

## WEDNESDAY, MAY 1

### PRE-CONFERENCE SESSIONS

7:00 AM – 5:30 PM

#### HOSPITAL ELDER LIFE PROGRAM (HELP)

Room:

*Additional fee session*

CME/CE Credit: 6.5

Track: Clinical Practice

This full-day course is designed to educate Hospital Elder Life Program (HELP) teams regarding strategies for delirium prevention, using HELP to improve hospital-wide care of older adults. Learning

Objectives: (1) present the advantages of HELP to hospital administrators and other stakeholders; (2) describe the steps to implement non-pharmacological approaches to delirium management in the hospital; and (3) apply effective approaches to engage and sustain the volunteer base for HELP.

- 7:00 AM        **Registration and Breakfast**
- 8:00 AM        **Welcome**  
Sarah L. Gartaganis, MSW, MPH
- 8:15 AM        **Year 1 of AGS + HELP**  
AGS Leader
- 8:25 AM        **Opening Keynote**  
Sharon K. Inouye, MD, MPH
- 9:00 AM        **Updates from HELP Central**  
Sharon K. Inouye, MD, MPH
- 9:15 AM        **HELP Sustainability: Obtaining Long-Term Support for HELP**  
Fred H. Rubin, MD, AGSF & Susan J. Heisey, MSW, LCSW, ASW-G
- 10:00 AM       **Break**
- 10:15 AM       **Pharmacological Management of Delirium: Current Evidence-Based Update**  
Noll L. Campbell, PharmD, MS
- 11:00 AM       **Non-Pharmacologic Prevention and Management of Delirium Symptoms: Breakout Group with Live Demos**  
Panel: Susan J. Heisey, MSW, LCSW, ASW-G (Chair); Heidi R. Wierman, MD; Miriam “Mimi” Beattie, DNP, GNP-BC; Richard D. Dahl, BA, CNA
- 12:00 PM       **Lunch**
- 1:15 PM        **Successful HELP Implementation at CPMC**  
Olivia Wendy Zachary, MD
- 2:00 PM        **Let’s Get Moving: Improving Hospital Mobility through HELP**  
Cynthia J. Brown, MD, MSPH
- 2:45 PM        **Breakout Session 1- Effective Approaches for Volunteer Utilization and Adherence**  
Panel: Richard D. Dahl, BA, CNA (Chair); Kimberly A. Hickey, MSN, RN, GCNS-BC; Nancy Joyce, MS; Natalie Sanders, DO; Sharon K. Inouye, MD, MPH; Bernadette O’Connor, MA

- 3:30 PM **Break**
- 3:45 PM **Breakout Session 2- Strategies for Volunteer Recruitment and Retention**  
 Panel: Miriam "Mimi" Beattie, DNP, GNP-BC (Chair); Fred H. Rubin, MD, AGSF; Olivia Wendy Zachary, MD; Alex Curkovic; Kelly Turner; Sarah L. Gartaganis, MSW, MPH; Amanda R. Schoettinger, MSW, CDEM
- 4:30 PM **HELP Adaptation to Rural or Settings without Geriatric-Trained Clinicians**  
 Heidi R. Wierman, MD
- 5:15 PM **Closing Remarks and Adjournment**  
 Sharon K. Inouye, MD, MPH

**7:30 AM – 1:00 PM**  
**FELLOWSHIP DIRECTORS PRE-CONFERENCE SESSION**

Room:

*Additional fee session*

CME/CE Credit: 4 Track: Education

*Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)*

The role of the geriatrics fellowship director is complex and involves a variety of activities and responsibilities. This session will present practical instruction for both new and seasoned fellowship directors. Learning Objectives: (1) review changes to the ACGME fellowship program requirements and the NAS; (2) describe issues related to workforce recruitment.

- 7:30 AM **Breakfast**
- 8:00 AM **ACGME Update**  
 Andrew N. Dentino, MD, *RRC-IM, Representative*
- 8:30 AM **Update in Workforce Recruitment**  
 Eric Widera, MD
  - 2019 NRMP Match Data
  - All in Policy with ERAS
  - Workforce
- 8:50 AM **Mini-Fair for Curricular Innovations/Tool Swap**  
 Helen Fernandez, MD, MPH & Katherine A. Bennett, MD
- 10:00 AM **Break**
- 10:15 AM **Consortiums**
  - New Jersey Fellowship
  - Most Difficult Case Consortium
  - Michigan
- 10:35 AM **Networking**  
 Attendees will spend 15 minutes at their table discussing innovative ideas being implemented at their home institution. The group will then select one innovation to present to the full group during the report out.
- 11:05 AM **Quick Hit Topics**
  - **MyAGSOnline** – Eric Widera, MD & Carrie B. Rubenstein, MD
  - **Disaster Preparedness** – Mitchell Heflin, MD, MHS
  - **Program Director Contracts** – Kevin T. Foley, MD, AGSF & Steve R. Barczi, MD

- **Maternity/Paternity Leave** – Steve R. Barczi, MD

**12:05 PM Break**

**12:10 PM AGE-ACT Update**

**12:30 PM Options**

- Simulation
- Using Coaching Techniques in Residency and Fellowship Education  
L. Gregory Pawlson, MD, MPH, FACP, AGSF

**12:45 PM Closing Remarks**

**11:30 AM – 5:30 PM**

**GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP) PRE-CONFERENCE SESSION**

Room:

CME/CE: 4 Track: Professional Development

*Supported by a grant from The John A. Hartford Foundation*

This pre-conference session is limited to HRSA GWEP awardees. Learning Objectives: (1) utilize strategies to sustain change within health care organizations and the innovations in primary care developed with GWEP funding; (2) describe how GWEPs are disseminating programs and how to continue dissemination following the completion of funding; and (3) apply successful approaches that other GWEP sites have used to further your own efforts integrating Geriatrics into Primary Care.

**11:30 AM Welcome and Introductions**

Joan Weiss, PhD, RN, CRNP, FAAN & Jan Busby-Whitehead, MD, GWEP-CC PI

**11:50 AM Substance Misuse and Abuse among Older Adults**

Frederic C. Blow, PhD

**12:35 PM Sustaining Practice Change: What Does it Take to Prevent Organizational Relapse?**

Diane M. Powers, MA, MBA

**1:35 PM Break**

**1:50 PM Table Topics: The Infusion of Geriatrics into Primary Care: Successes & Challenges** (*Participants rotate to 2 tables during two 45-minute sessions*)

Sustainability through Annual Wellness Visits

Ellen Flaherty, PhD, APRN, AGSF, GWEP-CC PI & Daniel Moran, MSN, APRN

Sustaining and Strengthening CBO Ties

Jane F. Potter, MD, GWEP-CC PI & Diane Powers, MA, MBA

Sustaining Dementia Education through Partnerships

Jan Busby-Whitehead, MD; Nina Tumosa, PhD

Moving Patient Centered Care to an Age-Friendly Health Systems: The 4Ms in Primary Care

Scott Bane, JD, MPA; Leslie J. Pelton, MPA

**3:20 PM Break**

- 3:35 PM      Summary Session on Table Topics**
- 4:15 PM      Age-Friendly Health Systems**  
Rani E. Snyder, MPA
- 4:45 PM      NAGE Update**  
Catherine P. Carrico, PhD, President of NAGE
- 5:30 PM      Wrap Up**  
Jan Busby-Whitehead, MD; Ellen Flaherty, PhD, APRN, AGSF; Jane F. Potter, MD

**1:00 PM – 5:30 PM**

**DERMATOLOGY: WHAT THE GERIATRICS HEALTHCARE PROVIDER NEEDS TO KNOW**

Room:

*Additional fee session*

CME/CE: 4                      Track: Clinical Practice

Moderator: Eleni Linos, MD, DrPH, MPH

This session will focus on skin cancer in older adults. Learning Objectives: (1) discuss how the principles of geriatrics can be applied to dermatology; (2) review treatment of skin cancer among older adults; and (3) recognize different types of skin cancer and how to identify each.

- 1:00 pm      Welcome and Opening Remarks**  
Eleni Linos, MD, DrPH, MPH
- 1:15 pm      Overtreatment of Skin Cancer among Older Adults: A Journalist's Perspective**  
Katie Hafner, The New York Times
- 1:45 pm      Optimizing Skin Cancer Treatment in Older Adults**  
Eleni Linos, MD, DrPH, MPH
- 2:15 pm      Questions**
- 2:30 pm      Break**
- 2:45 pm      Geriatric Skin Conditions You'll Never Miss Again (Part 1)**  
Justin O. Endo, MD, MHPE, FAAD
- 3:30 pm      Geriatric Skin Conditions You'll Never Miss Again (Part 2)**  
Daniel C. Butler, MD
- 4:15 pm      Questions**
- 4:30 pm      Closing Remarks**  
Eleni Linos, MD, DrPH, MPH

**1:00 PM – 5:30 PM**

**PALLIATIVE BOOTCAMP: LATEST UPDATES IN NON-PAIN SYMPTOM MANAGEMENT**

Room:

*Additional fee session*

CME/CE Credit: 4                      Track: Clinical Practice

Faculty: VJ Periyakoil, MD & Charles F. von Gunten, MD, PhD

A key aspect of caring for seriously ill older adults is excellent symptom management. The goal of this session is to discuss common non-pain clinical challenges encountered by clinicians caring for seriously ill older adults. In the first half of the preconference, we will discuss management of common non-pain symptoms including dyspnea, nausea, constipation, pruritus. In the second half of the session we will focus on common challenges encountered in the last days of life, Ethical issues like palliative sedation and handling patients' requests for physician-assisted death will be discussed. Interactivity with the learners will be stressed using immersion-learning techniques. Through the use of small group learning, we will give all participants an opportunity to grapple with complex real life case studies and use the principles learned to solve the cases. Learning Objectives: (1) list 3 commonly encountered non-pain symptom management scenarios and potential approaches to their alleviation; (2) describe 3 barriers to excellent symptom control in our patient population and potential solutions to these barriers; and (3) list three common management challenges encountered as patients enter the last phase of life and identify strategies to mitigate them.

## **2:00 PM – 6:00 PM**

### **ADGAP LEADERSHIP SESSION**

Room:

*Additional fee session*

CME/CE: 3.5      Track: Professional Development

*Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)*

This interactive pre-conference will provide participants with essential knowledge and leadership skills to successfully manage their geriatrics programs and grow in the field. Through problem solving activities and small group discussions, attendees will learn how to successfully fundraise and practice their newly acquired skills. Participants will have the opportunity to consult with experts and discuss challenges in small groups to work through authentic scenarios. Session leaders will structure discussion to ensure key points are made in all groups and the groups will share what they have learned. We also will provide tools and frameworks to guide participants' learning before and during the session and to help them to apply these approaches after the session.

**2:00 PM      Welcome and Introductions**  
Sharon A. Brangman, MD, FACP, AGSF

**2:05 PM      Power, Influence and Persuasion**  
Tim S. Ritchie

**4:05 PM      Break**

**4:20 PM      Small Group Discussion**  
Facilitators: Sharon A. Brangman, MD, FACP, AGSF; Jim Campbell, MD; Cynthia J. Brown, MD, MSPH; Annie Medina Walpole, MD; Christian Furman, MD  
Participants will pre-select topics of their choice to work in small groups with facilitators. Facilitators will help guide discussion. Participants will be responsible for presenting their own ideas and dilemmas, and offering solutions for their peers.

**5:20 PM      Final Thoughts/Closing Remarks**

## **SPECIAL INTEREST GROUPS**

### **6:00 PM – 7:00 PM**

#### **ACUTE HOSPITAL CARE**

Room:

Track: Networking

Co-Chairs: Kellie Flood, MD; Michael Malone, MD; Robert M. Palmer, MD, MPH

The mission of the Acute Hospital Care SIG is to improve the outcomes of hospitalization of older patients through enhanced clinical care, dissemination of research findings and education of health professionals. Participants will discuss the impact of the Affordable Care Act on acute hospital care, prevention and management of geriatric syndromes, and value-based practices. The SIG meeting is open to all AGS participants.

**6:00 PM – 7:00 PM**

**AGING AND ORAL HEALTH**

Room:

Track: Networking

Co-Chairs: Christie M. Hogue, DDS

The purpose of this SIG is to provide an interprofessional forum where issues that impact the oral health of our aging patients can be presented to discuss a team approach to efficiently coordinate needed treatment. The SIG is intended to be a resource to find and expand access to care and reduce barriers to care when it comes to oral health and aging.

**6:00 PM – 7:00 PM**

**ALCOHOL, TOBACCO, AND OTHER DRUG USE (ATOD) AMONG OLDER ADULTS**

Room:

Track: Networking

Co-Chairs: Benjamin H. Han, MD, MPH; Alison Moore, MD, MPH; Justina Groeger, MD, MPH

The purpose of this SIG is to address the dramatic increase in older adults with unhealthy substance use and substance use disorders. This SIG brings together an interdisciplinary group of professionals to collaborate on research and educational projects to raise awareness and address the growing problem of unhealthy substance use by older adults.

**6:00 PM – 7:00 PM**

**CLINICAL CARE FOR HOMELESS OLDER ADULTS**

Room:

Track: Networking

Chair: Diane Lynn Chau, MD

The purpose of this SIG is to provide a forum where issues that impact the homeless aging older adult are presented and those that require the team approach to most efficiently coordinate needed treatments for homeless older adults are discussed. The SIG is meant to be a place where the members can interact to find and expand access to care when it comes to caring for Homeless Older Adults.

**6:00 PM - 7:00 PM**

**CLINICAL RESEARCH IN DEMENTIA**

Room:

Track: Networking

Co-Chairs: Noll L. Campbell, PharmD, MS & Stephanie L. Garrett, MD, FACP, CHPE

The Clinical Research in Dementia Special Interest Group is committed to networking among AGS members who are dedicated to clinical research in older adults suffering from dementia. Also invited to this SIG are members transitioning to dementia from other focus areas. Members will use this forum to disseminate knowledge and share methods from recent and ongoing projects, as well as identify collaborative opportunities to advance clinical research in dementia.

**6:00 PM - 7:00 PM**

**ELDER ABUSE AND NEGLECT**

Room:

Track: Networking

Chair: Ronan Factora, MD

Elder abuse and neglect is common yet under-recognized and underreported. This group of professionals seeks to improve the lives of victims of elder mistreatment and neglect by sharing experiences and ideas as well as through coordinating/collaborating on projects addressing this problem. Members include national leaders in the field working on research and advocacy, as well as clinicians and educators

propagating the importance of this topic to healthcare learners. The Elder Abuse SIG fosters collaboration and networking to develop such initiatives amongst its members to forward its mission throughout the year.

**6:00 PM – 7:00 PM**

**NEEDS OF OLDER LESBIAN, GAY, BISEXUAL AND TRANSGENDER PERSONS**

Room:

Track: Networking

Chair: Jeffery D. Mariano, MD

Lesbian, gay, bisexual, transgender and non-binary older persons are a vulnerable and resilient group. The position statement by our organization in 2015 communicated a vision and opportunities to achieve health equity. This interest group centers on the analysis of health systems and approaches, advocacy, and education. It is open to all AGS participants who are dedicated to delineating these needs and advocating for older LGBT persons.

**6:00 PM – 7:00 PM**

**OSTEOPOROSIS AND METABOLIC BONE DISEASES**

Room:

Track: Networking

Chair: Kenneth W. Lyles, MD

The Special Interest Group in Osteoporosis and Metabolic Bone Disease meets to share ideas so that we can develop programs for the annual AGS meeting to educate ourselves and our colleagues. Topics are proposed, debated, and members agree to work together to create valuable learning experiences. We also spend time talking about interesting and difficult cases, sharing our knowledge and expertise with each other. All AGS members attending the meeting are welcome.

**6:00 PM – 7:00 PM**

**POLYPHARMACY**

Room:

Track: Networking

Chair: Zachary A. Marcum, PharmD, PhD, BCPS & David S. H. Lee, PharmD, PhD

The Polypharmacy SIG meeting is an opportunity for those interested in improving medication use among older adults to share ideas, network, and have some fun. Join us to discuss and introduce research and clinical topics being presented at this year's meeting, and to share ideas and interests for next year's meeting. All are welcome!

**6:00 PM – 7:00 PM**

**PROGRAM OF ALL INCLUSIVE CARE FOR THE ELDERLY (PACE)**

Room:

Track: Networking

Co-Chairs: Gwendolyn Graddy-Dansby, MD & Susan Hardy, MD

PACE (Program for All-Inclusive Care of the Elderly) is a comprehensive, fully integrated model which provides community-based care for nursing home eligible frail elders. This session will provide information to people who are interested in working with or establishing a PACE organization. In addition people who are currently working with PACE organizations are encouraged to attend to share PACE stories and best practices for management of older adults with chronic diseases. We encourage anyone with questions to come and explore why this model has become so successful.

**6:00 PM – 7:00 PM**

**SOCIETY FOR GENERAL INTERNAL MEDICINE GERIATRICS (SGIM)**

Room:

Track: Networking

Chair: Nancy L. Schoenborn, MD

The Society for General Internal Medicine (SGIM) Interest Group has traditionally been a source of collaborative activity between the American Geriatrics Society and SGIM. Collaborative efforts between geriatricians and general internists who frequently provide care for older adults are synergistic and

provide benefits all participants. This interest group will focus on ways to develop products including symposiums and workshops for the annual meetings of both societies, encourage dialogue between members focused on research, education, or clinical care of older adults, and connect members with similar interests with mentorship and opportunity for joint projects outside the annual meetings. We welcome researchers, clinicians, and educators at all levels of training and expertise to our meeting.

**6:00 PM – 7:00 PM**

**TIDESWELL LEADERS IN AGING PROGRAM**

Room:

Track: Networking

Co-Chairs: Megan Young, MD; Timothy W. Farrell, MD, AGSF; Liron Danay Sinvani, MD

The mission of the SIG is to support Tideswell scholars and leaders in geriatrics through mentorship, networking, continued leadership training, and scholarship with the ultimate goal of a commitment to enhancing the care of older adults through clinical work, research and education.

**7:00 PM – 8:00 PM**

**OPENING RECEPTION**

Room:

Track: Networking

New members, international attendees, and new AGS Fellows will be welcomed by AGS & ADGAP Board members, and leaders from the Council of State Affiliate Representatives at this special reception. Come and ask questions about AGS programs and learn how you can get the most from the meeting and your membership.