WEDNESDAY, MAY 2

PRE-CONFERENCE SESSIONS

7:00 AM – 5:00 PM
HOSPITAL ELDER LIFE PROGRAM (HELP)
Additional fee session
CME/CE Credit: 7.5 Track: Clinical Practice
This full-day course is designed to educate Hospital Elder Life Program (HELP) teams regarding strategies for delirium prevention, using HELP to improve hospital-wide care of older adults. Learning Objectives: (1) discuss how delirium impacts older adults in the hospital; (2) identify nonpharmacologic approaches to prevent delirium; (3) apply strategies to engage patients with the Hospital Elder Life Program protocols.

7:00 AM Registration and Breakfast

8:00 AM Welcome
Sarah L. Gartaganis, LICSW, MPH & Sharon K. Inouye, MD, MPH

8:15 AM American Geriatrics Society/HELP Collaboration
Sharon K. Inouye, MD, MPH

8:30 AM Update on HELP: Clinical, Research, and Dissemination
Sharon K. Inouye, MD, MPH

9:15 AM Key HELP Procedures: Enrollment Procedures, Documenting Outcomes, and Annual Reports
COE Panel Discussion

10:00 AM Break

10:15 AM Innovation in Volunteer Training: Use of a Simulation Lab
Susan J. Heisey, MSW, LCSW, ASW-G

11:00 AM Demonstration: Enrollment of a HELP Patient
Group Discussion

12:00 PM Lunch, Photos, HELP Awards

1:15 PM HELP in Utah: An Overview
Mark A. Supiano, MD

2:00 PM HELP in UPMC
Fred H. Rubin, MD

2:45 PM Breakout Session 1-Preview of HELP University Multimedia Training Modules
Sarah L. Gartaganis, LICSW, MPH

3:30 PM Break

3:45 PM Breakout Session 2-Use of Volunteers: Rewards and Challenges
TBD-COE members

4:30 PM HELP and Mobility: Joint CMMI-HELP Initiative
5:15 PM  **Closing Remarks and Adjournment**
HELP SIG tonight 6-7pm, opportunity for Q&A with HELP Leaders, networking (appetizers provided)
Sharon K. Inouye, MD; MPH; All COEs, Jonny A. Macias-Tejada, MD; Heidi R. Wierman, MD; Sarah L. Gartaganis, LICSW, MPH

7:30 AM – 1:00 PM  **FELLOWSHIP DIRECTORS PRE-CONFERENCE SESSION**
*Additional fee session*
CME/CE Credit: 4  Track: Education
*Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)*
The role of the geriatrics fellowship director is complex and involves a variety of activities and responsibilities. This session will present practical instruction for both new and seasoned fellowship directors.

7:30 AM  **Breakfast and Peer Networking**

8:00 AM  **Update on the ACGME Fellowship Program Requirements and the Next Accreditation System (NAS)**
Andrew Dentino, MD, RRC-IM, Representative

8:30 AM  **Match Updates**
Eric W. Widera, MD
- All in Policy
- NRMP Match

9:30 AM  **Mid-Career Fellowship Pathways**
Carole Baraldi, MD, Kevin T. Foley, MD, AGSF and Carrie Rubenstein, MD

10:30 AM  **Break**

10:45 AM  **Mini-Fair for Curricular Innovations/Tool Swap**
Helen Fernandez, MD, and Kate Bennett, MD

11:45 AM  **Program Coordinator Updates**
Speaker TBD

12:05 PM  **Quick Hits Session**
- Family Medicine Update and Workforce Statistics
  Kevin Foley, MD

12:25 PM  **Break**

12:35 PM  **International Requirements (VISA’s 101)**
Matthew K. McNabney, MD

12:55 PM  **Closing and Open Mic**

9:00 AM – 5:00 PM  **WEST HEALTH 2018 AGS PRE-CONFERENCE: FROM RESEARCH TO REALITY: ADVANCING SENIOR-APPROPRIATE HEALTHCARE MODELS TO ENABLE SUCCESSFUL AGING**
*Supported by an educational grant from West Health*
Join nonprofit West Health on May 2 for a full-day AGS pre-conference session to learn about the latest innovations in care delivery for seniors and the payment models that can support them. Hear from health system leaders, community-based organizations, entrepreneurs and researchers driving changes in acute and chronic care and long-term services and supports that are making an impact today to shape the future of senior healthcare delivery. This will be a unique, high-level and interactive opportunity to share best practices and network with key stakeholders, enabling you to gain new insights and learnings that can be applied within your own settings.

9:00 AM  Welcome and Introductory Remarks
Shelley Lyford, President and CEO, West Health
Zia Agha, MD, MS, Chief Medical Officer and EVP, West Health

9:15 AM  Keynote: A case study in translating research into reality

9:40 AM  Session I: Shifting from Volume to Value-based Care: Adoption, Challenges and Learnings for Improved Care Delivery for Seniors
Overview: Multiple types of value-based payment models are being evaluated and implemented in Medicare including Accountable Care Organizations (ACOs), Medicare Advantage, bundled payments, and shared risk and shared savings models. However, challenges remain to adopt and scale these models to provide the right care at a lower cost to seniors. This panel will explore models of value-based care and highlight areas of innovation in value-based care teams and services.

Research Spotlights
• Independence at Home Demonstration: Lessons Learned from a Shared Savings Model
• Measuring and Rewarding value-based care: The role of quality registries
• Next Generation Accountable Care Organization: Developing a learning and action network

10:05 AM  Panel I: Shifting from Volume to Value-based Care: Health Systems and Payor Perspectives

10:50 AM  Session II: Senior-Centered Care: Connecting the Dots to Put Seniors Front and Center
Overview: Understanding what is important to a senior with complex care needs, both medical and non-medical, is critical. This session will highlight senior-centered care models that coordinate both health and supportive services across care settings and explore barriers and gaps that may impact scaling and sustainability.

Research Spotlights
• A Human-Centered Oral Health Care Model Addressing the Needs of Seniors at the Gary and Mary West Senior Wellness and Dental Centers
• Research Spotlight – More Than a Meal: Leveraging Meals on Wheels Nutrition Program to Identify and Coordinate Services for at-risk Seniors

11:15 AM  Panel II: Senior-Centered Care: A Discussion with Leaders from Healthcare, Community and Senior-focused Organizations

12:00 PM  LUNCH

1:00 PM  Session III- Moving the Site of Care for Seniors: Extending the Care Continuum into the Home and Community
Overview: Innovative models shift the site of care by co-locating clinics within community centers, providing home-based primary and palliative care, and delivering acute care in the home and community. In this session, you will learn about various care delivery
models that bring care to where the senior prefers to receive care, and the challenges these innovative practices face.

**Research Spotlights**
- Acute Care @ Home: Home-based Care as an Alternate to Hospitalization
- Project HoPe: Developing a new model of Home-based Palliative Care
- Telehealth for Providing Urgent and Specialty Care to Seniors in Long-term Care Settings

**1:25 PM**
Panel Discussion: Moving the Site of Care for Seniors: How do we move from demonstrations to sustainable models of care?

**2:10 PM**
BREAK and NETWORKING

**2:30 PM**
Session IV: From Research to Reality: Highlighting Real-world Care Models of Excellence for Seniors
**Overview:** West Health has invested in developing clinical programs that serve as learning environments for implementing senior-focused models of care. These programs are inspired by our desire to learn by doing, to lead by example and ultimately enable and catalyze change in many communities.

**Panel Discussion Featuring:**
- **Gary and Mary West Senior Dental Center:** Providing affordable, high-quality oral healthcare with comprehensive education, clinical and wellness services for seniors in need, enabling them to live healthy and productive lives
- **Gary and Mary West PACE:** Offering comprehensive medical and social services to frail community-dwelling seniors
- **Gary and Mary West Senior Emergency Care Unit at UC San Diego Health:** Delivering enhanced emergency services designed to meet the unique needs of seniors

**3:30 PM**
CLOSING KEYNOTE

**3:50 PM**
**Final Comments:** Taking Positive Action to Shape the Future of Healthcare Delivery for Seniors
Shelley Lyford, President and CEO, West Health

**4:00 PM**
Poster Session and Reception

---

**11:30 AM – 5:30 PM**
GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP) PRE-CONFERENCE SESSION

**Additional fee session**
CME/CE: 4 Track: Professional Development
**Supported by a grant from The John A. Hartford Foundation**
Moderator: Nina Tumosa, PhD
This pre-conference session is limited to HRSA GWEP awardees. Learning Objectives: (1) describe how to apply successful approaches that other GWEP sites have used to further your own efforts integrating Geriatrics into Primary Care; (2) review how GWEP programs are collecting patient-centered outcomes and explore utilizing these strategies; and (3) explore strategies to sustain and disseminate programs following the completion of funding.

**11:30 am**
Welcome and Introduction
Joan C. Weiss, PhD, RN, CRNP, FAAN; Jane F. Potter, MD, AGSF, FACP, AGSF; Rani E. Snyder, MPA
**Boxed lunch available**

**11:50 am**
GWEP Networking and Learning Session: Marketplace A & Poster Session A
Marketplace A (14 sites)
The marketplace is an opportunity for GWEPs to showcase their curricula and training products and to make connections with other GWEPs. Please review the booklet of GWEPs prior to the preconference so you can visit the GWEP tables of interest to you.

Poster Session A (4 sites)
GWEPs who received a Networking Grant from the GWEP-CC will be sharing their experiences through posters in the foyer outside the meeting room.

12:50 pm  Break

1:00 pm  GWEP Networking and Learning Session: Marketplace B & Poster Session B
Marketplace B (15 sites)
The marketplace is an opportunity for GWEPs to showcase their curricula and training products and to make connections with other GWEPs. Please review the booklet of GWEPs prior to the preconference so you can visit the GWEP tables of interest to you.

Poster Session B (3 sites & GITT-PC)
GWEPs who received a Networking Grant from the GWEP-CC, along with GITT-PC, who led a consulting workshop for 7 GWEP sites, will be sharing their experiences through posters in the foyer outside the meeting room.

2:00 pm  Break

2:15 pm  Presentation on Patient Outcomes: An Overview and Strategies for Collecting Outcomes
Maura J. Brennan, MD & Mark A. Supiano, MD

4:15 pm  Table Topics: The Infusion of Geriatrics into Primary Care: Successes & Challenges (participants rotate to 2 tables during two 35-minute sessions)
- Continuing the conversation on patient outcomes
- Planning for Dissemination and Scaling Up After Funding
- Best and innovative practices in online and distance education delivery
- Engaging primary care health professionals with geriatrics education
- How to combine QI, education/workforce development, and clinical needs of patients
- Clinical GWEP Initiatives
- Interprofessional teams (successful cases within primary care with some empirical evidence/evaluation)
- Efficiencies as a result of team based care (e.g. from inter to transprofessional care)
- Transforming challenges to successes in building partnerships between CBOs and Primary Care

5:30 pm  Wrap Up

1:00 – 5:30 PM
MANAGEMENT OF CHRONIC PAIN IN OLDER ADULTS IN THE ERA OF THE OPIOID EPIDEMIC
Additional fee session
CME/CE, CMD Clinical Credit: 4  Track: Clinical Practice
Moderator: Keela A. Herr, PhD, RN, AGSF, FGSA, FAAN
Learning Objectives: (1) describe the response/consequences of reducing opioids and the impact of the societal trend of opioid abuse on pain management in older adults; (2) review how to set realistic goals
and expectations for pain management; (3) describe how pain medications work and how to optimize pain pathways; (4) identify patients at risk of addiction, and review use of opioid contracts and screening tools; and (5) discuss use of apps and other technology in pain management.

Prescribing Trends in Pain Management and the Response to the Opioid Crisis
Lynn R. Webster, MD

Comprehensive Pain Assessment to Target Treatment
Debra K. Weiner, MD

Polypharmacy and Deprescribing in Pain Management
Joseph Shega, MD and Holly M. Holmes, MD, MS

Recognizing Addictive Behaviors: How and When to Introduce a Specialist
Barbara J. St. Marie, PhD, AGPCNP

Leveraging Technology in Pain Management
Cary Reid, MD, PhD

1:00 – 4:00 PM
ABIM MAINTENANCE OF CERTIFICATION LEARNING SESSION: 2017 UPDATE IN GERIATRIC MEDICINE
Additional fee session
CME/CE: 3 Track: Professional Development
Speakers: Jonathan Flacker, MD, AGSF & Vivyenne ML Roche, MD, FACP, AGSF
This live, self-study session is intended to help physicians complete the American Board of Internal Medicine (ABIM) Self-Evaluation of Medical Knowledge modules through in-depth group discussion. This session will cover the 2017 Update in Geriatric Medicine Module, which contains 30 multiple-choice questions and qualifies for 10 Maintenance of Certification points in the Self-Evaluation of Medical Knowledge category. Learning Objectives: (1) recognize useful question-answering strategies; and (2) complete the Geriatric Medicine Update module toward fulfillment of ABIM's Maintenance of Certification requirements. Attendees are invited to bring their computers and complete the MOC module during the session. At the completion of this session, those enrolled in ABIM’s MOC program must submit their answers to ABIM for scoring in order to receive MOC credit.

2:00 – 6:00 PM
ADGAP LEADERSHIP SESSION
Additional fee session
CME/CE: 4 Track: Professional Development
Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)
This interactive pre-conference will provide participants with essential knowledge and leadership skills to successfully manage their geriatrics programs and grow in the field. Through problem solving activities and communication presentations, attendees will learn how to advocate for geriatrics through national and local channels, develop and manage faculty, and get a better understanding of how to leverage local fundraising opportunities. Learning Objectives: (1) explore lessons learned by key senior leaders about politics and power and utilize this expertise to overcome challenges and further opportunities for programmatic growth, engagement and advocacy; (2) utilize effective communication skills to impact interactions with faculty and peers; and (3) identify perceptual gaps that may impede colleagues, executives, policymakers, and even the public from thinking about “aging” as an issue in which we all have a stake.

2:00 PM Welcome & Introduction
Sharon A. Brangman, MD
2:05 PM Advocating for Geriatrics at the Local and National Levels
Jane Campbell & Paul R. Katz, MD

3:05 PM Small Group Discussion
Burnout
Facilitator: Tanya R. Gure, MD

How Division Chiefs Spend their Time
Facilitators: Jeffrey D. Schlaudecker, MD, MEd, FHM; Greg A. Sachs, MD, FACP; Craig D. Rubin, MD; Jan Busby-Whitehead, MD, CMD, AGSF, FACP

Faculty Development
Facilitators: James W. Campbell, MD, MS & Cynthia J. Brown, MD, MSPH

4:05 PM Break

4:20 PM Can You Hear Me (Correctly) Now? Reframing Aging in Academic Geriatrics
Helen Fernandez, MD & Daniel E. Trucil, MA, MPH

5:15 PM Final Thoughts/Closing Remarks

5:30 PM ADGAP Mentoring Session

SPECIAL INTEREST GROUPS

6:00 – 7:00 PM
ACUTE HOSPITAL CARE
Track: Networking
Chair: Robert M. Palmer, MD, MPH
The mission of the Acute Hospital Care SIG is to improve the outcomes of hospitalization of older patients through enhanced clinical care, dissemination of research findings and education of health professionals. Participants will discuss the impact of the Affordable Care Act on acute hospital care, prevention and management of geriatric syndromes, and value-based practices. The SIG meeting is open to all AGS participants.

6:00 – 7:00 PM
ALCOHOL, TOBACCO, AND OTHER DRUG USE (ATOD) AMONG OLDER ADULTS
Track: Networking
Co-Chairs: Benjamin H. Han, MD, MPH & Alison Moore, MD, MPH
The ATOD interest group at AGS is a satellite interest group of the Alcohol, Tobacco and Other Drug Use (ATOD) Interest Group of Society of General Internal Medicine (SGIM), but with a special focus on older adults. The purpose of ATOD among older adults SIG is to address the dramatic increase in older adults with unhealthy substance use and/or substance use disorders. This SIG will bring together an interdisciplinary group of professionals with clinical, educational, and/or research interests in the use of alcohol, tobacco, and other drug use by older adults. In addition, it will partner with ATOD at SGIM and other national meetings to bring awareness of substance use issues in older populations.

6:00 – 7:00 PM
CANCER AND AGING
Track: Networking
Co-Chairs: William Dale, MD, PhD; Arti Hurria, MD; & Supriya Mohile, MD, MS
The Cancer and Aging Special Interest Group is an interdisciplinary assemblage of geriatric, gerontologic, and oncologic professionals whose collective mission is to: (1) promote multidisciplinary-centered cancer prevention, assessment, and management of older adults; (2) promote education and training in geriatric oncology concepts; (3) promote research in geriatric oncology; (4) facilitate linkages among those
organizations and institutions which serve or focus upon geriatric and/or oncologic causes; and (5) champion and advocate for those elders and their families who are impacted by cancer.

6:00 – 7:00 PM
CLINICAL CARE FOR HOMELESS OLDER ADULTS
Track: Networking
Chair: Diane Lynn Chau, MD
The purpose of this SIG is to provide a forum where issues that impact the homeless aging older adult are presented and those that require the team approach to most efficiently coordinate needed treatments for homeless older adults are discussed. The SIG is meant to be a place where the members can interact to find and expand access to care when it comes to caring for Homeless Older Adults.

6:00 – 7:00 PM
FAMILY PHYSICIANS IN GERIATRICS
Track: Networking
Chair: Erik J. Lindbloom, MD, MSPH
This SIG is devoted to discussing and acting on issues of concern to family physicians caring for older adults. Issues pertinent to family medicine fellows and residents are also of interest. This group works in collaboration with the Society of Teachers of Family Medicine (STFM) Group on Geriatrics.

6:00 – 7:00 PM
GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS
Track: Networking
Chair: Lynn McNicoll, MD, AGSF, FRCPC
Join us at the Geriatric Surgical Co-Management SIG meeting to network with experts and novices alike seeking to improve the management of elderly surgical patients. Come learn about the new AGS CoCare: Ortho Dissemination Project from the leaders in the field. It is also a great opportunity for programs to showcase their successes and challenges.

6:00 – 7:00 PM
THE HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION
Track: Networking
Co-Chairs: Jonny A. Macias Tejada, MD & Heidi R. Wierman, MD
The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

6:00 – 7:00 PM
INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS
Track: Networking
Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD
The Interprofessional Education and Practice (IPE/P) Special Interest Group welcomes all AGS members to explore how broad health professional interest in collaboration is changing health education and practice. While geriatrics has long recognized the importance of teams, this has not been a widely recognized focus of health education or practice until recently. Interprofessional education refers to when “two or more professionals learn about, from and with each other to enable effective collaboration and improve health outcomes” (WHO, 2010). Please join us to explore opportunities to advance geriatric care and collaborative practice with new educational initiatives, curricula, and models of care.

6:00 – 7:00 PM
MAKE IT SAFE TO GROW OLD! ACCOUNTABLE CARE COMMUNITIES FOR FRAIL ELDERS
Room:
This SIG will take up current controversies, opportunities for reforms, and challenges. For example, why is palliative care doing better than geriatrics? Why is supportive care for disabled persons not part of public health? What forces might enhance the Older Americans Act appropriation? Will the new regulations lead to real changes – the regs allow Medicare Advantage to have expenditures on non-medical services that are health-related? We will share information on the proposals, models of care, community integration collaboration networks, and politics that center on building reforms across all service providers including community agencies, long-term services and supports which needs to be monitored and managed on behalf of the whole population of frail elders, not just those enrolled in a particular program or those using a particular hospital.

RECEPTION

7:00 – 8:00 PM
OPENING RECEPTION
Room: Track: Networking
New members, international attendees, and new AGS Fellows will be welcomed by AGS Board members, ADGAP and leaders from the Council of State Affiliate Representatives at this special reception. Come and ask questions about AGS programs and learn how you can get the most from the meeting and your membership.