

AMERICAN GERIATRICS SOCIETY 2026 VIRTUAL ANNUAL SCIENTIFIC MEETING

FRIDAY, MAY 1, 2026

CONCURRENT SESSIONS

10:00 – 11:00 AM EASTERN

MANAGING CHRONIC PAIN AND OPIOID COMPLEXITY IN OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Moderator: Kimberly J. Beiting, MD

Chronic pain, aging, serious illness, and substance use often overlap and present diagnostic and management challenges. Clinicians caring for older adults in geriatric and primary care settings regularly encounter situations that add to opioid management complexity, such as high-risk prescription medication use or substance use disorder, comorbidities, or geriatric conditions. This clinically focused session will use a case-based approach to highlight evidence-based strategies for assessing and treating chronic pain and managing opioid complexity. There will be a focus on the clinical use of buprenorphine, non-pharmacological interventions, and discussions about other modalities. Learning Objectives: (1) describe how bidirectional relationships between substance use and pain necessitate assessment and treatment of both conditions; (2) compare different formulations of buprenorphine and how buprenorphine can be used for older adults with chronic pain and opioid use disorder; (3) describe non-pharmacological interventions for chronic pain in older adults; and (4) explore special considerations in caring for older patients with chronic pain and substance use disorder, including other opioid and non-opioid pharmacological interventions and harm reduction approaches.

The Clinical Approach of Older Adults with Chronic Pain and Opioid Complexity

Katie Fitzgerald Jones, PhD

Utilizing Buprenorphine for Chronic Pain and Opioid Use Disorder

Serena Cheng, PharmD, BCACP

Psychological Interventions for Chronic Pain in Older Adults

Lisa R. LaRowe, PhD

Special Considerations in Caring for Older Adults with Pain and Opioid Use Disorder

Benjamin H. Han, MD, MPH

10:00 – 11:00 AM EASTERN

ADDRESSING CARE DELIVERY IN PALTC - HOW TO BRIDGE THE GAPS AND DELIVER EXCELLENT GERIATRIC CARE IN NURSING HOMES

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Post-Acute & Long-Term Care Special Interest Group

Moderator: Nicole M. Orr, MD, FACC

This session will examine gaps in care delivery within post-acute and long-term care (PALTC), particularly in nursing home (NH) settings, where clinical complexity often outpaces available resources and systems. Learning Objectives: (1) identify key barriers that limit practicing the standard of care and implementing best practices in caring for patients in PALTC, with particular attention to how systemic challenges contribute to health inequities and disparities among older adult populations; (2) gain an understanding of the key findings in the NASEM report and its significance in driving systemic change and improving

quality in PALTC settings; (3) utilize practical, evidence-based strategies including GWEP Project ECHO, principles from the Hartford Foundation Teaching Nursing Home Model, and the evidence-based “4M” framework, so that geriatricians and interprofessional teams can optimize the quality of care delivered to the disadvantaged NH population and improve patient outcomes as well as collective staff engagement in these lofty efforts to deliver truly age-friendly care; and (4) utilize validated prognostic models to support shared decision-making discussions for patients and families in post-acute and long-term care.

Transforming PALTC: Insights and Implications from the NASEM Report

Annie S. Rhodes, PhD, MS

Bridging Gaps in Geriatric Care: Leveraging the GWEP Project ECHO® Model for Interprofessional Education and Quality Improvement

Theodore M. Johnson, MD, MPH

The Teaching Nursing Home Model: Creating Nursing Schools and Nursing Home Partnerships

Jane E. Carmody, DNP, MBA, BSW, RN, CENP, NEA-BC, FAAN

Implementing the 4-M Framework Model in PALTC: What Matters, Medication, Mentation, and Mobility for NH Residents

Sangeetha Shan-Bala, MD

Integrating Prognosis in Post-Acute and Long-Term Care

W. James Deardorff, MD

10:00 – 11:00 AM EASTERN

GERIATRICIANS AS UNEXPECTED LEADERS: ENHANCING CODING AND DEMONSTRATING VALUE ACROSS CARE AND PAYMENT MODELS

Track: Models of Care CME/CE: 1.0

Sponsored by the Quality Measures and Performance Committee

Moderator: Claire Davenport, MD, MS

This session explores how accurate and strategic coding across diverse care models; outpatient fee-for-service, inpatient, and Medicare Advantage, can be leveraged to support the growth and sustainability of geriatrics. Learning Objectives: (1) analyze how coding practices in three models influence the visibility, value, and sustainability of geriatrics programs; (2) compare health system strategies that have successfully used coding improvement efforts to expand geriatrics services or collaborations; (3) design a quality improvement approach to enhance coding accuracy and alignment with age-friendly care goals in a specific care setting; and (4) apply coding-enhanced insights to advocate for geriatrics integration within institutional population health and financial models.

Outpatient Fee for Service Geriatrics: RAF Score and HCC Importance

Parul M. Goyal, MD

Inpatient Geriatrics: Balancing Quality Care with Operational and Financial

Nimit Agarwal, MD, MBA, AGSF

Managed Care and Value-Based Geriatrics: Aligning Risk Adjustment and Quality

Victor J. Legner, MD

10:00 – 11:00 AM EASTERN

INSPIRING AND SUSTAINING AN AGING RESEARCH CAREER THROUGH THE UPS AND DOWNS OF LIFE

Track: Research CME/CE: 1.0

Sponsored by the Research Committee

Co-Moderators: Christine K. Liu, MD, MS & Kah Poh Loh, MD, MS, FASCO, FACCC, AGSF
Panelists: Megan J. Huisinigh-Scheetz, MD, MPH; Thomas K.M. Cudjoe, MD, MPH, MA; Sara E. Espinoza, MD; Kenneth Schmader, MD

The AGS Research Committee and the Research Methods Subcommittee have coordinated this unique and timely session to facilitate an exchange of strategies among aging researchers for maintaining resilience throughout an aging research career lifespan. This session will feature representatives from pivotal stages of training: medical school, fellowship, junior faculty, mid-career faculty, senior faculty and retirement. These representatives were selected to highlight the unique challenges inherent at each juncture of an aging research career. We will harness their extensive and varied experience to delineate vital strategies for surmounting these challenges and sustaining resilience. In addition, we will explore avenues through which we can collectively bolster and fortify the broader community of aging researchers. Learning Objectives: (1) identify key professional and personal challenges encountered across major stages of an aging research career, including medical training, fellowship, junior faculty, mid-career, senior faculty, and retirement; (2) describe evidence-informed strategies to foster resilience, adaptability, and sustained scholarly productivity throughout the lifespan of an aging research career; (3) recognize common inflection points (e.g., funding transitions, leadership roles, caregiving responsibilities, burnout) that may impact career trajectory and research sustainability; and (4) develop a personalized framework for navigating career transitions while maintaining alignment with long-term professional goals in aging research.

10:00 – 11:00 AM EASTERN

BETTER TOGETHER: TEAM SOLUTIONS FOR BETTER GERIATRIC CARE PAPER SESSION

Track: Research CME/CE: 1.0

Developed by the Research Committee

Moderator: Lillian Min, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Annual Wellness Visit Compliance Rate in an Academic Geriatrics Practice: A Quality Improvement Initiative

Shahrzad Tehranian, MD

Measuring Functional Status Among Older Veterans in Primary Care: Implementation Outcomes of a Hybrid Type II Trial

Rebecca T. Brown, MD, MPH

Melodies for the Mind: Implementing a Nurse-Driven Personalized Music Playlist Intervention for Hospitalized Older Adults

Jody Sharninghausen, MD & Kathleen M. Faherty, MSN, RN-BC

Nursing Staff's Response to Incorporating a Multi-Modal Sleep Hygiene Bundle to Reduce Incident Delirium in Older Adults

Kathryn S. Agarwal, MD

SECTIONS

10:00 – 11:00 AM EASTERN

RESIDENT & STUDENT SECTION

Track: Networking

Faculty Advisors: Maura Brennan, MD, AGSF, Kathryn Denson, MD & Lisa Strano-Paul, MD
All residents and students are encouraged to attend this combined section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS. Geriatricians will be present to discuss geriatrics as a career and opportunities in the field.

10:00 – 11:00 AM EASTERN

NURSES SECTION

Track: Networking

Chair: Margaret I. Wallhagen, PhD, GNP-BC, AGSF

Join other nurses, nursing students, and AGS leaders at this special session. The Section meeting will also include time for networking and presentations by AGS nursing leaders.

10:00 – 11:00 AM EASTERN

TEACHERS NETWORKING SECTION MEETING

Track: Networking

Chair: Nina Blachman, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

PLENARY SESSION

11:15 AM – 12:00 PM EASTERN

THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE: ALIGNING MEDICATIONS WITH WHAT MATTERS MOST: CHALLENGES AND OPPORTUNITIES IN ADVANCING PERSON-CENTERED DEPRESCRIBING

Track: Research

CME/CE: .75

Presenter: Ariel R. Green, MD, MPH, PhD

At the heart of geriatric medicine is thoughtful, person-centered prescribing — ensuring every older adult is on the right medications, at the right doses, for the right reasons — and nothing more. This sounds simple but is difficult to achieve in practice. Dr. Green, a geriatrician and researcher, will provide an overview of emerging research on deprescribing for older adults with multiple chronic conditions, emphasizing key challenges for the field, gaps in evidence, and the need for more person-centered and system-level approaches to medication stewardship. She will point toward next steps in research to better align medications with what matters most to older adults. Learning Objectives: (1) describe current evidence and limitations in deprescribing research for older adults; (2) recognize multilevel challenges to implementing and communicating about deprescribing; and (3) identify critical gaps and next steps for advancing deprescribing research.

CONCURRENT SESSIONS

12:15 – 1:15 PM EASTERN

PHARMACOTHERAPY UPDATE: 2026

Track: Clinical Practice

CME/CE: 1.0

Sponsored by the Pharmacists Section

Moderator: Megan Carr, PharmD, BCPS, BCGP

The purpose of this symposium is to educate the audience and summarize the changes over the past year in pharmacotherapy. The speakers will examine information regarding newly approved medications, as well as clinical implications, including potential adverse effects, related to medication formulations. Learning Objectives: (1) communicate the indication for use, mechanism of action, pharmacokinetics, dosing, safety, and drug interactions for newly approved medications; (2) compare potential advantages and disadvantages of incorporating new medications into clinical practice; (3) discuss Medicare Part D and recent industry changes that impact access to and the promotion of medications use that contributes

to polypharmacy; and (4) describe community-based models that address both medication access to and the appropriate use of medications.

Newly Approved Medications and Place in Therapy for Older Adults

Hien T. Nguyen, PharmD, BCGP

Medicare and Medication Optimization: Navigating Access and Appropriate Use

Gina Upchurch, RPh, MPH

12:15 – 1:15 PM EASTERN

AGE FRIENDLY HEALTHCARE THROUGH INTERPROFESSIONAL EDUCATION

Track: Education CME/CE: 1.0

Moderator: Donald A. Jurivich, DO

Sponsored by the Education Committee

This session focuses on innovations in Interprofessional Education and thus helps attendees learn the need for and value of emerging approaches that optimize team - based, age-friendly care for older adults. Learning Objectives: (1) elevate learners' knowledge and skills of interprofessional collaboration's role in helping to address the Geriatric 4Ms as well as social determinants of health (SDOH) leading to culturally responsive communication, and the development of coordinated care plans that equitably meet the needs of diverse populations; (2) implement updated IPE competencies along with performance evaluations in healthcare education; and (3) adopt innovative strategies to promote IPE through team - based competitions and interprofessional pop - up events centered around the Geriatric 4Ms.

IPE Innovations: Team Competition to Advance the Geriatric 4Ms

Marla L. Berg-Weger, PhD, LCSW & Kristine M.C. Talley, PhD, CNP, RN, FGSA

IPE Innovations: Interprofessional Education Pop-Ups to Promote Team-Based Application of the Geriatric 4Ms

Sc linda Janssen, PhD, OTR/L, CLA, FAOTA & Denisé G. Dews, MSW

IPE Update: Practical Applications of the New IPE Competencies and Resources to Develop Team-Based Care with Team STEPP 3.0

Eric L. Johnson, MD

12:15 – 1:15 PM EASTERN

BRIDGING THE DISTANCE: TACKLING SOCIAL ISOLATION AND LONELINESS WITH A MULTIDISCIPLINARY PERSPECTIVE

Track: Ethnogeriatrics CME/CE: 1.0

Moderator: Vanessa Rodriguez, MD

Sponsored by the Ethnogeriatrics Committee

The “loneliness epidemic” presents a growing barrier to quality of life in the United States, with older adults disproportionately affected. Learning Objectives: (1) identify interdisciplinary strategies from geriatric medicine, spiritual care, social work, and community-based programs that effectively address and mitigate social isolation; (2) evaluate real-world interventions, such as spiritual assessment tools, home safety redesigns, and social prescribing, for their impact on physical, emotional, and social well-being in older adults; and (3) apply culturally responsive and collaborative approaches to promote connectedness, reduce disparities, and enhance quality of life among diverse and underserved aging populations.

Recognizing and Addressing the Spiritual Needs of Older Adults

Sarah McEvoy, MDiv, JD, NHA, Chaplain

Living Better by Design: Promoting Safe and Healthy Aging at Home

Laura Colin Klein, MBA, MSW

Social Prescribing to Address Social Isolation and Loneliness in Older Adults

Chris Appleton

12:15 – 1:15 PM EASTERN

PROMOTING SCIENCE: PRACTICAL ADVICE TO MAXIMIZE THE IMPACT AND VALUE OF EVIDENCE BEYOND PUBLICATION

Track: Professional Development CME/CE: 1.0

Sponsored by the Junior Faculty Research Special Interest Group

Moderator: W. James Deardorff, MD

It has become increasingly important for geriatric providers, researchers, policy makers, and other professionals to promote their work and maximize the impact of their accomplishments. The benefits include public awareness and interest around a research topic, promoting future funding opportunities and investment, personal professional development and advancement, and an increased national presence on a topic. Learning Objectives: (1) write a compelling narrative piece to promote awareness and interest in a topic or cause; (2) collaborate with the media to translate research for a broader lay audience; and (3) utilize digital audio media outlets or podcasts to engage with a broader scientific audience.

The Power of Narratives to Promote Awareness and Generate Support in Geriatrics

Eugene W. Ely, MD, MPH

Science in the Media – How Geriatrics Professionals Can Effectively Engage with News Outlets to Promote Their Work

Paula Span

Scientific Podcasts – Using Digital Audio Media to Present Your Work to a Broader Audience

Alexander K. Smith, MD, MS, MPH

12:15 – 1:15 PM EASTERN

NEW TOOLS FOR OLD PROBLEMS: ADVANCING FUNCTIONAL ASSESSMENT IN AGING PAPER SESSION

Track: Research CME/CE: 1.0

Developed by the Research Committee

Moderator: Joseph V. Agostini, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Exercise Interventions to Improve the Sixth Vital Sign (Gait Speed) in Older Adults: A Systematic Review and Meta-Analysis

Elizabeth D. Zhou, BHSc

Development of Novel Patient-Reported Outcome Measures for Older Adults Following Hospital Discharge

Claire Morton, MD

Relationship Between Pre Critical Illness Handgrip Strength and Post Critical Illness Disability

Joshua I. Gordon, MD

Development and Validation of a Severity-Stratified Predictive Model for Undiagnosed Alzheimer's Disease and Related Dementias in the Emergency Department

Natalia Festa, MD, MHS

12:15 – 1:15 PM EASTERN

CPT CODING: BEYOND BASIC E/M

Track: Clinical Practice CME/CE: 1.0

Moderator: Peter Hollmann, MD, AGSF

Learning Objective: (1) discuss care management services, including what is new; (2) review advance care planning services, including anything new; and (3) describe collaborative behavioral health and other services, including what is new.

PLENARY SESSION

1:30 – 2:30 PM EASTERN

ADVANCING PUBLIC POLICY THAT SUPPORTS ALL OF US AS WE AGE

Track: Public Policy CME/CE: 1.0

Presenters: Paul L. Mullhausen, MD, MHS, FACP, AGSF, Audrey K. Chun, MD, MPH, AGSF; William Hung, MD, MPH

This session will provide an update on AGS' primary areas of public policy focus including ensuring the healthcare workforce has the skills and knowledge to care for older adults, building on enhancements to Medicare payment for people living with chronic disease, supporting aging research that is critical to increasing the healthspan, and improving healthcare delivery and quality of care for older Americans.

Learning Objectives: (1) describe legislative and regulatory opportunities for influencing public policy; (2) discuss how AGS incorporates new public policy priorities into its existing advocacy efforts; and (3) review how the Society works in coalition.

CONCURRENT SESSIONS

2:45 – 3:45 PM EASTERN

AN UPDATE ON SLEEP APNEA AND SLEEPING PILLS IN OLDER ADULTS: NAVIGATING NEW EVIDENCE AND NEW SLEEP MEDICINES

Track: Clinical Practice CME/CE: 1.0

Moderator: Cathy A. Alessi, MD

This symposium will provide an evidence-based, clinically focused update on three common and important sleep management issues we face in helping our older patients -- the recognition and ongoing management of sleep apnea, effective methods for deprescribing potentially inappropriate sleep medications, and evidence on the use of newer classes of sleep medicines in older adults. Learning Objectives: (1) identify updates and latest evidence that can be applied in the recognition and management of sleep apnea in older patients; (2) recognize evidence-based, non-pharmacologic approaches to help patients discontinue potentially inappropriate sleep medications; and (3) describe the categories and mechanisms of action of newer classes of sleep medications and evidence regarding use of these agents in older adults.

Sleep Apnea in Older Adults – A Clinician's Update for 2026

Sara Pasha, MD

Effective Non-Pharmacologic Approaches to Deprescribing Sleep Medications in Older Adults

Constance H. Fung, MD, MSHS

What About the “Newer” Sleep Medications – Evidence in Older Adults

Brienne B. Miner, MD, MHS

2:45 - 3:45 PM EASTERN

ACUTE ILLNESS, RESILIENT RESPONSES: ADVANCING PHYSICAL RESILIENCE IN GERIATRIC ACUTE CARE

Track: Clinical Practice CME/CE: 1.0

Moderator: Thomas Laskow, MD

This symposium will explore innovative approaches to understanding and predicting physical resilience in older adults within acute care settings. Anchored by a newly proposed conceptual framework of physical resilience in geriatric medicine, the session will integrate perspectives from clinical research, data science, and emerging technologies to highlight how resilience can be measured, monitored, and supported during episodes of acute illness. Learning Objectives: (1) review the current state of physical resilience research in acute care, including conceptual frameworks and clinical relevance for recovery in older adults; (2) describe how assessments of structural clinical features, such as grip strength, and dynamic processes, such as standardized stress response tests, can be combined to profile, monitor and evaluate resilience in hospitalized older adults; (3) explain how EHR data and AI-based tools can support the prediction of recovery trajectories and help guide clinical decision-making in acute care settings; and (4) discuss how resilience-informed approaches can help identify and address disparities in functional recovery and support more equitable care for older adults.

Introduction to a Generic Resilience Framework for Geriatric Medicine

René Melis, MD, PhD

Functional Forecasting in Acute Care: Predicting Resilience from EHR Data

Juliessa M. Pavon, MD, MHS

Combining Structure and Dynamic Indicators for Resilience Profiling to Predict Outcomes in Older Patients Admitted to the Acute Medical Unit

Kirsten Bos, MSc

2:45 - 3:45 PM EASTERN

INTEGRATING LIFESTYLE MEDICINE WITH THE 4MS: A PRACTICAL FRAMEWORK FOR OPTIMAL AGING

Track: Models of Care CME/CE: 1.0

Sponsored by the Geriatric Academic Career Award Special Interest Group

Moderator: Kristen J. Neises, APRN, FNP-C, DipACLM

This session introduces an integrated framework that combines the evidence-based pillars of Lifestyle Medicine with the 4Ms of age-friendly care to support healthy aging, chronic disease prevention, and patient-centered outcomes. Learning Objectives: (1) describe how lifestyle medicine interventions align with the 4Ms Framework to improve outcomes in older adults; (2) list practical strategies to incorporate this model into education, clinical workflows, or community programs; and (3) apply principles of health equity when delivering lifestyle interventions that address What Matters, Mentation, Mobility, and Medications.

Building the Bridge: Integrating Lifestyle Medicine and the 4Ms Framework to Advance Optimal Aging

Kristen J. Neises, APRN, FNP-C, DipACLM

Applying Practical Strategies of Lifestyle Medicine Within a 4M Model

Kelly J. Freeman, MSN, AGPCNP-BC

Age-Friendly Mentation: Community-Based Strategies for Cognitive Health and Lifestyle Integration

Samantha G. Cotton, PhD

2:45 - 3:45 PM EASTERN

AGE FRIENDLY HEALTHCARE INITIATIVES IN THE VETERANS ADMINISTRATION

Track: Research

CME/CE: 1.0

Moderator: Daniel Forman, MD

While funding for Veterans Administration research has weathered some significant challenges over the last year, it still has successfully advanced Age Friendly healthcare initiatives that significantly enrich excellence in the care of older adults. Both clinical innovation and integrated research initiatives have progressed. In a one-hour session, the AGS research committee will present an overview of the remarkable Age Friendly VA initiatives, as well as the broader context opportunities in VA innovation and research. Speakers will address the value of the Age Friendly Health construct to provide care that is holistic and programmatic for older adults. The speakers will highlight the VA's leadership in advancing clinical innovation and research, and the integrated research overviews are intended to spark ideas and insights among the audience. Learning Objectives: (1) clarify VA State of the art oriented to Age Friendly Healthcare; (2) describe the state of current VA research oriented to older adults, both in respect to overall stability, funding priorities, and funding process, both in respect to Age Friendly SOTA as well as other initiatives; and (3) foster opportunities to learn from other investigators about their own research journeys, highlighting successes and challenges that relate to the first 2 talks.

Age Friendly Health Systems initiative State of the Art (SOTA) Research Meeting

Andrea N.W.Schwartz, MD, MPH

Overview of the State of Current VA Aging Research Initiatives

Holly K. Krull, PhD

Concrete Examples on How to Structure Applications to Maximize Their Programmatic Relevance via the Age-Friendly and Other Aging Research Initiatives

Clark Dumontier MD, MPH & Una Makris MD, MSc

2:45 – 3:45 PM EASTERN

GERIATRIC EDUCATION MATERIALS AND METHODS SWAP

Track: Education

CME/CE: 1.0

Sponsored by the Teachers Section and the Education Committee

Moderator: Mariah Robertson, MD, MPH

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

Assessing Physician's Understanding, Awareness, and Screening Practices for Hearing Loss in Older Adults

Jenna L. Pellizzari, BS

Real Time Researcher: Leveraging Technology and Learner Drive to Accelerate Confidence in Evidence Based Practice

Jinsung Kim, MD

Impact of a Peer-Led Geriatrics 5M's Educational Workshop on Internal Medicine Residents

Adam Ricker, MD

Note-ably More Comprehensive: Using Consult Note Templates to Train Residents to Think Like Geriatricians

Emily S. Long, MD, MA

2:45 – 3:45 PM EASTERN

CLIN-STAR PAPER SESSION

Track: Research CME/CE: 1.0

Developed by the Research Committee

Moderator: Thomas Robinson, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Impact of a Geriatric Perioperative Assessment Program in Older Adults

Arpita B. Shah, MD, MPH

High-Risk Medication Prescribing among Older Adults in the Emergency Department: A National Assessment

Sarah Follman, MD

Implementation of an Automated EHR-Based Advanced Care Planning Intervention in Primary Care

Sarah Nouri, MD, MPH

Trends in Clinical Complexity and Outcomes of Older Adults Undergoing Inpatient General Surgery

Caroline Yoon

POSTER SESSION

2:45 - 3:45 PM EASTERN

POSTER SESSION C: STUDENTS & RESIDENTS

Track: Research

Sponsored by the AGS Health in Aging Foundation

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

PLENARY SESSION

4:00 - 5:30 PM EASTERN

ALZHEIMER'S DISEASE: WHAT A GERIATRICIAN SHOULD KNOW ABOUT NEW TREATMENTS AND TESTS

Track: Clinical Practice CME/CE: 1.5

Co-Moderators: Esther S. Oh, MD, PhD and Heather E. Whitson, MD, MHS

Two geriatricians who specialize in the diagnosis and treatment of memory disorders will discuss recent advances in Alzheimer's disease diagnosis and care options. The session will address current evidence and care recommendations for anti-amyloid antibody therapy and blood-based biomarkers. The speakers will share their experiences with how new diagnosis and treatment modalities are impacting providers and

patients and their families. The session will include a 15-minute Q&A. Learning Objectives: (1) describe how and when to incorporate blood tests into a clinical work up of suspected Alzheimer's disease; (2) describe risks, benefits, and eligibility factors associated with anti-amyloid antibody therapy for Alzheimer's Disease; and (3) list common misperceptions about new AD treatments or tests, which you can help to dispel.

Blood-Based Biomarkers in AD: What's New and What's Around the Corner

Heather E. Whitson, MD, MHS

Anti-Amyloid Antibody Therapy in AD: Risks, Benefits and Eligibility

Esther S. Oh, MD, PhD

SPECIAL INTEREST GROUPS

6:00 - 7:00 PM EASTERN

CARE TRANSITIONS

Track: Networking

Co-Chairs: Ugochi Oluabunwa, MD & Jessica Wright, PA-C

The mission of this SIG is to improve outcomes for vulnerable older adults moving across different healthcare settings through the better execution of care transitions. We assemble geriatricians and other geriatrics professionals with a common interest in improving care transitions through education, quality improvement, and research. We strive to serve as a resource to develop educational sessions at AGS Annual Scientific Meetings, and serve as AGS' main forum for discussion, collaboration, and advocacy on care transitions issues.

6:00 - 7:00 PM EASTERN

ETHNOGERIATRICS

Track: Networking

Co-Chairs: Olga Olivares-Herrera, MD

The Ethnogeriatrics SIG is open to anyone with an interest in the relationship between aging, ethnicity, clinical practice, and research. We work to identify challenges and practical solutions to providing appropriate care to different cultures and ethnicities in our diverse country.

6:00 - 7:00 PM EASTERN

GERIATRIC ACADEMIC CAREER AWARD (GACA)

Track: Networking

Co-Chairs: Mary Bonnett, MD; Emily Coskun, MD; Evan Henricks, MD; Kristen Martin, MD

The GACA SIG seeks to promote the career development and longitudinal professional growth of GACA awardees.

6:00 - 7:00 PM EASTERN

INFORMATION TECHNOLOGY ISSUES

Track: Networking

Chair: Sean Huang, MD

The mission of the IT Issues SIG is to establish a venue for members with an interest in Information Technology as it applies to geriatrics. We see Electronic Health Records (EHR) as a means for improving medical care by reducing error rates, improving efficiency, augmenting communication, facilitating optimal reimbursement, and decreasing expenses. We seek to provide information, support, and an organized center for coordinating information and resources to optimize the use of EHRs in senior healthcare environments like ambulatory and long-term care healthcare settings.

6:00 - 7:00 PM EASTERN

MAKE IT SAFE TO GROW OLD! ACCOUNTABLE CARE COMMUNITIES FOR FRAIL ELDERLY

Track: Networking

Chair: Joanne Lynn, MD, MS

The mission of this SIG is to share information on the proposals, models of care, community integration collaboration networks, and politics that center on building geographic reforms across all service providers.

6:00 - 7:00 PM EASTERN

OLDER ADULTS FACING CHRONIC KIDNEY DISEASE AND / OR KIDNEY FAILURE

Track: Networking

Co-Chairs: Christine K. Liu, MD, MS & Devika Nair, MD, MSCI

The mission of this SIG is to discuss the ways interdisciplinary collaboration can help older adults and their family members feel supported in the dialysis vs conservative management decision making process; to collaborate on how to create co-management geriatrics and renal subspecialty clinics; and to foster research on outcomes that affect the quality of life of older adults with kidney disease, such as falls, re-hospitalization rates, and end of life care.

6:00 - 7:00 PM EASTERN

OSTEOPOROSIS AND METABOLIC BONE DISEASES

Track: Networking

Co-Chairs: Sarah Berry, MD, MPH & Cathleen Colon-Emeric, MD, MHS

The mission of this SIG is to discuss future strategies to promote improved education and care for bone loss in older adults.

6:00 - 7:00 PM EASTERN

PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS

Track: Networking

Co-Chairs: Claire Davenport, MD, MS & Ardeshir Hashmi, MD, FACP, AGSF

Older adults with multiple chronic conditions (MCC) receive care that is fragmented, burdensome, and most importantly is not focused on what matters most to them. There is little evidence to guide disease-specific care for people with MCC, who are generally excluded from randomized controlled trials, leading to uncertainty in decision-making for clinicians. Guideline-driven care is not always applicable to older adults with multiple chronic conditions, as it may not accrue the expected benefits and may lead to treatment burden. Most importantly, this care may not be focused on what matters most to persons with MCCs, the health outcomes they prioritize when faced with tradeoffs and the treatments they are willing and able to adhere to. This Special Interest Group aims to identify alternatives to disease guideline-based care, specifically ways to implement patient priorities aligned decision making. Patient priorities aligned decision making calls upon patients and caregivers to articulate their health priorities; communicate those priorities to all team members; patients, caregivers and clinicians then together choose the healthcare best aligned with these health priorities.

6:00 - 7:00 PM EASTERN

POST-ACUTE AND LONG-TERM CARE

Track: Networking

Co-Chairs: Elena Cabb, MD & Nicole M. Orr, MD, FACC

The mission of this SIG is to serve as a resource and voice to the AGS, the public, healthcare practitioners, policy makers, and various educational centers regarding issues on the availability, delivery, quality and regulation of long-term care (LTC) in the U.S.

6:00 - 7:00 PM EASTERN

JAGS EDITORIAL BOARD MEETING

Track: Governance