, MD, AGSF

Whoooo's Soorry Now?

Timothy W. Farrell, MD, AGSF

I'm Being Sued... Aye Carumba!

Randy J. Hackney, JD

1:30 PM – 2:30 PM

NIA SYMPOSIUM FOR RESEARCHERS AT MID-CAREER AND BEYOND – OPPORTUNITIES FOR ESTABLISHED RESEARCHERS

Room:

CME/CE Credit: 1.0 Track: Research

Sponsored by the National Institute on Aging in cooperation with the AGS Research Committee

This symposium is intended for independently funded researchers at a mid- to senior career level. It targets the needs of research leaders and established investigators by providing an update from NIA staff on research programs and initiatives. A question and answer session will follow brief introductory remarks on current funding, new opportunities including those related to Alzheimer's Disease and Related Dementias, and future priorities and research directions of NIA. Learning Objectives: (1) describe the current and future research foci of the NIA extramural divisions; and (2) discuss the current funding environment.

Overview of NIA Budget, and Priority Areas

Marie A. Bernard, MD, *Deputy Director, NIA*

NIA Café

NIA representatives will move to designated tables, organized by division. Participants will have an opportunity to visit different tables to interact with NIA representatives in small groups or individual conversations.

Evan C. Hadley, MD, Director, Division of Geriatrics and Clinical Gerontology
John G. Haaga, PhD, Director, Division of Behavioral and Social Research
Robin A. Barr, DPhil, Director, Division of Extramural Activities
Francesca Macchiarini, MS, PhD, Division of Aging Biology
Molly V. Wagster, PhD, Division of Neuroscience
Carl Hill, PhD, Director, Office of Special Populations

1:30 PM – 2:30 PM

AGS COCARE ORTHO EDUCATION MODULES: FRACTURES FOR NON-SURGEONS AND PRE-OPERATIVE EVALUATION

Room:

CME/CE Credit: 1.0 Track: Models of Care

Sponsored by the Geriatric-Surgical Co-Management Special Interest Group

Moderator: Lynn McNicoll, MD

Geriatrics and medical professionals interested in developing or improving hospital based geriatrics co-management programs with surgical specialties would benefit from this informational session. Learning Objectives: (1) describe basic and appropriate fracture care for the most common types of hip fractures; (2) delineate key components of pre-operative evaluation and risk stratification for hip fracture patients; (3) devise strategies for effectively using the AGS CoCare: Ortho curriculum; and (4) identify barriers for geriatric fracture co-management.

Fractures for Non-Surgeons: What You Need to Know as Medical Co-Managers

Arvind D. Nana, MD, MBA

Preoperative Risk Stratification: Improving Efficiency and Standardization

Nadia Mujahid, MD, CMD

AGS CoCare: Ortho Program and Curriculum Benefits and Strategies

Daniel Ari Mendelson, MS, MD, FACP, AGSF, CMD

1:30 PM – 2:30 PM

GERIATRIC EDUCATION PAPER SESSION

Room:

CME/CE Credit: 1.0 Track: Research

Sponsored by the Research Committee

Moderator: Reena Karani, MD, MHPE

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

P12 - Transforming Undergraduate Student Perceptions of Dementia through Collaborative Filmmaking: Intergenerational Films about Music and Memory®

Jennie M. Gubner, PhD

P13 - Improving Geriatric Primary Care through Interprofessional Teamwork and Practice Improvement Training

Gwendolen T. Buhr, MD

P14 - Evidence-Based Falls Prevention Training at Hunter Holmes McGuire Veterans Medical Center

Leland H. Waters, PhD

P15 - Training Dementia Resource Champions in Faith-based Communities: Feasibility and Lessons Learned

Shellie N. Williams, MD

1:30 PM – 3:00 PM

LEADERSHIP CURRICULUM: DEVELOPING A FINANCIAL VOCABULARY

Room:

CME/CE Credit: 1.5 Track: Professional Development

Moderator: Kyle R. Allen, DO

Speakers: Robert A. Zorowitz, MD, MBA, CMD & Robert Schreiber, MD

Learning Objectives: (1) review language and terminology to effectively communicate a business case; (2) discuss the purpose and meaning of a value proposition; (3) utilize tactics to effectively present and win a financial case; and (4) gain basic understanding of a P&L statement.

1:30 PM – 3:00 PM

ADGAP BUSINESS MEETING

Room:

CONCURRENT SESSIONS

2:45 PM – 3:45 PM

GERIATRIC MENTAL HEALTH: WHAT TO DO WHEN NOTHING WORKS

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Speakers: Stephen M. Thielke, MD, MS, MA & Soo Borson, MD

Learning Objectives: (1) identify key unresolved clinical problems in geriatric mental health; (2) examine the range of underlying mechanisms that contribute to “intractable” mental health issues in older people; and (3) consider how empathic communication with patients may produce solutions that administering treatments cannot.

2:45 PM – 3:45 PM

IMPROVING THE CARE OF CARDIAC PATIENTS IN POST-ACUTE CARE - THE IMPORTANCE OF PATIENT-CENTERED MEDICAL AND REHABILITATION THERAPIES

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Moderator: Michael W. Rich, MD, AGSF

This symposium will provide attendees with an in-depth understanding of the issues affecting the care of patients with cardiovascular disease (CVD) in the post-acute care (PAC) setting, and will review the importance of patient-centered medical and rehabilitative therapies for this population. Learning Objectives: (1) describe the factors associated with poor outcomes among patients with CVD in PAC; (2) structure disease management strategies and medical therapies for vulnerable patients with CVD requiring SNF care according to their preferences and within the context of goals of care during short term rehabilitation or long-term care; and (3) discuss the critical role of exercise and patient education as provided with cardiac rehabilitation in improving outcomes for even older adults with CVD; and incorporate principles of CR into routine management of patients with CVD in PAC.

Developing a Patient-Centered Approach to Cardiovascular Disease Management in Skilled Nursing Facilities

Nicole M. Orr, MD

The Role of Cardiac Rehabilitation in Recovery for Older Patients with Heart Disease during Post-Acute Care

Daniel E. Forman, MD

2:45 PM – 3:45 PM

THE NEW AGS NATIONAL ONLINE CURRICULUM: INNOVATIVE WAYS TO BE A QUICKER, BETTER GERIATRICS EDUCATOR FOR ALL LEARNERS

Room:

CME/CE Credit: 1.0

Track: Education

Moderator: Mandi Sehgal, MD

After some introductory remarks, attendees of this workshop will be split into four groups and will rotate through four discussion topics based on teaching method, and then will reconvene for a debrief. Learning Objectives: (1) describe Aquifer Geriatrics and how it helps learners to achieve proficiency in the AAMC/Hartford Minimum Geriatric Competencies; (2) describe innovative teaching methods that can be incorporated when using Aquifer Geriatrics with learners including: flipped classrooms, team-based learning, train-the-trainer, and as a “bootcamp” for more advanced learners; and (3) discuss other innovative ways online educational tools can be used to enrich the learning experience of the trainee.

The AGS National Online Curriculum: Aquifer Geriatrics

Kathryn E. Callahan, MD, MS

Table 1: Using Aquifer Geriatrics across Multiple Disciplines in Flipped Learning

Ravishankar Ramaswamy, MD, AGSF

Table 2: Use of Aquifer Geriatrics for Team-Based Learning

Quratulain Syed, MD & Chandrika Kumar, MD

Table 3: Teaching how to Teach Using Aquifer Geriatrics

Amit A. Shah, MD & Andrea Wershof Schwartz, MD, MPH

Table 4: Use of Aquifer Geriatrics for a Geriatrics “Bootcamp”

Becky Powers, MD & Kathryn E. Callahan, MD, MS

2:45 PM – 3:45 PM

ENSURING RESEARCH IS RELEVANT: PRACTICAL STRATEGIES TO SUPPORT INCLUSION OF OLDER ADULTS

Room:

CME/CE Credit: 1.0

Track: Research

Developed by the Research Committee

Moderator: Elizabeth Maria Goldberg, MD, ScM

Facilitator: Camille P. Vaughan, MD, MS

Workshop attendees will exchange best practices for overcoming barriers to recruiting and retaining medically complex older adults, including those with cognitive impairment, in research, and collaborating with investigators from other specialties to ensure research and clinical trials meet the new Inclusion across the Lifespan policy. Learning Objectives: (1) describe the elements of the new NIH Inclusion Across the Lifespan Policy; (2) discuss stakeholders and resource infrastructure that should be considered when planning and executing research that includes older adults; (3) review the unique perspectives of older adults being recruited for research studies and how these perspectives can be incorporated when planning your own study; and (4) identify strategies for disseminating best practices in recruiting and retaining older adults with and without cognitive impairment in prospective studies.

Understanding Non-Geriatrician Specialist Perspectives to Assist with the Planning and Executing of Research Involving Older Adults

Barrett Bowling, MD, MSPH

Perspectives on Recruitment and Retention of Older Adults in Residential Care for Clinical Trials

Mary P. Kotlarczyk, PhD

Designing and Conducting a Successful Trial of Older Adults

Thomas M. Gill, MD

2:45 PM – 3:45 PM

EPIDEMIOLOGY PAPER SESSION

Room:

CME/CE Credit: 1.0 Track: Research

Developed by the Research Committee

Co-Moderators: Susan Hardy, MD & Shelly L. Gray, PharmD, MS

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

P16 – Suicides Among Older Adults Aged 65 and Over in the United States, 2007-2017

Hanyu Ni, PhD

P17 – Deprescribing Hypoglycemic Agents Among Older Veterans with Overtreated Diabetes and Limited Life Expectancy in Veterans Affairs (VA) Nursing Homes

Carolyn T. Thorpe, PhD, MPH

P18 – Free Androgen Index and 20-Year Cognitive Decline in the Atherosclerosis Risk in Communities (ARIC) Study

Chloe K. Ferris, BS

P19 - Binge Drinking Among Older Adults – United States, 2015-2017

Benjamin H. Han, MD, MPH

2:45 PM – 3:45 PM

CLINICAL SKILLS WORKSHOP: JOINT INJECTIONS II

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Facilitators: Shobhana A. Chaudhari, MD, FACP, AGSF; Ashok P. Chaudhari, MD; Estrella Roffe, MD, AGSF; Julio A. Martinez-Silvestrini, MD

After a brief demonstration of joint injection techniques by faculty, participants will practice the injections on joint models with faculty support. Learning Objectives: (1) demonstrate ability to inject the knee; (2) demonstrate ability to inject the shoulder; and (3) demonstrate ability to inject Trochanteric Bursa.

2:45 PM – 3:45 PM

CPT CODING: BASIC PRINCIPLES AND PRACTICE

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Speaker: Peter A. Hollmann, MD

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: new CPT and HCPCS codes, E/M documentation guidelines and how to assess whether you are not charging for all your services. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; and (3) interpret how to relate these to practice management.

2:45 PM – 3:45 PM

JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP

Room:

Chair: Andrew B. Cohen, MD, PhD

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing a career in aging-related research. At this meeting, we will elect our leadership for the coming year and discuss ideas for a symposium submission. This SIG is a great way to network with other early career researchers and become involved with AGS!

4:00 PM – 5:00 PM

HENDERSON STATE-OF-THE-ART LECTURE

DISRUPTING THE SILENT WINTER: GERIATRICS' ROLE IN STOPPING ELDER MISTREATMENT

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Speaker: Laura Mosqueda, MD

This session will focus on what is known regarding the causes, consequences, prevention and diagnosis of elder mistreatment. Learning Objectives: (1) recognize signs and symptoms of elder mistreatment and neglect; (2) describe factors that contribute to elder abuse; and (3) discuss the healthcare professionals' role in identification and prevention of elder mistreatment.

5:00 PM – 6:00 PM

PRESIDENTIAL POSTER SESSION & RECEPTION

Room: Exhibit Hall

Track: Research

The Presidential Poster Session and Reception features posters that received the highest rankings from abstract reviewers. Posters will be judged and one poster in each category will be chosen to receive a "Best Poster" award. Light refreshments will be served.

5:30 PM - 6:00 PM

GUIDED SCIENCE & INNOVATION POSTER WALKING TOUR

Room: Exhibit Hall

Sponsored by the Research Committee

The honored Henderson Award recipient, Laura Mosqueda, MD, will lead an interactive walking tour of exciting posters, featuring new discoveries, novel models of care, or other innovations in geriatrics. Each stop on the tour will involve a brief discussion with the poster presenter about the main findings and clinical implications of the work by Dr. Mosqueda. The walking tour will launch from the AGS Marketplace Booth in the Exhibit Hall at 5:30 PM. If you arrive late, you can catch up with the tour by picking up a handout at the Marketplace.

6:00 PM – 7:00 PM

BOOK CLUB

Room:

Track: Networking

Facilitators: Stephanie Nothelle, MD; Colleen Christmas, MD; Jessica Colburn, MD

Join us for fun discussion about the bestselling book, "A Man Called Ove" by Frederik Backman. The book features the story of a misunderstood older man whose rough exterior hides a story and sadness. When a young family moves in next door and accidentally flatten Ove's mailbox one morning, overturning his well-ordered routine, it is the spark in a surprising chain of events—featuring unkempt cats,

unexpected friendships, arrogant bureaucrats, several trips to the hospital, and the ancient art of backing up a U-Haul. We will discuss themes from the book including how hearing other's experiences and stories helps us understand each other and the importance of community and connection. Even if you haven't had a chance to read or finish the book, you will have something to add! The book is available here: <https://www.amazon.com/Man-Called-Ove-Novel/dp/1476738025>

SPECIAL INTEREST GROUPS

6:00 PM – 7:00 PM

CANCER AND AGING & PALLIATIVE CARE

Room:

Track: Networking

Co-Chairs: William Dale, MD, PhD & Melissa L. Wong, MD, MAS and Mona Gupta, MD & Kim Curseen, MD

The Palliative Care Special Interest Group and the Cancer and Aging Special Interest Group will host a joint meeting to identify educational and research priorities at the intersection of palliative care, geriatrics, and oncology.

6:00 PM – 7:00 PM

GEROSCIENCE

Room:

Track: Networking

Chair: George A. Kuchel, MD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in efforts to leverage our understanding of basic aging processes towards the discovery, validation and implementation of intervention strategies designed to promote health, function and independence in late life.

6:00 PM – 7:00 PM

HEALTHCARE FOR LOW-INCOME SENIORS

Room:

Track: Networking

Chair: Steven R. Counsell, MD, AGSF

The mission of the Health Care for Low-Income Seniors AGS Special Interest Group is to improve the quality and outcomes of health care and maximize independence among low-income seniors by bringing together geriatrics professionals dedicated to the care of the poor, disseminating practical solutions and innovative geriatrics team care models, and advocating for public policy change to better address the needs of this population. The Healthcare for Low-Income Seniors SIG is open to all AGS meeting participants.

High Cost / Low-Income Seniors – Minnesota's Approach to Coverage and Care for Dual Eligible Seniors

- What a FULLY integrated DUAL eligible plan means for care and coverage
 - HealthPartners' approach to this vulnerable population
- Tom von Sternberg, MD

6:00 PM - 7:00 PM

HEALTHY AGING

Room:

Track: Networking

Co-Chairs: Kathryn M. Daniel, PhD, RN, ANP-BC, GNP-BC, GS-C, AGSF & Paul L. Mulhausen, MD, MHS, AGSF, FACP

The Healthy Aging SIG offers an opportunity for networking between and among geriatric clinicians focused on Healthy Aging. During this meeting, we will discuss and explore projects, research, and new developments around this topic as well as implementation/intervention strategies with other like minded clinicians.

6:00 PM – 7:00 PM

THE HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION

Room:

Track: Networking

Co-Chairs: Sarah L. Gartaganis, MSW, MPH & Sharon K. Inouye, MD, MPH

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

6:00 PM – 7:00 PM

INTERNATIONAL ACTIVITIES

Room:

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG promotes awareness of global trends in aging and healthcare issues in older adults that span continents and cross international borders. It focuses on developing proposals for AGS annual meetings regarding global challenges and successful strategies in health care delivery for older adults and models of care (including adaptation for local use), and design and implementation of geriatrics training programs in multiple health professions.

6:00 PM – 7:00 PM

INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS

Room:

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The Interprofessional Education and Practice (IPE/P) Special Interest Group welcomes all AGS members to explore how broad health professional interest in collaboration is changing health education and practice. While geriatrics has long recognized the importance of teams, this has not been a widely recognized focus of health education or practice until recently Interprofessional education refers to when “two or more professionals learn about, from and with each other to enable effective collaboration and improve health outcomes” (WHO, 2010). Please join us to explore opportunities to advance geriatric care and collaborative practice with new educational initiatives, curricula, and models of care.

6:00 PM – 7:00 PM

PRIVATE PRACTICE PROVIDERS IN GERIATRICS

Room:

Track: Networking

Chair: Joel Bolen, MD

Discuss challenges and share success strategies with other providers who have chosen to serve older adults through private practice. Topics will include: patient flow and practice management, billing and reimbursement, staffing, alternate revenue streams, marketing, institutional LTC or not, and comprehensive geriatrics assessment. Please feel free to bring other issues to discuss.

6:00 PM – 7:00 PM

VETERANS HEALTH ADMINISTRATION

Room:

Track: Networking

Chair: Marianne Shaughnessy, MD

This session is intended for employees of the US Department of Veterans Affairs who are attending the conference. Representatives from the VA Offices of Geriatrics and Extended Care Policy and Services will be present to provide updates on VA activities and plans; and to engage in discussion with VA staff present regarding matters of shared concern. Interested non-VA persons are welcome to attend but are asked to refrain from participating in open discussion.

8:00 PM – 10:0 PM

DANCE PARTY / RECEPTION

Room:

Join us as we toast #AGS19 at a dance party with colleagues from across the country and around the world.