

**FRIDAY, MAY 5**

**CONCURRENT SESSIONS**

**7:00 AM – 8:00 AM**

**COFFEE/TEA**

Room:

**7:30 AM – 8:30 AM**

**ELDER FINANCIAL EXPLOITATION – FROM BENCH TO BEDSIDE**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

Moderator: Laura A. Mosqueda, MD

*Sponsored by the Ethics Committee and the Elder Abuse Special Interest Group*

An estimated 7% of older adults experience financial exploitation annually in the United States. This is likely an underestimation, making it one of the most common forms of elder mistreatment. In this session, three experts from the fields of Elder Mistreatment and Financial Exploitation will share the most recent evidence and expert practices from basic science to the bedside. Learning Objectives: (1) judge the rationale and future promise of using neuroimaging as a tool to understand financial exploitation vulnerability in older adults; (2) assess for financial decision-making capacity in a vulnerable older adult experiencing or at risk for financial exploitation; (3) identify racial, ethnic, and cultural differences in financial exploitation experience and perception of harm that may be present in diverse populations; and (4) formulate a culturally tailored intervention and prevention plan for the serially financially exploited adult by overcoming barriers and leveraging community-based strategies and national resources.

**Financial Exploitation Risk and the Brain**

Duke Han, PhD

**Assessing Financial Decision-Making Capacity**

Julia Hiner, MD

**Interventions and Supports for Elder Victims of Financial Exploitation**

Miles McNeeley, MSW, LCSW

**7:30 AM – 8:30 AM**

**TRANSFORMING GERIATRIC SURGERY CARE MODELS THROUGH THE IMPLEMENTATION OF THE AMERICAN COLLEGE OF SURGEONS' (ACS) GERIATRIC SURGERY VERIFICATION (GSV) PROGRAM**

Room:

CME/CE Credit: 1.0                      Track: Models of Care

Moderator: Sevdenur Cizginer, MD, MPH, AGSF

*Sponsored by the Geriatric-Surgical Co-Management Special Interest Group and the Geriatrics for Specialists Initiative*

This session will bring national leaders in geriatric surgery from surgery, geriatrics and nursing to share the literature, their knowledge, and tools about the ACS GSV program standards. Learning Objectives: (1) describe the GSV Program standards, programmatic structure, implementation process and the expected benefits from this implementation; (2) review how to adopt current hospital systems and existing geriatric surgery care models into GSV Program implementation; (3) describe the critical need for transformation of existing geriatric surgery care models through implementation of GSV Program; and (4) discuss the tools on quality improvement, data collection and care standardization in geriatric surgery.

**Geriatric Surgery Verification Program Overview: Why Should Geriatricians Care?**

Mark R. Katlic, MD, FACS, AGSF

**Transformation of Geriatric Surgery Care Models: Implementation of the ACS GSV Program**

Sevdener Cizginer, MD, MPH, AGSF

**Quality Improvement and Data Collection through ACS GSV Implementation: The Big Picture**

Dianne Bettick, MSN, BC-ACNS, RN

**7:30 AM – 8:30 AM**

**BECOMING A MULTIPLE CHRONIC CONDITIONS (MCCS) RESEARCH CHAMPION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Sponsored by the AGS/AGING LEARNING Collaborative, an R25 grant from the National Institute on Aging (NIA)*

This interactive workshop will prepare mid to senior level faculty to be Champions of Multiple Chronic Conditions (MCCs) Research. The workshop is designed to introduce learners to the new AGS/AGING Learning Curriculum on MCC Research with the goal of encouraging use of the curriculum at their own institutions using the MCC Research Champion Toolkit. By taking part in the Champion workshop, and actively engaging in disseminating the AGS/AGING Learning Curriculum with others, MCC Research Champions have an opportunity to leverage their unique knowledge, skills and enthusiasm to encourage research on MCCs that will ultimately translate into the delivery of higher quality care across the lifespan.

**7:30 AM – 8:30 AM**

**GERIATRIC EDUCATION MATERIALS AND METHODS SWAP II**

Room:

CME/CE Credit: 1.0                      Track: Education

*Developed by the Teachers Section and the Education Committee*

Moderator: TBD

This workshop presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

**7:30 AM – 8:30 AM**

**PAPER SESSION**

Room:

CME/CE Credit: 1.0                      Track: Research

*Developed by the Research Committee*

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

**7:30 AM – 8:30 AM**

**CLINICAL SKILLS WORKSHOP: VERTIGO I**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Ticketed session. No additional fee.*

Faculty: Anthony G. Arslan, DO; Mithil V. Choksey, MD; Marina L. Blagodatny, MD, CMD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

## **SECTIONS**

**7:30 AM – 8:30 AM**

### **RESIDENTS SECTION BREAKFAST & FELLOWSHIP FAIR**

Room:

Track: Networking

All residents and 4<sup>th</sup> year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS. Geriatricians will be present to discuss geriatrics as a career and opportunities in the field. Fellowship directors will be representing their programs at the fellowship fair portion of the section meeting. Breakfast will be served.

**7:30 AM – 8:30 AM**

### **WOMEN IN GERIATRICS SECTION BREAKFAST MEETING**

Room:

Track: Networking

Co-Chairs: Lee A. Jennings, MD, MSHS & Lisa Miura, MD

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives. The meeting will feature a guest speaker. Breakfast will be served.

## **PLENARY SESSIONS**

**8:45 AM – 9:30 AM**

### **AGS AWARDS CEREMONY**

Room:

Please join us as we honor and celebrate this year's prestigious award winners.

**Edward J. Henderson Student Award**

**Clinical Student Research Award**

**Scientist-in-Training Research Award**

**Health in Aging Foundation New Investigator Awards**

**Outstanding Junior Investigator of the Year Award**

**Outstanding Junior Research Manuscript Award**

**Outstanding Junior Clinician Educator of the Year Award**

**Outstanding Junior Clinician Education Manuscript Award**

**Outstanding Mid-Career Clinician Educator of the Year Award**

**AGS *Choosing Wisely* Champion**

**State Affiliate Achievement Awards**

**Presidential Poster Awardees**

**Jeffrey H. Silverstein Memorial Award for Emerging Investigators in the Surgical and Related Medical Specialties Who Are Focused on the Care of Older Adults**

**Arti Hurria Memorial Award for Emerging Investigators in Internal Medicine Who Are Focused on the Care of Older Adults**

**Clinician of the Year Award**

**Dennis W. Jahnigen Memorial Award**

**David H. Solomon Memorial Public Service Award**

**9:30 AM – 10:15 AM**

**THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE**

Room:

CME/CE Credit: .75

Track: Research

Description coming soon

## **CONCURRENT SESSIONS**

**10:30 AM – 11:30 AM**

**COVID-19: ACUTE TREATMENT, LONG COVID, AND THE PANDEMIC EXPERIENCE OF OLDER ADULTS**

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Kenneth Schmader, MD

COVID-19 continues to pose a threat to older adults, causing a disproportionate amount of disability and death. Professional practice gaps and knowledge needs regarding COVID-19 in older adults include the benefits and limitations of different treatment approaches for acute SAR-CoV-2 infection, identifying and managing post-acute (long) COVID-19 in older adults, and addressing the impact of the COVID-19 pandemic experience on the quality of life of older persons and their loved ones. Learning Objectives: (1) review use of antiviral, monoclonal antibodies, corticosteroids and other treatments for acute infection in older adults outside the hospital setting; (2) identify the clinical manifestations and impact of post-acute (long) COVID-19 in older adults and demonstrate approaches to management of this syndrome, including models of care; (3) review the recent data on pandemic-related psychosocial health outcomes among older adults and potential downstream health effects; and (4) identify factors that impacted pandemic experiences, including inequities by race/ethnicity, living situation, and experiences of serious illness and apply a framework for assessing and addressing pandemic-related psychosocial needs, including persistent loneliness and social isolation.

**Treatment of Acute COVID-19 in Older Adults in Ambulatory and Long-Term Care Settings, 2023**

Robin Jump, MD, PhD

**The Manifestations and Management of Cognitive and Psychiatric Sequelae of Post-Acute (Long) COVID-19 in Older Adults**

Esther Oh, MD, PhD

**The Impact of the Pandemic Experience on the Psychosocial Health of Older Adults**

Ashwin Kotwal, MD, MS

**10:30 AM – 11:30 AM**

**EVALUATION OF NEW DRUGS: A CHANGING LANDSCAPE FOR OLDER ADULTS AND DIVERSE POPULATIONS**

Room:

CME/CE Credit: 1.0                      Track: Research

Moderator: Joseph Ouslander, MD

This symposium will address the gaps in enrollment of older adults and older adults of minority status in clinical trials, the need for this information and the evolving landscape trying to fill this gap, and the important role that clinicians can play to increase participation in clinical trials of new medical therapies. Learning Objectives: (1) discuss the gaps in drug evaluation in older clinical populations-- especially the areas of greatest needs; (2) describe the evolving goals for age-related and diversity-related requirements for trial enrollment and reporting; and (3) review the clinical trial design and evaluation process as it relates to improving participation of older adults and more diverse clinical trial populations-- both in the US and internationally.

**Current Status of Inclusion of Older Groups in Evaluations of New Medical Therapies: The Gaps**

Janice B. Schwartz, MD

**Recommendations to Close the Gaps: NASEM**

Sharon K. Inouye, MD, MPH

**Recommendations to Close the Gaps: The FDA Perspective**

Robert Temple, MD

**International Perspective on Improving Evaluation of New Drugs in Older Adults: The European Geriatric Medical Society**

Antonio Cherubini, MD, PhD

**An International Perspective: International Union of Basic and Clinical Pharmacology**

Sarah N. Hilmer, MBBS, PhD, FRACP

**10:30 AM – 11:30 AM**

**UNDERSTANDING DIVERSITY IN RESEARCH IN EMERGENCY MEDICINE**

Room:

CME/CE: 1.0                      Track:

*Sponsored by The John A. Hartford Foundation, Inc, Geriatrics Emergency Department Collaborative (GEDC), AGS Geriatrics-for-Specialists Initiative (AGS GSI)*

This symposium will present the results of a three-year scoping review of the emergency medicine literature to determine baseline for diversity in research. The review was conducted as a part of the JAGS Diversity in Research Paper Series. JAGS is commissioning a series of papers that are focused on diversity in research with a focus on diseases and conditions that are common in older adults. For this

paper, the author panel focused on elder abuse, delirium, falls, and polypharmacy. The authoring team will also present their recommended action steps for increasing study population diversity in research that is focused on older adults and emergency medicine.

**10:30 AM – 11:30 AM**

**STRATEGIES TO TEACH GERIATRICS TO RESIDENTS IN INTERNAL MEDICINE AND FAMILY MEDICINE: THE UPDATED RESIDENT COMPETENCIES IN GERIATRICS USING THE GERIATRICS 5MS**

Room:

CME/CE Credit: 1.0

Track: Education

*Sponsored by the Education Committee and the Teachers Section*

Moderator: Rosanne M. Leipzig, MD, PhD

This session will highlight the updates to the Geriatrics competencies for Internal Medicine and Family Medicine residents, and present several educational strategies, based on the Geriatric 5Ms framework, to aid in teaching residents to care for older adults. Learning Objectives: (1) describe the AGS updates to the Geriatric Competencies for Internal Medicine and Family Medicine Residents using the Geriatric 5Ms framework; (2) illustrate how the AGS/ADGAP Geriatrics Residency Curriculum can be used as a resource to guide implementation of the updated resident competencies; and (3) demonstrate innovative strategies for implementing the updated IM/FM resident competencies in Geriatrics, including leading an immersive experience for trainees, teaching trainees in skilled nursing facilities, and conducting a geriatric-targeted needs assessment in a residency program.

**Introducing the Updated AGS Competencies in Geriatrics for Internal Medicine and Family Medicine Residents using the Geriatrics 5Ms Framework**

Andrea Wershof Schwartz, MD MPH & Mandi Sehgal, MD

**How Age Friendly is your Residency Program? Conducting a Targeted Needs Assessment**

Julia Loewenthal, MD

**The AGS/ADGAP Geriatrics Residency Curriculum, a Resource for Family Medicine and Internal Medicine Residency Programs**

Steve Barczi, MD & Alison Holliday, MD MPH

**AGES (Advanced Geriatric Evaluation And Skills), A One Day Interactive "Boot Camp" To Teach Geriatrics To IM/FM Residents**

Mallory McClester Brown, MD

**Multicomplexity Education for Residents Through the Lens of Care Transitions**

Laura K. Byerly, MD

**10:30 AM – 11:30 AM**

**PAPER SESSION**

Room:

CME/CE Credit: 1.0

Track: Research

*Sponsored by the Research Committee*

Moderator: TBA

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

**10:30 AM – 11:30 AM**

**CPT CODING: BEYOND BASIC E/M**

Room:

CME/CE Credit: 1.0 Track: Research

Moderator: Peter Hollmann, MD, AGSF

Learning Objective: (1) discuss care management, advance care planning, collaborative behavioral health and other services, including what is new in 2023.

**10:30 AM – 11:30 AM**

**CLINICAL SKILLS WORKSHOP: VERTIGO II**

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

*Ticketed session. No additional fee.*

Faculty: Anthony G. Arslan, DO; Mithil V. Choksey, MD; Marina L. Blagodatny, MD, CMD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

**10:30 AM – 11:30 AM**

**JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP MEETING**

Room:

Chair: Gregory Ouellet, MD

The Junior Faculty Research Career Development Meeting is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. This year will have a presentation by Amy S. Kelley, MD, MSHS, the 2022 Yoshikawa Awardees for Outstanding Scientific Achievement in Clinical Investigation. This talk will be followed by a panel Q & A about career transition points.

**PLENARY SESSION**

**11:30 AM – 12:30 PM**

**PUBLIC POLICY LECTURE**

Room:

Description coming soon.

**12:00 PM – 4:00 PM**

**EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING**

Room:

**12:30 PM – 1:30 PM**

**POSTER SESSION C**

Room:

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

**12:30 PM – 1:30 PM**

**STUDENT SECTION**

Room:

Track: Networking

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

## CONCURRENT SESSIONS

**1:30 PM – 2:30 PM**

### **ADDRESSING THE 5MS OF OSTEOPOROSIS MANAGEMENT**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Osteoporosis and Metabolic Bone Disease Special Interest Group*

Moderator: Cathleen S. Colón-Emeric, MD, MHS

In light of the new clinical practice guidelines from the Bone Health and Osteoporosis Foundation and advances in pharmacotherapy, this program will support attendees in providing evidence-based fracture prevention for patients with osteoporosis. Learning Objectives: (1) describe mobility interventions and care models that improve bone health and reduce injurious falls in older adults; (2) appropriately prescribe osteoporosis treatment regimens in common clinical scenarios, based on their pharmacobiology, risks, and benefits; (3) describe the pitfalls of race-based decisions in selecting osteoporosis pharmacotherapy; (4) tailor osteoporosis treatment plans for patients with multimorbidity, including dementia and chronic kidney disease; and (5) list elements of, and tools promoting, shared decision making around fracture prevention options with older adults and their care partners.

#### **Mobility in Osteoporosis Management**

Sonja L. Rosen, MD

#### **Designing Rational Osteoporosis Medication Regimens**

Cathleen S. Colón-Emeric, MD, MHS

#### **Mind and Medical Complexity in Osteoporosis Treatment**

Joshua D. Niznik, PharmD, PhD

#### **Promoting Shared Decision Making on What “Matter Most” in Fracture Prevention**

Sarah D. Berry, MD, MPH

**1:30 PM – 2:30 PM**

### **LGBTQ+ HEALTH FOR OLDER ADULTS**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by the Needs of Older Gay and Lesbian, Bisexual and Transgender Persons Special Interest Group and the Achieving Health Equity Among Diverse Older Adults (AHEAD) Special Interest Group*

Moderator: Carl H. Burton, MD

This symposium will identify the current gaps in care experienced by older LGBTQ+ adults, such as reduced utilization of screening by lesbian women and reduced interactions with health care across the community. It will equip attendees with the tools to advocate for structural change within their health system or practice site to advocate for this affirming, equitable care. Learning Objectives: (1) create an affirming clinical environment for LGBTQ+ older adults so that they experience optimal, non-judgmental clinical care; (2) explain how historical experiences of the older LGBTQ+ community have influenced current interactions with health care; (3) discern differences in care for LGBTQ+ older adults to provide specific, evidence-based care; (4) foster resiliency and advocate for advance care planning in LGBTQ+ older adults, a traditionally underserved patient population; and (5) develop literacy in care for older LGBTQ+ adults to be able to educate other providers in their care.

#### **Introduction to Care for Older LGBTQ+ Adults**

Carl H. Burton, MD & Noelle Marie C. Javier, MD

#### **Care for Older Gay, Lesbian and Bisexual Adults**

Carl H. Burton, MD & Noelle Marie C. Javier, MD



**Care for Transgender and Gender Diverse Older Adults: Clinical Considerations**

Magda Houlberg, MD

**Advance Care Planning and Affirming Care**

Michael Danielewicz, MD & Angela D. Primbas, MD

**1:30 PM – 2:30 PM**

**LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS**

Room:

CME/CE:1.0 Track: Research

*Sponsored by the Research Committee*

Co-Moderators: Heather E. Whitson, MD, MHS; Camille P. Vaughan, MD, MS; Peter M. Abadir, MD  
Communications Coach: John P. Beilenson, MA

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; and (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

**1:30 PM – 2:30 PM**

**LEADERSHIP CURRICULUM - COMMUNICATION APPLICATION: CRUCIAL CONVERSATIONS, CONFLICT MANAGEMENT**

Room:

CME/CE Credit: 1.0 Track: Professional Development

Teaching Faculty and Small Group Facilitators: Vanessa Rodriguez, MD; Helen Fernandez, MD, MPH; Caitlyn J. Kuwata, MD; Nisha Rughwani, MD; Martine Sanon, MD; Olusegun A. Apooso, MBBS; Veronica Rivera, MD; Fiorella M. Perez, MD; Carl Philippe Rousseau, MD; Lynn Flint, MD; Ayla Pelleg, MD; Lesca C. Hadley, MD, MBA, AGSF, FAAFP; Ugochi K. Ohuabunwa, MD; Pei Chen, MD; Roopali Gupta, MD

Learning Objectives: (1) identify various types of conversations and determine how to evaluate your effectiveness of these conversations; (2) define effective negotiation skills; and (3) describe competent of successful conflict management.

**1:30 PM – 2:30 PM**

**PAPER SESSION**

Room:

CME/CE Credit: 1.0 Track: Research

*Sponsored by the Research Committee*

Moderator:

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

**1:30 PM – 3:00 PM**

**WRITING AND REVIEWING FOR THE JOURNAL OF THE AMERICAN GERIATRICS SOCIETY**

Room:

CME/CE Credit: 1.5 Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander K. Smith, MD, MS, MPH

Faculty: Joseph G. Ouslander, MD; Soo Borson, MD; Elizabeth L. Cobbs, MD; George A. Kuchel, MD; Michael W. Rich, MD, AGSF; Debra Saliba, MD, MPH; Kathleen T. Unroe, MD, MHA

This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Prior to the workshop, participants will be expected to have reviewed an online webinar that describes how a review for JAGS should be conducted and offers a working example of such a review. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; and (3) review what steps are needed for improving the paper.

**1:30 PM – 2:30 PM**

**TEACHERS NETWORKING SECTION MEETING**

Room:

Track: Networking

Chair: Megan Elizabeth Young, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

**2:00 PM – 3:00 PM**

**COFFEE BREAK**

Room:

**CONCURRENT SESSIONS**

**2:45 PM – 3:45 PM**

**APPROACHING DEMENTIA CARE WITH CULTURAL SENSITIVITY AND HUMILITY**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice & Ethnogeriatrics

Moderator: Michi Yukawa, MD, MPH

*Sponsored by the Ethnogeriatrics Committee, Clinical Practice and Models of Care Committee, and Public Education Committee*

This symposium will address the gaps of dementia screening, communicating a dementia diagnosis, and providing resources in a diverse older adult population. Learning Objectives: (1) describe dementia screening tools that are applicable for older patients from different cultural and ethnic backgrounds; (2) demonstrate ethnic and culturally sensitive ways to discuss dementia work up and diagnosis with patients and their families; (3) identify opportunities for interprofessional teams to provide culturally sensitive support to caregivers and family members of patients with dementia; and (4) identify culturally inclusive caregiver support resources for patients and families with dementia.

**Making the Diagnosis: Culturally Inclusive Dementia Screening Tools**

Sharon A. Levine, MD

**Disclosing the Diagnosis: Counseling Families about Dementia in a Culturally Inclusive Manner**

Anna H. Chodos, MD, MPH

**Approaching Family and Caregiver Support in a Racially and Ethnically Sensitive Manner**

Nirmala Dhar, LCSW

**2:45 PM – 3:45 PM**

**POINT/COUNTERPOINT: DEBATING THE MERITS OF AGE-BASED PHYSICIAN COMPETENCY ASSESSMENT**

Room:

CME/CE Credit: 1.0                      Track: Public Policy

*Sponsored by the Society of General Internal Medicine Special Interest Group*

Moderator: Hollis Day, MD, MS, MHPE

As the workforce ages we know that as physicians, we face our own increasing medical complexity and the potential for cognitive decline. However, given the nature of our work, the stakes are high to ensure that we are providing safe patient care. There are unfortunately no standardized guidelines for deciding when/if an older physician should retire for the sake of patient safety. Learning Objectives: (1) outline current policies within and outside the US regarding mandatory physician retirement/competency assessment; (2) discuss the pros/cons of mandatory competency testing for physicians at a given age; (3) list selected tools that may be used in assessment of older physician competency; and (4) discuss if mandating physician competency testing is a form of ageism.

**Debating the Merits of Age-Based Physician Competency Assessment: Overview**

Hollis Day, MD, MS, MHPE

**For the Affirmative: Supporting Age-Based Physician Competency Assessment**

Elizabeth Eckstrom, MD, MPH

**Counterpoint: Older Physician Competency Based Assessment as Ageism in Action**

Lee Lindquist, MD, MPH, MBA, CMD

**2:45 PM – 3:45 PM**

**PROMOTING MOBILITY FOR WHAT MATTERS MOST: A CLINICAL SKILLS WORKSHOP USING A 5MS APPROACH ACROSS THE FUNCTIONAL SPECTRUM**

Room:

CME/CE Credit: 1.0                      Track: Clinical Practice

*Sponsored by Residents Section, Fellows-in-Training Section, Nurses Section, Pharmacists Section*

Co-Moderators: Lisa J. Granville, MD & Margaret I. Wallhagen, PhD, RN, MSN, GNP-BC, AGSF, FGSA, FAAN

This workshop will provide skills and tools to promote mobility and reduce falls risk explicitly based on the 5Ms framework of geriatrics: medications, mind, mobility, multicomplexity, and matters most. Learning Objectives: (1) using the framework of the geriatric 5Ms, implement a strategy to optimize mobility and reduce falls risk in older adults at different functional levels based upon what matters most; (2) compare and contrast decision support tools and approaches to optimizing mobility and reducing falls risk, including clinical assessment, deprescribing, and basic physical interventions; and (3) communicate effectively with patients and families (stressing what matters most to them) re: the benefits of falls risk reduction as well as any potential trade-offs between promoting independence and reducing falls risk.

**The Robust Older Adult**

Hal H. Atkinson, MD, MS & Barbara Resnick, PhD, CRNP

**The Vulnerable Older Adult**

Zaldy S. Tan, MD, MPH, FACP & Travis C. Eckard, PT, DPT

**The Frail Patient**

Maura J. Brennan, MD, AGSF & Demetra (Dee) Antimisiaris, PharmD

**2:45 PM – 3:45 PM**

**OVERVIEW OF THE RESILIENCE WORLD – STATE OF SCIENCE CONFERENCE PROCEEDINGS**

Room:

CME/CE Credit: 1.0                      Track: Research

Description coming soon.

**2:45 PM – 3:45 PM**

**TAKING A STAND AGAINST AGEISM THROUGHOUT MEDICAL TRAINING FRAMEWORK, AN AGS INITIATIVE**

Room:

CME/CE Credit: 1.0      Track: Education

*Sponsored by the Education Committee and the Teachers Section*

Moderator: Colleen Christmas, MD

Ageism is stereotyping, prejudice and discrimination based on a person's age, and in healthcare includes the implicit biases of providers and internalized beliefs of older patients. The implicit and explicit biases of clinicians can impact clinical practice, leading to medical decisions based on stereotypes and prejudices. Clinicians specializing in caring for older adults need to adopt the critical role of identifying, mitigating, and teaching about ageist stereotypes and behaviors among colleagues and learners in the clinical setting. Learning Objectives: (1) identify how ageism education embedded in medical education can change learner attitudes and combat bias against older adults and improve clinical care; (2) describe strategies for incorporating curricula about ageism into pre-clinical and clinical years of medical school, as well as residency training, and fellowship; (3) evaluate the impact of these strategies used to incorporate ageism education into the stages of medical training as well as how these strategies might mitigate the attitudes and behaviors developed throughout training that are biased toward older adults; and (4) discuss ways participants will amplify awareness of bias toward older adults and incorporate ageism education into their programs.

**Medical School Training: Curriculum around Serious Illness & Ageism**

Megan Elizabeth Young, MD & Bronwyn Keefe, PhD, MSW, MPH

**Integrating Ageism Education with Clinical Experience in a Geriatrics Clerkship**

Ravishankar Ramaswamy, MD, AGSF

**Anti-Ageism Interventions in Primary Care Residency Training**

Mallory McClester Brown, MD

**Teaching about Ageism to Geriatrics Fellows**

Ryan Z. Chippendale, MD & Brent Schell, MD

**2:45 PM – 3:45 PM**

**POSTER SESSION D: STUDENTS & RESIDENTS**

Room:

*Sponsored by the AGS Health in Aging Foundation*

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions. Resident posters will be judged, with participation certificates and awards in several categories to be presented at the end of the poster session.

**PLENARY SESSION**

**4:00 PM – 5:30 PM**

**HEART FAILURE WITH PRESERVED EJECTION FRACTION: NEW INSIGHTS INTO AN EVOLVING GERIATRIC SYNDROME**

Room:

CME/CE Credit: 1.5      Track: Clinical Practice

Moderator: Michael W. Rich, MD, AGSF

Heart failure with preserved ejection fraction (HFpEF) is predominantly a disease of older adults and normative aging is considered a contributing factor to its development. It is also the most common form of

heart failure in older adults, accounting for up to two-thirds of symptomatic heart failure in this age group. The management of HFpEF can be challenging in older adults due to co-existing complex multimorbidity, polypharmacy and the socioeconomic burdens of aging. As a result, HFpEF is increasingly recognized as a geriatric syndrome and its management requires a multi-dimensional approach to care. Therefore, it is essential that clinicians caring for older adults have a clear understanding of the diagnosis and management of HFpEF in order to optimize the care of their patients in the clinic or the hospital setting. Learning Objectives: (1) review the epidemiology, diagnosis and pathophysiology of HFpEF; (2) recognize that HFpEF as a geriatric syndrome requiring multi-dimensional care; (3) discuss the state of the science for pharmacologic intervention for HFpEF, and available resources for non-pharmacologic interventions focusing on physical rehabilitation for HFpEF as a tool for optimizing quality of life; and (4) acknowledge disparities and inequities in access to care for HFpEF and utilize strategies to resolve these issues.

**Heart Failure with Preserved Ejection Fraction: Epidemiology, Pathophysiology and Diagnosis**

Michael W. Rich, MD, AGSF

**Pharmacologic Management of Heart Failure with Preserved Ejection Fraction**

Parag Goyal, MD, MSc

**Non-Pharmacologic Management of HFpEF: The Case for Physical Rehabilitation**

Amy M. Pastva, PT, MA, PhD

**Disparities and Inequities in Access to Care and Outcomes for HFpEF**

Khadijah Breathett, MD, MS, FACC, FAHA, FHFSa

**Panel Discussion**

**6:00 PM – 7:00 PM**

**FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!**

Room:

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, residents and fellows will have the opportunity to network and interact with leaders in geriatric education. Questions will address important geriatric topics, such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

**SPECIAL INTEREST GROUPS**

**6:00 PM – 7:00 PM**

**ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS (AHEAD)**

Room:

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to: 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

**6:00 PM – 7:00 PM**

**AGING AND ORAL HEALTH**

Room:

Track: Networking

Co-Chairs: Christie Michele Hogue, DDS, AGSF & Theodore T. Suh, MD, PhD, MHS, AGSF

The purpose of this SIG is to provide an interprofessional forum where issues that impact the oral health of our aging patients can be presented to discuss a team approach to efficiently coordinate needed treatment. The SIG is intended to be a resource for a diverse group of health professionals with a passion for aging patients to find and expand access to care and reduce barriers to care when it comes to oral health and aging.

**6:00 PM – 7:00 PM**

**CANCER AND AGING**

Room:

Track: Networking

Chair: Clark Dumontier, MD

Liaison to the Palliative Care SIG: Imran Ali, MD, MS, MPH

Fellows Representative: Maya Abdallah, MD

Anyone interested in improving the care of older adults with cancer is welcome to attend this SIG meeting. Activities range from disseminating the latest evidence in geriatric oncology, collaborating on research studies and clinical innovations, and discussing the integration of geriatrics into local oncology practices. A fundamental goal of this group is to find ways to more widely implement the geriatric assessment in the routine care of older patients facing cancer and its treatment.

**6:00 PM – 7:00 PM**

**DEMENTIA CARE AND CAREGIVER SUPPORT**

Room:

Track: Networking

Chair: Maria D'Souza, MD, MPH

This new SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

**6:00 PM - 7:00 PM**

**GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS**

Room:

Track: Networking

Co-Chairs: Nadia Mujahid, MD & Esteban Garcia Franco, MD

Interested in Co-Management? Thinking about starting it at your institution? Join us at the Geriatric-Surgical Co-Management SIG meeting to network with both experts and novices seeking to improve the management of elderly surgical patients. Come learn about the new AGS CoCare: Ortho Dissemination Project from the leaders in the field. It is also a great opportunity for programs to showcase their successes and challenges.

**6:00 PM – 7:00 PM**

**GEROSCIENCE**

Room:

Track: Networking

Chair: George A. Kuchel, MD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in leveraging our understanding of basic aging processes towards the discovery, validation, implementation and educational dissemination of interventions designed to promote health, function and independence in late life.

**6:00 PM - 7:00 PM**

**HEALTHY AGING**

Room:

Track: Networking

Co-Chairs: Kady Goldlist, MD & Julia Loewenthal, MD

The Healthy Aging Special Interest Group (SIG) focuses on ways to promote healthy aging initiatives at AGS. We are a group of interprofessional clinicians, researchers, and educators who are passionate about incorporating prevention, wellness, integrative medicine, and lifestyle medicine into the care of older adults. Let's strategize ways to expand and intensify AGS efforts in healthy aging.

**6:00 PM – 7:00 PM**

**INTERNATIONAL ACTIVITIES**

Room:

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG promotes awareness of global trends in aging and healthcare issues in older adults that span continents and cross international borders. It focuses on developing proposals for AGS annual meetings regarding global challenges and successful strategies in health care delivery for older adults and models of care (including adaptation for local use), and design and implementation of geriatrics training programs in multiple health professions.

**6:00 PM – 7:00 PM**

**INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS**

Room:

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The Interprofessional Education and Practice (IPE/P) Special Interest Group welcomes all AGS members to explore how broad health professional interest in collaboration is changing health education and practice. Interprofessional education refers to when "two or more professionals learn about, from and with each other to enable effective collaboration and improve health outcomes" (WHO, 2010). Please join us to explore opportunities to advance geriatric care and collaborative practice with new educational initiatives, curricula, and models of care.

**6:00 PM – 7:00 PM**

**PALLIATIVE CARE**

Room:

Track: Networking

Co-Chairs: Mona Gupta, MD; Kayreb Nazycim, MD

This SIG promotes awareness of palliative care issues in the geriatrics community and hopes to identify and build on synergies that exist between geriatrics and palliative care.

**6:00 PM – 7:00 PM**

**PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS**

Room:

Track: Networking

Chair: Claire Davenport, MD, MS & Ardeshir Hashmi, MD

Have you ever wondered how you might align care with what Matters Most to patients in your clinical practice, university or health system? Come hear members pitch their implementation ideas and projects with Patient Priorities Care in a variety of care settings. Here is the perfect opportunity to receive or give feedback with colleagues and Patient Priorities Care experts. We do hope you will join us.

**6:00 PM – 7:00 PM**

**PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)**

Room:

Track: Networking

Co-Chairs: Gwendolyn Graddy-Dansby, MD & Susan Hardy, MD

PACE is a comprehensive, fully integrated model which provides community-based care for nursing home eligible frail elders. This SIG provides information to people who are interested in working with or

establishing a PACE organization. In addition, people who are currently working with PACE organizations are encouraged to attend to share PACE stories and best practices for management of older adults with chronic diseases. We encourage anyone with questions to come and explore why this model has become so successful.