

**FROM RESEARCH TO REALITY: ADVANCING SENIOR-APPROPRIATE HEALTHCARE
MODELS TO ENABLE SUCCESSFUL AGING**

**MAY 2, 2018
9:00 AM – 5:00 PM**

**Walt Disney World Swan and Dolphin Hotel
Room: S. Hemisphere IV
Orlando, FL**

SUPPORTED BY AN EDUCATIONAL GRANT FROM GARY AND MARY WEST HEALTH INSTITUTE

CONTINUING EDUCATION

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Geriatrics Society and West Health. The American Geriatrics Society is accredited by the ACCME to provide continuing medical education for physicians.

Continuing Medical Education:

The American Geriatrics Society designates this live educational activity for a maximum of 4 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

LEARNING OBJECTIVES:

At the end of this session, participants will be able to:

- 1) Identify the complex care needs, both medical and non-medical, of their patient population.
- 2) Describe best practices for coordinating health and supportive services across care settings.
- 3) Utilize tools to implement a program that can shift the site of care for seniors.
- 4) Participate in value based reimbursement (alternative payment models) and quality improvement activities
- 5) Review the value of telemedicine technology for coordinating care in their practices.

DISCLOSURES

As an accredited provider of Continuing Medical Education (CME), the American Geriatrics Society continuously strives to ensure that the education activities planned and conducted by our faculty meet generally accepted ethical standards as codified by the Accreditation Council for Continuing Medical Education (ACCME), the Food and Drug Administration (FDA), and the American Medical Association (AMA). To this end, we have implemented a process wherein everyone who is in a position to control the content of an education activity has disclosed to us all relevant financial relationships with any commercial interests within the past 12 months as related to the content of their presentations. Disclosure documents are reviewed for potential conflicts of interest, and if identified, such conflicts are resolved prior to final confirmation of participation.

The ACCME defines a “commercial interest” as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. Financial relationships are

those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research, which includes research funding where the institution gets the grant and manages the funds and the person is the principal or named investigator on the grant), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.

PLANNING COMMITTEE

The following Planning Committee members have returned disclosure forms indicating that they (and/or their spouses/partners) have no affiliation with, or financial interest in, any commercial interest:

Zia Agha, MD, MS
Diana Campau, MBA
Erin Bateman
Aanand Naik, MD, AGS Program Committee Representative
Linda Saunders, MSW

SPEAKERS

The following speakers have returned disclosure forms indicating that they (and/or their spouses/partners) have no affiliation with, or financial interest in, any commercial interest that may have direct interest in the subject matter of their presentation(s):

Elijah Aronoff-Spencer
Paddy Asgari, MPH
Paul H. Baldwin, BA
Karen Becerra, DDS, MPH
Amy J. Berman, RN, LHD, FAAN
Kevin J. Biese, MD, MAT
Shawn Bloom, MS
Ted Chan, MD
Marcus Escobedo, MPA
Torrie K. Fields, MPH
Ana Tuya Fulton, MD, FACP
Lisa M. Gibbs, MD
Robyn L. Golden, LCSW
Steven M. Handler, MD, PhD
James P. Killeen, MD
Kelly J. Ko, PhD
Michael Kurliand, MS, RN
Timothy A. Lash, MBA
Bruce A. Leff, MD
Shelley Lyford, MA
Kedar Mate, MD

Mark McClellan, MD, PhD
Andrea M. Morris, PhD, MPH
R. Sean Morrison, MD
Gregory J. Norman, PhD
Thomas L. Reiter, BS
William J. Scanlon, PhD
Al Siu, MD
Jill C. Slaboda, PhD
Kristofer L. Smith, MD, MPP
Amy R. Stuck, PhD, RN
Liane Wardlow, PhD
Jon Zifferblatt, MD, MPH

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9:00 – 9:15 A.M. WELCOME: FROM RESEARCH TO REALITY: ADVANCING SENIOR-APPROPRIATE HEALTHCARE MODELS TO ENABLE SUCCESSFUL AGING

- **Shelley Lyford, MA**, President and CEO, West Health
- **Zia Agha, MD, MS**, Chief Medical Officer and EVP, West Health

9:15 – 9:40 A.M. KEYNOTE

- **Kedar Mate, MD**, Chief Innovation Officer, Institute for Healthcare Improvement
- Many existing evidence-based models of care for older adults exist. In many cases these have been pilot tested under varying circumstances and demonstrate effects that are robust to different environments. However, too often, new care designs do not reach all those who would stand to benefit from the redesigned service. In this talk, we explore why innovations often fail to scale, the key steps to move from initial discovery to widespread reliable implementation, and what we can do to create innovations that have the potential to reach all those who could benefit.

9:40 – 10:50 A.M. SESSION 1 - SENIOR-CENTERED CARE: CONNECTING THE DOTS TO PUT SENIORS FRONT AND CENTER

Overview: Understanding what is important to a senior with complex care needs, both medical and non-medical, is critical. This session will highlight senior-centered care models that coordinate both health and supportive services across care settings and explore barriers and gaps that may impact scaling and sustainability.

9:40 – 10:05 A.M. RESEARCH SPOTLIGHTS:

Facilitated by: **Zia Agha, MD, MS**, Chief Medical Officer and EVP, West Health

A Human-Centered Oral Health Care Model Addressing the Needs of Seniors at the Gary and Mary West Senior Wellness and Dental Centers

- **Elijah Aronoff-Spencer, MD, PhD**, Consultant, West Health Institute
- **Paddy Asgari, MPH**, Senior Research Analyst, West Health Institute

More Than a Meal: Leveraging Meals on Wheels Nutrition Program to Identify and Coordinate Services for at-risk Seniors

- **Andrea M. Morris, PhD, MPH**, Principal Investigator, West Health Institute

Opportunities for Comprehensive Senior Emergency Care

- **Kelly J. Ko, PhD**, Principal Investigator, West Health Institute

10:05 – 10:50 A.M. PANEL - SENIOR-CENTERED CARE: A DISCUSSION WITH LEADERS FROM HEALTHCARE, COMMUNITY AND SENIOR-FOCUSED ORGANIZATIONS

Moderated by: **Marcus Escobedo, MPA**, Senior Program Officer and Communications Director, The John A. Hartford Foundation

Panelists:

- **Robyn L. Golden, LCSW**, Associate Vice President of Population Health and Aging, Rush University Medical Center in Chicago
- **Amy J. Berman, RN, LHD, FAAN**, Senior Program Officer, The John A. Hartford Foundation
- **Lisa M. Gibbs, MD**, Professor of Family Medicine and Chief of Geriatrics and Gerontology and Medical Director, UC Irvine Senior Health Center
- **Kevin J. Biese, MD, MAT**, Vice-Chair of Academic Affairs; Clinical Associate Professor, Internal Medicine, Division of Geriatrics; Co-Director of the Division of Geriatric Emergency Medicine, UNC

10:50 – 11:15 A.M. SESSION 2 - MOVING THE SITE OF CARE FOR SENIORS: EXTENDING THE CARE CONTINUUM INTO THE HOME AND COMMUNITY

Overview: Innovative models shift the site of care by co-locating clinics within community centers, providing home-based primary and palliative care, and delivering acute care in the home and community. In this session, you will learn about various care delivery models that bring care to where the senior prefers to receive care, and the challenges these innovative practices face.

10:50 – 11:15 A.M. RESEARCH SPOTLIGHTS:

Facilitated by: **Zia Agha, MD, MS**, Chief Medical Officer and EVP, West Health

Acute Care @ Home: Home-based Care as an Alternate to Hospitalization

- **Amy R. Stuck, PhD, RN**, Program Manager, West Health Institute

Project HoPe: Developing an Innovative Model of Home-based Palliative Care

- **Jill C. Slaboda, PhD**, Principal Investigator, West Health Institute

Telehealth for Providing Urgent and Specialty Care to Seniors in Long-term Care Settings

- **Michael Kurliand, MS, RN**, Director of Telehealth, West Health Institute

11:15 – 12:00 P.M. PANEL - MOVING THE SITE OF CARE FOR SENIORS: HOW DO WE MOVE FROM DEMONSTRATIONS TO SUSTAINABLE MODELS OF CARE?

Moderated by: **Zia Agha, MD, MS**, Chief Medical Officer and EVP, West Health

Panelists:

- **R. Sean Morrison, MD**, Director, National Palliative Care Research Center
- **Steven M. Handler, MD, PhD**, Director of Geriatric Telemedicine Program, University of Pittsburgh; Chief Medical and Innovation Officer, Curavi Health
- **James P. Killeen, MD**, Clinical Professor, Emergency Department, UC San Diego School of

Medicine

12:00 – 12:45 P.M. LUNCH

1:00 – 1:30 P.M. KEYNOTE: HEALTH CARE REFORM FOR SUCCESSFUL AGING

• **Mark McClellan, MD, PhD**, Director and Professor, Duke-Margolis Center for Health Policy; Former Administrator, Centers for Medicare & Medicaid Services

With population aging and rising costs for medical care and long-term services and supports, finding ways to integrate health care services with other supports to enable healthy and successful aging is an urgent policy priority. However, traditional medical models and the payment systems that support them are not well aligned with many emerging opportunities to enable successful aging – such as remote monitoring and telemedicine, home-based services, integrated social and community services, and care coordinators or integrators to put it all together for individual seniors. This session will review current developments and expected trends related to “value-based” health care reforms, which aim to align payments and regulations with the goal of supporting person-centered care, in the context of successful aging. The session will highlight opportunities for health care leaders involved in developing and implementing senior-appropriate healthcare models to get increased support from these reforms, and to shape the direction of further healthcare policy reforms to support successful aging.

1:30 – 2:40 P.M. SESSION 3 - SHIFTING FROM VOLUME TO VALUE-BASED CARE: ADOPTION, CHALLENGES AND LEARNINGS FOR IMPROVED CARE DELIVERY FOR SENIORS

Overview: Multiple types of value-based payment models are being evaluated and implemented in Medicare including Accountable Care Organizations (ACOs), Medicare Advantage, bundled payments, and shared risk and shared savings models. However, challenges remain to adopt and scale these models to provide the right care at a lower cost to seniors. This panel will explore models of value-based care and highlight areas of innovation in value-based care teams and services.

1:30 – 1:55 P.M. RESEARCH SPOTLIGHTS:

Facilitated by: **Timothy A. Lash, MBA**, Chief Strategy Officer, West Health; President, West Health Policy Center

Independence at Home Demonstration: Lessons Learned from a Shared Savings Model

• **Greg J. Norman, PhD**, Principal Investigator, West Health

Measuring and rewarding value-based care: The role of quality registries

• **Bruce A. Leff, MD**, Professor of Medicine, Johns Hopkins University School of Medicine

Next Generation Accountable Care Organizations: Developing a learning and action network

• **Liane Wardlow, PhD**, Principal Investigator, West Health

1:55 – 2:40 P.M. PANEL - SHIFTING FROM VOLUME TO VALUE-BASED CARE: HEALTH SYSTEMS AND PAYOR PERSPECTIVES

Facilitated by: **Timothy A. Lash, MBA**, Chief Strategy Officer, West Health; President, West Health Policy Center

Panelists:

- **Al Siu, MD**, Professor and Chair Emeritus, Geriatrics and Palliative Medicine, Mount Sinai School of Medicine
- **Ana Tuya Fulton, MD, FACP**, Medical Director, Integra ACO
- **Torrie K. Fields, MPH**, Palliative Care Lead, Sr. Program Director, Blue Shield of CA
- **Kristofer L. Smith, MD, MPP**, Senior VP Population Health Management, Northwell Health

2:40 – 3:00 P.M. BREAK & NETWORKING

3:00 – 4:00 P.M. SESSION 4 - FROM RESEARCH TO REALITY: HIGHLIGHTING REAL-WORLD CARE MODELS OF EXCELLENCE FOR SENIORS

Overview: West Health has invested in developing clinical programs that serve as learning environments for implementing senior-focused models of care. These programs are inspired by our desire to learn by doing, to lead by example and ultimately enable and catalyze change in many communities.

Moderated by: **Timothy A. Lash, MBA**, Chief Strategy Officer, West Health; President, West Health Policy Center

Gary and Mary West Senior Dental Center: Providing affordable, high-quality oral healthcare with comprehensive education, clinical and wellness services for seniors in need, enabling them to live healthy and productive lives

- **Karen Becerra, DDS, MPH**, CEO and Dental Director, Gary and Mary West Senior Dental Center
- **William J. Scanlon, PhD**, Consultant, West Health; Former Director of Health Care Issues, U.S. Government Accountability Office; Commissioner on Medicaid and Chip Payment and Access Commission

Gary and Mary West PACE: Offering comprehensive medical and social services to frail community-dwelling seniors

- **Thomas L. Reiter, BS**, Executive Director, Gary and Mary West PACE of Northern San Diego
- **Shawn Bloom, MS**, President and CEO of the National PACE Association

Gary and Mary West Senior Emergency Care Unit at UC San Diego Health: Delivering enhanced emergency services designed to meet the unique needs of seniors

- **Ted Chan, MD**, Professor and Chair of the Department of Emergency Medicine, UC San Diego
- **Jon Zifferblatt, MD, MPH**, Senior Director Clinical, West Health Institute

4:00 – 4:15 P.M. CLOSING REMARKS: TAKING POSITIVE ACTION TO SHAPE THE FUTURE OF

HEALTHCARE DELIVERY FOR SENIORS

- **Shelley Lyford, MA**, President and CEO, West Health

4:15 – 5:00 P.M.

POSTER SESSION AND RECEPTION