

FRIDAY, MAY 5

CONCURRENT SESSIONS

7:00 AM – 8:00 AM

COFFEE/TEA

Room: 1st Floor Pre-Function area

7:00 AM – 8:30 AM

BECOMING A MULTIPLE CHRONIC CONDITIONS (MCCS) RESEARCH CHAMPION

Room: Hyatt: Shoreline

CME/CE Credit: 0

Track: Research

Sponsored by the AGS/AGING LEARNING Collaborative, an R25 grant from the National Institute on Aging (NIA)

This interactive workshop will prepare mid to senior level faculty to be Champions of Multiple Chronic Conditions (MCCs) Research. The workshop is designed to introduce learners to the new AGS/AGING Learning Curriculum on MCC Research with the goal of encouraging use of the curriculum at their own institutions using the MCC Research Champion Toolkit. By taking part in the Champion workshop, and actively engaging in disseminating the AGS/AGING Learning Curriculum with others, MCC Research Champions have an opportunity to leverage their unique knowledge, skills and enthusiasm to encourage research on MCCs that will ultimately translate into the delivery of higher quality care across the lifespan.

7:30 AM – 8:30 AM

ELDER FINANCIAL EXPLOITATION – FROM BENCH TO BEDSIDE

Room: Grand Ballroom

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Carrie Rubenstein, MD

Sponsored by the Ethics Committee and the Elder Abuse Special Interest Group

An estimated 7% of older adults experience financial exploitation annually in the United States. This is likely an underestimation, making it one of the most common forms of elder mistreatment. In this session, three experts from the fields of Elder Mistreatment and Financial Exploitation will share the most recent evidence and expert practices from basic science to the bedside. Learning Objectives: (1) judge the rationale and future promise of using neuroimaging as a tool to understand financial exploitation vulnerability in older adults; (2) assess for financial decision-making capacity in a vulnerable older adult experiencing or at risk for financial exploitation; (3) identify racial, ethnic, and cultural differences in financial exploitation experience and perception of harm that may be present in diverse populations; and (4) formulate a culturally tailored intervention and prevention plan for the serially financially exploited adult by overcoming barriers and leveraging community-based strategies and national resources.

Financial Exploitation Risk and the Brain

Duke Han, PhD

Assessing Financial Decision-Making Capacity

Julia Hiner, MD

Interventions and Supports for Elder Victims of Financial Exploitation

Miles McNeeley, MSW, LCSW

7:30 AM – 8:30 AM

TRANSFORMING GERIATRIC SURGERY CARE MODELS THROUGH THE IMPLEMENTATION OF THE AMERICAN COLLEGE OF SURGEONS' (ACS) GERIATRIC SURGERY VERIFICATION (GSV) PROGRAM

Room: 104 A/B

CME/CE Credit: 1.0 Track: Models of Care

Moderator: Sevdenur Cizginer, MD, MPH, AGSF

Sponsored by the Geriatric-Surgical Co-Management Special Interest Group and the Geriatrics for Specialists Initiative

This session will bring national leaders in geriatric surgery from surgery, geriatrics and nursing to share the literature, their knowledge, and tools about the ACS GSV program standards. Learning Objectives: (1) describe the GSV Program standards, programmatic structure, implementation process and the expected benefits from this implementation; (2) review how to adopt current hospital systems and existing geriatric surgery care models into GSV Program implementation; (3) describe the critical need for transformation of existing geriatric surgery care models through implementation of GSV Program; and (4) discuss the tools on quality improvement, data collection and care standardization in geriatric surgery.

Geriatric Surgery Verification Program Overview: Why Should Geriatricians Care?

Mark R. Katlic, MD, FACS, AGSF

Transformation of Geriatric Surgery Care Models: Implementation of the ACS GSV Program

Sevdenur Cizginer, MD, MPH, AGSF

Quality Improvement and Data Collection through ACS GSV Implementation: The Big Picture

Dianne Bettick, MSN, BC-ACNS, RN

7:30 AM – 8:30 AM

GERIATRIC EDUCATION MATERIALS AND METHODS SWAP II

Room: 102 A/B

CME/CE Credit: 1.0 Track: Education

Developed by the Teachers Section and the Education Committee

Moderator: Mariah L. Robertson, MD, MPH

This workshop presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

Simulated Patient Encounters Mirror Physician, Observer, and Actual Patient Perception of Performance

Annie Cowan, MD Candidate

Put Students at the Helm! A New Leadership Model in a Geriatric Scholarly Concentration Program

Caroline Buse, MD Candidate

Aging Care 5M Competencies for Canadian Medical Students

Thirumagal Yogaparan, MBBS, MD, FRCPC

Nip It in the Bud: Combating Ageism Amongst Internal Medicine Primary Care Track Residents

Brent R. Schell, MD

7:30 AM – 8:30 AM

CLINICAL SKILLS WORKSHOP: VERTIGO I

Room: 202 C

CME/CE Credit: 1.0 Track: Clinical Practice

Ticketed session. No additional fee.

Faculty: Anthony G. Arslan, DO; Mithil V. Choksey, MD; Marina L. Blagodatny, MD, CMD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

SECTIONS

7:30 AM – 8:30 AM

RESIDENTS SECTION BREAKFAST & FELLOWSHIP FAIR

Room: Hyatt: Regency A/B

Track: Networking

All residents and 4th year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS. Geriatricians will be present to discuss geriatrics as a career and opportunities in the field. Fellowship directors will be representing their programs at the fellowship fair portion of the section meeting. Breakfast will be served.

7:30 AM – 8:30 AM

WOMEN IN GERIATRICS SECTION BREAKFAST MEETING

Room: Hyatt: Regency F

Track: Networking

Co-Chairs: Lee A. Jennings, MD, MSHS, AGSF & Lisa Miura, MD, FACP, AGSF

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives. This year's topic: ***The Art of Saying No***: Have you ever wanted to say "no" but just didn't have the wherewithal in the moment? In this conversation attendees will reflect on why this happens and join our panelists to explore why, when, and how to say *no*. We will leave with new tools that help us set boundaries and find our voice, along with a new sense of empowerment. Breakfast will be served.

Moderator: Laura Mosqueda, MD, FAAFP, AGSF

Panelists: Grace Chen, MD

Donna Fick, PhD, RN, GCNS-BC, FAAN

Alison Moore, MD, MPH, FACP, AGSF

PLENARY SESSIONS

8:45 AM – 9:30 AM

AGS AWARDS CEREMONY

Room: Grand Ballroom

Please join us as we honor and celebrate this year's prestigious award winners.

Edward J. Henderson Student Award

Victoria Kozar

Clinical Student Research Award

Matthew Cosmai

Scientist-in-Training Research Award

Helen Omuya, BPharm, MPA

Health in Aging Foundation New Investigator Awards

Cameron Gettel, MD, MHS

Kaley N. Hayes, PharmD, PhD

Sara C. LaHue, MD

Brian E. McGarry, PT, PhD

Outstanding Junior Investigator of the Year Awards

Halima Amjad, MPH, MD, PhD

Timothy S. Anderson, MD, MAS

Outstanding Junior Research Manuscript Award

Lauren J. Hunt, PhD, RN, FNP-BCS

Outstanding Junior Clinician Educator of the Year Award

Jennifer A. Ouellet, MD, MHPE

Outstanding Junior Clinician Education Manuscript Award

Susan L. Glassburn, MSW, PhD

Outstanding Mid-Career Clinician Educator of the Year Award

Todd James, MD

Presidential Poster Awardees

Jeffrey H. Silverstein Memorial Award for Emerging Investigators in the Surgical and Related Medical Specialties Who Are Focused on the Care of Older Adults

Elizabeth L. Whitlock, MD, MSc

Clinician of the Year Award

Shelley R. McDonald, DO, PhD

Dennis W. Jahnigen Memorial Award

Kathryn M. Denson, MD

David H. Solomon Memorial Public Service Award

Alan Lazaroff, MD

9:30 AM – 10:15 AM

THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE: UNLEASHING FRAILITY FROM LABORATORY INTO REAL WORLD

Room: Grand Ballroom

CME/CE Credit: .75

Track: Research

Presenter: Dae Hyun Kim, MD, MPH, ScD

Frailty has long been recognized by geriatricians as a means to understand the vulnerability in older persons that is not explained by chronological age and individual diseases. Despite increasing burden and clinical significance of frailty, frailty assessment had been mainly confined to the research setting, in which rigorous standardized assessment was possible. Over the past decade, the effort to translate frailty from research to the real world has accelerated. In this lecture, Dr. Kim will present three major accomplishments at the forefront of this effort: 1) development of an algorithm to measure the level of

frailty from Medicare data for researchers; 2) implementation of a frailty index calculator in the electronic health records of a large academic medical center for clinicians; and 3) dissemination of our knowledge and tools to the clinical and research community through software codes, websites, and incorporation into the fellowship training curriculum. He will discuss motivating clinical cases and research applications to help clinicians and researchers advance frailty-guided clinical care and will conclude with future directions in our quest to make frailty part of routine care of older adults. Learning Objectives: (1) describe the latest developments in frailty measurement; (2) generate evidence to advance frailty-guided clinical care; and (3) apply frailty information to guide clinical decisions.

CONCURRENT SESSIONS

10:30 AM – 11:30 AM

COVID-19: ACUTE TREATMENT, LONG COVID, AND THE PANDEMIC EXPERIENCE OF OLDER ADULTS

Room: Grand Ballroom

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Kenneth Schmader, MD

COVID-19 continues to pose a threat to older adults, causing a disproportionate amount of disability and death. Professional practice gaps and knowledge needs regarding COVID-19 in older adults include the benefits and limitations of different treatment approaches for acute SAR-CoV-2 infection, identifying and managing post-acute (long) COVID-19 in older adults, and addressing the impact of the COVID-19 pandemic experience on the quality of life of older persons and their loved ones. Learning Objectives: (1) review use of antiviral, monoclonal antibodies, corticosteroids and other treatments for acute infection in older adults outside the hospital setting; (2) identify the clinical manifestations and impact of post-acute (long) COVID-19 in older adults and demonstrate approaches to management of this syndrome, including models of care; (3) review the recent data on pandemic-related psychosocial health outcomes among older adults and potential downstream health effects; and (4) identify factors that impacted pandemic experiences, including inequities by race/ethnicity, living situation, and experiences of serious illness and apply a framework for assessing and addressing pandemic-related psychosocial needs, including persistent loneliness and social isolation.

Treatment of Acute COVID-19 in Older Adults in Ambulatory and Long-Term Care Settings, 2023

Robin L.P. Jump, MD, PhD

The Manifestations and Management of Cognitive and Psychiatric Sequelae of Post-Acute (Long) COVID-19 in Older Adults

Esther S. Oh, MD, PhD

The Impact of the Pandemic Experience on the Psychosocial Health of Older Adults

Ashwin A. Kotwal, MD, MS

10:30 AM – 11:30 AM

EVALUATION OF NEW DRUGS: A CHANGING LANDSCAPE FOR OLDER ADULTS AND DIVERSE POPULATIONS

Room: 104 A/B

CME/CE Credit: 1.0

Track: Research

Moderator: Joseph Ouslander, MD

This symposium will address the gaps in enrollment of older adults and older adults of minority status in clinical trials, the need for this information and the evolving landscape trying to fill this gap, and the important role that clinicians can play to increase participation in clinical trials of new medical therapies. Learning Objectives: (1) discuss the gaps in drug evaluation in older clinical populations-- especially the areas of greatest needs; (2) describe the evolving goals for age-related and diversity-related

requirements for trial enrollment and reporting; and (3) review the clinical trial design and evaluation process as it relates to improving participation of older adults and more diverse clinical trial populations-- both in the US and internationally.

Current Status of Inclusion of Older Groups in Evaluations of New Medical Therapies: The Gaps

Janice B. Schwartz, MD

Recommendations to Close the Gaps: NASEM

Sharon K. Inouye, MD, MPH

Recommendations to Close the Gaps: The FDA Perspective

Robert J. Temple, MD

International Perspective on Improving Evaluation of New Drugs in Older Adults: The European Geriatric Medicine Society

Antonio Cherubini, MD, PhD

An International Perspective: International Union of Basic and Clinical Pharmacology

Sarah N. Hilmer, MBBS, PhD, FRACP

10:30 AM – 11:30 AM

UNDERSTANDING DIVERSITY IN RESEARCH IN EMERGENCY MEDICINE

Room: 103 A/B

CME/CE: 1.0 Track:

Sponsored by The John A. Hartford Foundation, Inc, Geriatrics Emergency Department Collaborative (GEDC), AGS Geriatrics-for-Specialists Initiative (AGS GSI)

Moderator: Ula Hwang, MD, MPH

Presenters: Chris R. Carpenter, MD, MSc; Edgardo Ordonez, MD, MPH; Anita N. Chary, MD, PhD

This symposium will present the results of a three-year scoping review of the emergency medicine literature to determine baseline for diversity in research. The review was conducted as a part of the JAGS Diversity in Research Paper Series. JAGS is commissioning a series of papers that are focused on diversity in research with a focus on diseases and conditions that are common in older adults. For this paper, the author panel focused on elder abuse, delirium, falls, and polypharmacy. The authoring team will also present their recommended action steps for increasing study population diversity in research that is focused on older adults and emergency medicine. Learning Objectives: (1) describe the results of a three-year scoping review of the emergency medicine literature to determine baseline for diversity in research; (2) discuss the age, race, and ethnic diversity of study populations for research focused on delirium, elder abuse, falls, polypharmacy in the emergency department setting; and (3) review action steps for increasing study population diversity in research that is focused on older adults and emergency medicine.

10:30 AM – 11:30 AM

STRATEGIES TO TEACH GERIATRICS TO RESIDENTS IN INTERNAL MEDICINE AND FAMILY MEDICINE: THE UPDATED RESIDENT COMPETENCIES IN GERIATRICS USING THE GERIATRICS 5MS

Room: 104 C

CME/CE Credit: 1.0 Track: Education

Sponsored by the Education Committee and the Teachers Section

Moderator: Rosanne M. Leipzig, MD, PhD

This session will highlight the updates to the Geriatrics competencies for Internal Medicine and Family Medicine residents, and present several educational strategies, based on the Geriatric 5Ms framework, to aid in teaching residents to care for older adults. Learning Objectives: (1) describe the AGS updates to the Geriatric Competencies for Internal Medicine and Family Medicine Residents using the Geriatric 5Ms framework; (2) illustrate how the AGS/ADGAP Geriatrics Residency Curriculum can be used as a

resource to guide implementation of the updated resident competencies; and (3) demonstrate innovative strategies for implementing the updated IM/FM resident competencies in Geriatrics, including leading an immersive experience for trainees, teaching trainees in skilled nursing facilities, and conducting a geriatric-targeted needs assessment in a residency program.

Introducing the Updated AGS Competencies in Geriatrics for Internal Medicine and Family Medicine Residents using the Geriatrics 5Ms Framework

Andrea W. Schwartz, MD, MPH, AGSF & Mandi Sehgal, MD

How Age Friendly is your Residency Program? Conducting a Targeted Needs Assessment

Julia Loewenthal, MD

The AGS/ADGAP Geriatrics Residency Curriculum, a Resource for Family Medicine and Internal Medicine Residency Programs

Steve Barczi, MD & Alison M. Holliday, MD, MPH

AGES (Advanced Geriatric Evaluation and Skills), A One Day Interactive "Boot Camp" To Teach Geriatrics To IM/FM Residents

Mallory McClester Brown, MD

Multicomplexity Education for Residents Through the Lens of Care Transitions

Laura K. Byerly, MD

10:30 AM – 11:30 AM

HEALTH SERVICES & POLICY RESEARCH PAPER SESSION

Room: 102 A/B

CME/CE Credit: 1.0 Track: Research

Sponsored by the Research Committee

Co-Moderators: Joshua Chodosh, MD, MSHS, FACP & Dan R. Berlowitz, MD, MPH

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

Treatment of COVID-19 in Nursing Home Residents with Monoclonal Antibodies

Brian E. McGarry, PT, PhD

Effectiveness of a Community-Based Version of the Collaborative Dementia Care Model Delivered by Area Agencies on Aging

Steven R. Counsell, MD

Readmissions and Mortality by Race and Ethnicity Among Medicare Beneficiaries with Multimorbidity

Melissa Y. Wei, MD, MPH, MS

Differences in Nursing Home Staff COVID-19 Testing Rates and Odds of Vaccination Across Work Shifts

Elizabeth M. White, APRN, PhD

10:30 AM – 11:30 AM

CPT CODING: BEYOND BASIC E/M

Room: 101

CME/CE Credit: 1.0 Track: Research

Moderator: Peter Hollmann, MD, AGSF

Learning Objective: (1) discuss care management, advance care planning, collaborative behavioral health and other services, including what is new in 2023.

10:30 AM – 11:30 AM

CLINICAL SKILLS WORKSHOP: VERTIGO II

Room: 202 C

CME/CE Credit: 1.0 Track: Clinical Practice

Ticketed session. No additional fee.

Faculty: Anthony G. Arslan, DO; Mithil V. Choksey, MD; Marina L. Blagodatny, MD, CMD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

10:30 AM – 11:30 AM

JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP MEETING

Room: 204

Chair: Melisa Wong, MD, MAS

The Junior Faculty Research Career Development Meeting is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. This year will have a presentation by Amy S. Kelley, MD, MSHS, the 2022 Yoshikawa Awardees for Outstanding Scientific Achievement in Clinical Investigation. This talk will be followed by a panel Q & A about career development and research funding..

PLENARY SESSION

11:30 AM – 12:30 PM

ADVANCING PUBLIC POLICY THAT SUPPORTS ALL OF US AS WE AGE

Room: Grand Ballroom

CME/CE Credit: 1.0 Track: Public Policy

Moderator: Paul L. Mullhausen, MD, AGSF

This session will provide an update on AGS' primary areas of public policy focus: Medicare payment, geriatrics health professions programs, support for aging research, and quality metrics for older adults. The session will include a summary of how AGS identifies and prioritizes issues into those where the Society leads; those where the society is actively working, typically in collaboration; and those where the society looks for opportunities to support the work of others. Learning Objectives: (1) describe legislative and regulatory opportunities for influencing public policy; (2) discuss how AGS incorporates new public policy priorities into its existing advocacy efforts; and (3) review how the Society works in coalition.

Welcome & Introductions

William W. Hung, MD, MPH

Lifting of Public Health Emergency

5 Things Geriatrics Health Professionals Should Know About the End of the PHE

Shari M. Ling, MD

AGS Policy Highlights

Small Society, Big Agenda: Leveraging Resources to Achieve Policy Change

Paul L. Mullhausen, MD, AGSF

2023 Highlights: Leading, Collaborating, Supporting

Audrey Chun, MD, MPH, AGSF; William W. Hung, MD, MPH; Paul L. Mullhausen, MD, AGSF

12:00 PM – 4:00 PM
EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING
Room: Hall A

12:30 PM – 1:30 PM
POSTER SESSION C

Room: Hall A

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

12:30 PM – 1:30 PM
STUDENT SECTION

Room: 104 C

Track: Networking

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

CONCURRENT SESSIONS

1:30 PM – 2:30 PM
ADDRESSING THE 5MS OF OSTEOPOROSIS MANAGEMENT

Room: Grand Ballroom

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Osteoporosis and Metabolic Bone Disease Special Interest Group

Moderator: Cathleen S. Colón-Emeric, MD, MHS

In light of the new clinical practice guidelines from the Bone Health and Osteoporosis Foundation and advances in pharmacotherapy, this program will support attendees in providing evidence-based fracture prevention for patients with osteoporosis. Learning Objectives: (1) describe mobility interventions and care models that improve bone health and reduce injurious falls in older adults; (2) appropriately prescribe osteoporosis treatment regimens in common clinical scenarios, based on their pharmacobiology, risks, and benefits; (3) describe the pitfalls of race-based decisions in selecting osteoporosis pharmacotherapy; (4) tailor osteoporosis treatment plans for patients with multimorbidity, including dementia and chronic kidney disease; and (5) list elements of, and tools promoting, shared decision making around fracture prevention options with older adults and their care partners.

Mobility in Osteoporosis Management

Sonja L. Rosen, MD

Designing Rational Osteoporosis Medication Regimens

Cathleen S. Colón-Emeric, MD, MHS

Mind and Medical Complexity in Osteoporosis Treatment

Joshua D. Niznik, PharmD, PhD

Promoting Shared Decision Making on What “Matter Most” in Fracture Prevention

Sarah D. Berry, MD, MPH

1:30 PM – 2:30 PM
LGBTQ+ HEALTH FOR OLDER ADULTS

Room: 104 A/B

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Needs of Older Gay and Lesbian, Bisexual and Transgender Persons Special Interest Group and the Achieving Health Equity Among Diverse Older Adults (AHEAD) Special Interest Group

Moderator: Carl H. Burton, MD

This symposium will identify the current gaps in care experienced by older LGBTQ+ adults, such as reduced utilization of screening by lesbian women and reduced interactions with health care across the community. It will equip attendees with the tools to advocate for structural change within their health system or practice site to advocate for this affirming, equitable care. Learning Objectives: (1) create an affirming clinical environment for LGBTQ+ older adults so that they experience optimal, non-judgmental clinical care; (2) explain how historical experiences of the older LGBTQ+ community have influenced current interactions with health care; (3) discern differences in care for LGBTQ+ older adults to provide specific, evidence-based care; (4) foster resiliency and advocate for advance care planning in LGBTQ+ older adults, a traditionally underserved patient population; and (5) develop literacy in care for older LGBTQ+ adults to be able to educate other providers in their care.

Introduction to Care for Older LGBTQ+ Adults

Carl H. Burton, MD

Care for Older Gay, Lesbian and Bisexual Adults

Angela D. Primbas, MD

Care for Transgender and Gender Diverse Older Adults: Clinical Considerations

Noelle Marie C. Javier, MD

Advance Care Planning and Affirming Care

Michael Danielewicz, MD &

1:30 PM – 2:30 PM

LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS

Room: 103 A/B

CME/CE:1.0

Track: Research

Sponsored by the Research Committee

Co-Moderators: Heather E. Whitson, MD, MHS; Peter M. Abadir, MD; Cynthia M. Boyd, MD, MPH;

Christine E. Kistler, MD, MASc

Communications Coach: John P. Beilenson, MA

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; and (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

Caring for Dementia Caregivers and their Loved Ones via the HOMeCARE Exercise and Mindfulness for Health Program (HOMeCARE): A Randomised, Single-blind, Controlled Trial

Tommy Lang, BS

Ketone Bodies Selectively Insolubilize Misfolded Proteins into Inert Aggregates in Aging and Alzheimer Disease Models

Sawyer Peralta, BS

Adverse Childhood Experiences (ACEs): Implications for Physical, Cognitive, and Functional Impairment in a National Sample of Older Community-Dwelling Adults

Victoria Lee, MD Candidate

Validation of the Edmonton Frail Scale-Acute Care in Patients ≥ 65 Years Undergoing Surgery

Eduardo B. Biala, Jr., BS, MD Candidate

Connecting Seniors to Care

Matthew W. Nunez

Integration of Virtual Music Performance into the HELP Toolbox

Andrew Huang, BA

1:30 PM – 2:30 PM

LEADERSHIP CURRICULUM - COMMUNICATION APPLICATION: CRUCIAL CONVERSATIONS, CONFLICT MANAGEMENT

Room: 202 A/B

CME/CE Credit: 1.0 Track: Professional Development

Teaching Faculty and Small Group Facilitators: Vanessa Rodriguez, MD; Helen Fernandez, MD, MPH; Caitlyn J. Kuwata, MD; Nisha Rughwani, MD; Martine Sanon, MD; Olusegun A. Apeso, MBBS; Veronica Rivera, MD; Fiorella M. Perez, MD; Carl Philippe Rousseau, MD; Lynn Flint, MD; Ayla Pelleg, MD; Lesca C. Hadley, MD, MBA, AGSF, FAAFP; Ugochi K. Ohuabunwa, MD; Pei Chen, MD; Roopali Gupta, MD

Learning Objectives: (1) identify various types of conversations and determine how to evaluate your effectiveness of these conversations; (2) define effective negotiation skills; and (3) describe competent of successful conflict management.

1:30 PM – 2:30 PM

DEMENTIA MATTERS: INNOVATIONS IN RESEARCH AND CLINICAL PRACTICE PAPER SESSION

Room: 102 A/B

CME/CE Credit: 1.0 Track: Research

Sponsored by the Research Committee

Moderator: Lillian Min, MD, MSHS

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

Detecting Dementia in Electronic Health Records Systems for Pragmatic Trials: A Structured Approach

Michelle L. Bobo, MS

Comparing Cognitive Classifications based on Digital Clock and Recall (DCR) and the Mini Mental Status Examination (MMSE)

Ali Jannati, MD, PhD

What Medicare Advantage Plans Older Adults Living with Dementia Were Enrolled in?

Lianlian Lei, PhD

The Impact of Federal Policies on Hospice Use for People with Dementia

Lauren J. Hunt, PhD, RN, FNP-BC

1:30 PM – 2:30 PM

TEACHERS NETWORKING SECTION MEETING

Room: 104 C

Track: Networking

Chair: Megan Elizabeth Young, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

1:30 PM – 3:00 PM

WRITING AND REVIEWING FOR THE JOURNAL OF THE AMERICAN GERIATRICS SOCIETY

Room: 101

CME/CE Credit: 1.5 Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander K. Smith, MD, MS, MPH

Faculty: Joseph G. Ouslander, MD; Soo Borson, MD; Elizabeth L. Cobbs, MD; George A. Kuchel, MD; Michael W. Rich, MD, AGSF; Debra Saliba, MD, MPH; Kathleen T. Unroe, MD, MHA

This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Prior to the workshop, participants will be expected to have reviewed an online webinar that describes how a review for JAGS should be conducted and offers a working example of such a review. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; and (3) review what steps are needed for improving the paper.

2:00 PM – 3:00 PM

COFFEE BREAK

Room: 1st Floor Pre-Function area

CONCURRENT SESSIONS

2:45 PM – 3:45 PM

APPROACHING DEMENTIA CARE WITH CULTURAL SENSITIVITY AND HUMILITY

Room: Grand Ballroom

CME/CE Credit: 1.0 Track: Clinical Practice & Ethnogeriatrics

Moderator: Michi Yukawa, MD, MPH

Sponsored by the Ethnogeriatrics Committee, Clinical Practice and Models of Care Committee, and Public Education Committee

This symposium will address the gaps of dementia screening, communicating a dementia diagnosis, and providing resources in a diverse older adult population. Learning Objectives: (1) describe dementia screening tools that are applicable for older patients from different cultural and ethnic backgrounds; (2) demonstrate ethnic and culturally sensitive ways to discuss dementia work up and diagnosis with patients and their families; (3) identify opportunities for interprofessional teams to provide culturally sensitive support to caregivers and family members of patients with dementia; and (4) identify culturally inclusive caregiver support resources for patients and families with dementia.

Making the Diagnosis: Culturally Inclusive Dementia Screening Tools

Sharon A. Levine, MD, AGSF

Disclosing the Diagnosis: Counseling Families about Dementia in a Culturally Inclusive Manner

Anna H. Chodos, MD, MPH

Approaching Family and Caregiver Support in a Racially and Ethnically Sensitive Manner

Nirmala Dhar, LCSW

2:45 PM – 3:45 PM

POINT/COUNTERPOINT: DEBATING THE MERITS OF AGE-BASED PHYSICIAN COMPETENCY ASSESSMENT

Room: 104 A/B

CME/CE Credit: 1.0 Track: Public Policy

Sponsored by the Society of General Internal Medicine Special Interest Group

Moderator: Hollis Day, MD, MS, MHPE

As the workforce ages we know that as physicians, we face our own increasing medical complexity and the potential for cognitive decline. However, given the nature of our work, the stakes are high to ensure that we are providing safe patient care. There are unfortunately no standardized guidelines for deciding when/if an older physician should retire for the sake of patient safety. Learning Objectives: (1) outline current policies within and outside the US regarding mandatory physician retirement/competency assessment; (2) discuss the pros/cons of mandatory competency testing for physicians at a given age; (3) list selected tools that may be used in assessment of older physician competency; and (4) discuss if mandating physician competency testing is a form of ageism.

Debating the Merits of Age-Based Physician Competency Assessment: Overview

Hollis Day, MD, MS, MHPE

For the Affirmative: Supporting Age-Based Physician Competency Assessment

Elizabeth Eckstrom, MD, MPH

Counterpoint: Older Physician Competency Based Assessment as Ageism in Action

Lee Lindquist, MD, MPH, MBA, CMD

2:45 PM – 3:45 PM

PROMOTING MOBILITY FOR WHAT MATTERS MOST: A CLINICAL SKILLS WORKSHOP USING A 5MS APPROACH ACROSS THE FUNCTIONAL SPECTRUM

Room: 201 B

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by Residents Section, Fellows-in-Training Section, Nurses Section, Pharmacists Section

Co-Moderators: Lisa J. Granville, MD & Margaret I. Wallhagen, PhD, RN, MSN, GNP-BC, AGSF, FGSA, FAAN

This workshop will provide skills and tools to promote mobility and reduce falls risk explicitly based on the 5Ms framework of geriatrics: medications, mind, mobility, multicomplexity, and matters most. Learning Objectives: (1) using the framework of the geriatric 5Ms, implement a strategy to optimize mobility and reduce falls risk in older adults at different functional levels based upon what matters most; (2) compare and contrast decision support tools and approaches to optimizing mobility and reducing falls risk, including clinical assessment, deprescribing, and basic physical interventions; and (3) communicate effectively with patients and families (stressing what matters most to them) re: the benefits of falls risk reduction as well as any potential trade-offs between promoting independence and reducing falls risk.

The Robust Older Adult

Hal H. Atkinson, MD, MS & Barbara Resnick, PhD, CRNP

The Vulnerable Older Adult

Zaldy S. Tan, MD, MPH, FACP & Travis C. Eckard, PT, DPT

The Frail Patient

Maura J. Brennan, MD, AGSF & Demetra (Dee) Antimisiaris, PharmD

2:45 PM – 3:45 PM

OVERVIEW OF THE RESILIENCE WORLD – STATE OF SCIENCE CONFERENCE PROCEEDINGS

Room: 103 A/B

CME/CE Credit: 1.0 Track: Research

Co-Moderators: Heather E. Whitson, MD, MHS & Peter M. Abadir, MD

Learning Objectives: (1) discuss the relevance of “resilience” to stress or challenges, in the context of aging health; (2) describe how different fields have conceptualized resilience in looking for opportunities to optimize the response to stressors across physical health, cognitive health, and psychosocial health; and (3) identify biological and social factors that contribute to a person’s ability to respond adaptively to a variety of stressors.

COVID as a Natural Resilience Experiment: The COVID-19 Virus (and Vaccine) as Stressor

Kenneth Schmader, MD

Cognitive Reserve and Resilience

Andrea R. Zammit, PhD

Role of Social Determinants of Health and Exposome in Resilience to Stressors

Ganga Bey, PhD, MPH

2:45 PM – 3:45 PM

TAKING A STAND AGAINST AGEISM THROUGHOUT MEDICAL TRAINING FRAMEWORK, AN AGS INITIATIVE

Room: 104 C

CME/CE Credit: 1.0 Track: Education

Sponsored by the Education Committee and the Teachers Section

Moderator: Colleen Christmas, MD

Ageism is stereotyping, prejudice and discrimination based on a person’s age, and in healthcare includes the implicit biases of providers and internalized beliefs of older patients. The implicit and explicit biases of clinicians can impact clinical practice, leading to medical decisions based on stereotypes and prejudices. Clinicians specializing in caring for older adults need to adopt the critical role of identifying, mitigating, and teaching about ageist stereotypes and behaviors among colleagues and learners in the clinical setting.

Learning Objectives: (1) identify how ageism education embedded in medical education can change learner attitudes and combat bias against older adults and improve clinical care; (2) describe strategies for incorporating curricula about ageism into pre-clinical and clinical years of medical school, as well as residency training, and fellowship; (3) evaluate the impact of these strategies used to incorporate ageism education into the stages of medical training as well as how these strategies might mitigate the attitudes and behaviors developed throughout training that are biased toward older adults; and (4) discuss ways participants will amplify awareness of bias toward older adults and incorporate ageism education into their programs.

Medical School Training: Curriculum around Serious Illness & Ageism

Megan Elizabeth Young, MD & Bronwyn Keefe, PhD, MSW, MPH

Integrating Ageism Education with Clinical Experience in a Geriatrics Clerkship

Ravishankar Ramaswamy, MD, AGSF

Anti-Ageism Interventions in Primary Care Residency Training

Mallory McClester Brown, MD

Teaching about Ageism to Geriatrics Fellows

Ryan Z. Chippendale, MD & Brent R. Schell, MD

2:45 PM – 3:45 PM

CLIN-STAR PAPER SESSION

Room: 102 C

CME/CE Credit: 1.0 Track: Research

Sponsored by the Research Committee

Moderator: Thomas N. Robinson, MD & Andrew G. Lee, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to the care of older adults.

Functional Trajectories Over the 6 Months After a COVID Hospitalization Among Older Adults

Lauren E. Ferrante, MD, MHS

Association of an Emergency Department Care Transition Program with Healthcare Outcomes Among Older Veterans

Colleen M. McQuown, MD

Reducing Behavioral and Psychological Symptoms of Dementia for Acutely-III Persons with Dementia via Patient Engagement Specialists

Liron Sinvani, MD

Pharmacist-Led De-Prescribing Pilot for Frail Older Adults with Intensively Controlled Type 2 Diabetes

Kathryn E. Callahan, MD, MS

2:45 PM – 3:45 PM

POSTER SESSION D: STUDENTS & RESIDENTS

Room: Hall A

Sponsored by the AGS Health in Aging Foundation

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions. Resident posters will be judged, with participation certificates and awards in several categories to be presented at the end of the poster session.

2:45 PM – 3:45 PM

AHRQ LISTENING SESSION: HEALTH SYSTEMS TRANSFORMATION TO OPTIMIZE HEALTH, FUNCTIONAL STATUS, AND WELL-BEING AMONG OLDER ADULTS

Room: 102 A/B

No CME/CE Track: Networking

Arlene S. Bierman, MD, MS-Chief Strategy Officer, AHRQ & Maria Torroella Carney, MD, FACP

The Agency for Health Care Research and Quality (AHRQ) has prioritized designing and implementing a research agenda and dissemination and implementation interventions to improve care delivery with the goal of optimizing health, functional status, and well-being among older adults. We would like to hear from you on how our investments may have the greatest impact, build upon, and create synergies with other efforts. Come and share your ideas and engage in discussion on how we can best advance this objective.

PLENARY SESSION

4:00 PM – 5:30 PM

HEART FAILURE WITH PRESERVED EJECTION FRACTION: NEW INSIGHTS INTO AN EVOLVING GERIATRIC SYNDROME

Room: Grand Ballroom

CME/CE Credit: 1.5 Track: Clinical Practice

Moderator: Michael W. Rich, MD, AGSF

Heart failure with preserved ejection fraction (HFpEF) is predominantly a disease of older adults and normative aging is considered a contributing factor to its development. It is also the most common form of heart failure in older adults, accounting for up to two-thirds of symptomatic heart failure in this age group. The management of HFpEF can be challenging in older adults due to co-existing complex multimorbidity, polypharmacy and the socioeconomic burdens of aging. As a result, HFpEF is increasingly recognized as a geriatric syndrome and its management requires a multi-dimensional approach to care. Therefore, it is essential that clinicians caring for older adults have a clear understanding of the diagnosis and management of HFpEF in order to optimize the care of their patients in the clinic or the hospital setting. Learning Objectives: (1) review the epidemiology, diagnosis and pathophysiology of HFpEF; (2) recognize that HFpEF as a geriatric syndrome requiring multi-dimensional care; (3) discuss the state of the science for pharmacologic intervention for HFpEF, and available resources for non-pharmacologic interventions focusing on physical rehabilitation for HFpEF as a tool for optimizing quality of life; and (4) acknowledge disparities and inequities in access to care for HFpEF and utilize strategies to resolve these issues.

Heart Failure with Preserved Ejection Fraction: Epidemiology, Pathophysiology and Diagnosis

Michael W. Rich, MD, AGSF

Pharmacologic Management of Heart Failure with Preserved Ejection Fraction

Parag Goyal, MD, MSc

Non-Pharmacologic Management of HFpEF: The Case for Physical Rehabilitation

Amy M. Pastva, PT, MA, PhD

Disparities and Inequities in Access to Care and Outcomes for HFpEF

Khadijah Breathett, MD, MS, FACC, FAHA, FHFSA

Panel Discussion

6:00 PM – 7:00 PM

FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!

Room: 104 C

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, residents and fellows will have the opportunity to network and interact with leaders in geriatric education. Questions will address important geriatric topics, such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

SPECIAL INTEREST GROUPS

6:00 PM – 7:00 PM

ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS (AHEAD)

Room: VIP A

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to: 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

6:00 PM – 7:00 PM

AGING AND ORAL HEALTH

Room: 101

Track: Networking

Co-Chairs: Christie Michele Hogue, DDS, AGSF & Theodore T. Suh, MD, PhD, MHS, AGSF

The purpose of this SIG is to provide an interprofessional forum where issues that impact the oral health of our aging patients can be presented to discuss a team approach to efficiently coordinate needed treatment. The SIG is intended to be a resource for a diverse group of health professionals with a passion for aging patients to find and expand access to care and reduce barriers to care when it comes to oral health and aging.

6:00 PM – 7:00 PM

CANCER AND AGING

Room: 102 A/B

Track: Networking

Chair: Clark Dumontier, MD

Liaison to the Palliative Care SIG: Imran Ali, MD, MS, MPH

Fellows Representative: Maya Abdallah, MD

Anyone interested in improving the care of older adults with cancer is welcome to attend this SIG meeting. Activities range from disseminating the latest evidence in geriatric oncology, collaborating on research studies and clinical innovations, and discussing the integration of geriatrics into local oncology practices. A fundamental goal of this group is to find ways to more widely implement the geriatric assessment in the routine care of older patients facing cancer and its treatment.

6:00 PM – 7:00 PM

DEMENTIA CARE AND CAREGIVER SUPPORT

Room: Hyatt: Seaview B

Track: Networking

Chair: Maria D'Souza, MD, MPH

This new SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

6:00 PM - 7:00 PM

GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS

Room: Hyatt: Seaview A

Track: Networking

Co-Chairs: Nadia Mujahid, MD & Esteban Garcia Franco, MD

Interested in Co-Management? Thinking about starting it at your institution? Join us at the Geriatric-Surgical Co-Management SIG meeting to network with both experts and novices seeking to improve the management of elderly surgical patients. Come learn about the new AGS CoCare: Ortho Dissemination Project from the leaders in the field. It is also a great opportunity for programs to showcase their successes and challenges.

6:00 PM – 7:00 PM

GEROSCIENCE

Room: Hyatt: Seaview C

Track: Networking

Chair: George A. Kuchel, MD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in leveraging our understanding of basic aging processes towards the discovery, validation, implementation and educational dissemination of interventions designed to promote health, function and independence in late life.

6:00 PM - 7:00 PM

HEALTHY AGING

Room: Hyatt: Regency F

Track: Networking

Co-Chairs: Kady Goldlist, MD & Julia Loewenthal, MD

The Healthy Aging Special Interest Group (SIG) focuses on ways to promote healthy aging initiatives at AGS. We are a group of interprofessional clinicians, researchers, and educators who are passionate about incorporating prevention, wellness, integrative medicine, and lifestyle medicine into the care of older adults. Let's strategize ways to expand and intensify AGS efforts in healthy aging.

6:00 PM – 7:00 PM

INTERNATIONAL ACTIVITIES

Room: 103 A/B

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG promotes awareness of global trends in aging and healthcare issues in older adults that span continents and cross international borders. It focuses on developing proposals for AGS annual meetings regarding global challenges and successful strategies in health care delivery for older adults and models of care (including adaptation for local use), and design and implementation of geriatrics training programs in multiple health professions.

6:00 PM – 7:00 PM

INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS

Room: Hyatt: Shoreline

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The Interprofessional Education and Practice (IPE/P) Special Interest Group welcomes all AGS members to explore how broad health professional interest in collaboration is changing health education and practice. Interprofessional education refers to when “two or more professionals learn about, from and with each other to enable effective collaboration and improve health outcomes” (WHO, 2010). Please join us to explore opportunities to advance geriatric care and collaborative practice with new educational initiatives, curricula, and models of care.

6:00 PM – 7:00 PM

PALLIATIVE CARE

Room: 201 B

Track: Networking

Co-Chairs: Mona Gupta, MD; Kayreb Nazycim, MD

This SIG promotes awareness of palliative care issues in the geriatrics community and hopes to identify and build on synergies that exist between geriatrics and palliative care.

6:00 PM – 7:00 PM

PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS

Room: 204

Track: Networking

Chair: Claire Davenport, MD, MS & Ardeshir Hashmi, MD

Have you ever wondered how you might align care with what Matters Most to patients in your clinical practice, university or health system? Come hear members pitch their implementation ideas and projects with Patient Priorities Care in a variety of care settings. Here is the perfect opportunity to receive or give feedback with colleagues and Patient Priorities Care experts. We do hope you will join us.

6:00 PM – 7:00 PM

PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)

Room: Hyatt: Regency D

Track: Networking

Co-Chairs: Gwendolyn Graddy-Dansby, MD & Susan Hardy, MD

PACE is a comprehensive, fully integrated model which provides community-based care for nursing home eligible frail elders. This SIG provides information to people who are interested in working with or establishing a PACE organization. In addition, people who are currently working with PACE organizations are encouraged to attend to share PACE stories and best practices for management of older adults with chronic diseases. We encourage anyone with questions to come and explore why this model has become so successful.