

# FRIDAY, MAY 9, 2025

**7:00 AM – 8:00 AM**  
**COFFEE/TEA**

**7:00 AM – 8:30 AM**  
**BECOMING A MULTIPLE CHRONIC CONDITIONS (MCCS) RESEARCH CHAMPION**  
Track: Research                      CME/CE: None  
Description coming soon.

## CONCURRENT SESSIONS

**7:30 AM – 8:30 AM** (this session will also be available on-demand)

### **UPDATE ON HEART FAILURE: WHAT GERIATRICS PROVIDERS NEEDS TO KNOW**

Track: Clinical Practice              CME/CE: 1.0

Moderator: Michael W. Rich, MD, AGSF

Heart failure affects more than 10% of adults 75 years of age or older and is a leading cause of hospitalization, impaired quality of life, and mortality. This session will review recent advances in the field of heart failure as they apply to older adults, including pharmacotherapy, implanted devices, and exercise interventions. The session concludes with a discussion of the role of palliative care in the management of older patients with heart failure. Learning objectives: (1) describe the benefits and risks of SGLT2-inhibitors and GLP-1 receptor agonists in management of older adults with heart failure; (2) define the indications for and outcomes associated with cardiac resynchronization therapy and implantable defibrillators in older patients with heart failure; (3) describe the role of exercise and cardiac rehabilitation in the treatment of heart failure in older adults; (4) discuss the utility of palliative care and its place in the trajectory of care of older adults with heart failure.

#### **Sodium-Glucose Cotransporter-2 (SGLT2) Inhibitors**

Andrew Zullo, PharmD

#### **Glucagon-like Peptide-1 Receptor Agonists**

Parag Goyal, MD

#### **Device Therapy in Older Adults with Heart Failure**

Dan Matlock, MD, AGSF

#### **Exercise and Cardiac Rehabilitation**

Daniel Forman, MD

#### **Palliative Care**

Sarah Goodlin, MD

#### **Panel Discussion and Q & A**

**7:30 AM – 8:30 AM**  
**NAVIGATING THE CMS GUIDING AN IMPROVED DEMENTIA EXPERIENCE (GUIDE) MODEL: SUCCESSES AND CHALLENGES FROM FOUR HEALTHCARE SYSTEMS**

Track: Models of Care              CME/CE: 1.0

*Sponsored by the Nurses Section, Quality and Performance Measurement Committee, Clinical Practice and Models of Care Committee, Health Systems Innovation and Technology Committee, Health Systems Leadership SIG, Clinical Research in Dementia SIG, and Dementia Care and Caregiver Support SIG*

Moderator: Shari Ling, MD, CMS

This symposium will highlight GUIDE model strengths and weaknesses in the care delivery requirements and evaluation plan and detail the unique experiences of four established sites that implemented GUIDE in July 2024. Learning Objectives: (1) recognize the strengths, weaknesses, and gaps of the new CMS GUIDE demonstration program and evaluation plan; (2) describe the evidence base and core elements of a comprehensive dementia care management program; (3) compare and contrast the real-world experiences and lessons learned from 4 diverse sites in adapting established dementia care management programs to the GUIDE model; (4) identify barriers and facilitators to implementing GUIDE, including resources for implementation support and the role of electronic health record optimization in effective dementia care management; (5) identify strategies to promote health equity and reduce disparities in dementia care access and delivery, including enrolling diverse older persons and their caregivers in dementia care management programs.

**Implementing GUIDE in a Rural Academic Health System: Triumphs and Pitfalls**

Lee A. Jennings, MD, MSHS

**Integrating Serious Illness Care into Primary Care Delivery for Persons with Dementia: CARIÑOS En Su Casa – UT Health San Antonio GUIDE Model**

Neela K. Patel, MD, MPH, CMD, FAAFP, AGSF

**Implementing GUIDE: A Year of Lessons Learned from Integrated Memory Care**

Carolyn Clevenger, DNP

**Electronic Health Record (EHR) Facilitation of Patient Enrollment and Dementia Care Management Program in an Urban Health System: The Cedars-Sinai C.A.R.E.S. Program**

Zaldy Tan, MD

**7:30 AM – 8:30 AM**

**THE FUTURE OF GERIATRIC MEDICINE IN THE UNITED STATES**

Track: Research CME/CE: 1.0

*Sponsored by the Junior Faculty Research Career Development SIG*

Co-Moderators: Benjamin Seligman, MD, PhD & Sandra Shi, MD, MPH

Geriatric medicine is at a cross-roads: while major policy goals and new discoveries in aging biology promise to transform the field, low recruitment and retention and the marginalization of geriatricians threaten to end it. This session will cover how we got to this point and perspectives on how we approach our field in a way that embraces our unique expertise. Learning Objectives: (1) identify factors that influence the current state of Geriatric Medicine and underscore its continued importance in caring for older Americans; (2) identify the current gaps and future opportunities for improving Geriatrics health professions education; (3) identify Models of Care used to date and discuss their successes and challenges; (4) identify recent changes in healthcare and propose structures that could reduce burdens to families and healthcare systems that focus on care of older patients.

**The Paradoxical Decline of Geriatric Medicine**

Jerry H. Gurwitz, MD

**How We Train the Health Professionals Who Will Care for Us All as We Age: The Future of Teaching Geriatrics**

Andrea W. Schwartz, MD, MPH, AGSF

**Geriatric Models of Care: Past, Present, and Future**

Olivia W. Zachary, MD

**7:30 AM – 8:30 AM**

**GERIATRIC EDUCATION MATERIALS AND METHODS SWAP II**

Track: Education CME/CE: 1.0

*Sponsored by the Teachers Section and the Education Committee*

Moderator: TBD

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

**7:30 AM – 8:30 AM**

**ASSESSING AND ADDRESSING HEARING AND VISION IN INDIVIDUALS WITH COGNITIVE IMPAIRMENT**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Clinical Research in Dementia SIG*

Moderator: Esther S. Oh, MD, PhD, AGSF

This hands-on clinical skills workshop will cover two main topic areas by providing: 1) an introduction to hearing and vision impairment in individuals with cognitive impairment and 2) hands-on introduction to the assessment of hearing and vision in individuals with cognitive impairment in a geriatric clinical setting. Learning Objectives: (1) discuss the importance of screening for hearing and vision among individuals with cognitive impairment; (2) incorporate practical accommodations for individuals with cognitive impairment to address hearing and vision impairments in a clinical setting with an emphasis on reducing existing disparities; (3) conduct hearing and vision screening for individuals with cognitive impairment.

**Vision Impairment in Cognitive Impairment: What Is It? Why Does It Matter? What Can We Do?**

Kimberly Hreha, EdD, OTR/L

**Hearing Loss in Cognitive Impairment: What Is It? Why Does It Matter? What Can We Do?**

Carrie Nieman, MD, MPH

**Addressing Sensory Loss in Older Adults with Cognitive Impairment**

Esther S. Oh, MD, PhD, AGSF

**7:30 AM – 8:30 AM**

**PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**SECTIONS**

**7:30 AM – 8:30 AM**

**RESIDENTS SECTION**

Track: Networking

Organized by resident members of the AGS Resident Activities Subcommittee & Faculty Advisors Maura Brennan, MD, AGSF & Kathryn Denson, MD

All residents and 4th year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS.

Geriatricians will be present to discuss geriatrics as a career, and opportunities in the field.

**PLENARY SESSION**

**8:45 AM – 9:30 AM** (this session will also be available on-demand)

**AGS AWARDS CEREMONY**

Please join us as we honor and celebrate this year's prestigious award winners.

**9:30 AM – 10:15 AM** (this session will also be available on-demand)

**THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE**

Track: Research CME/CE: 1.0

Description coming soon.

## **CONCURRENT SESSIONS**

**10:30 AM – 11:30 AM** (this session will also be available on-demand)

**"OK, BUT WHAT SHOULD I USE INSTEAD?" ALTERNATIVES TO MEDICATIONS ON THE AGS BEERS CRITERIA®.**

Track: Clinical Practice CME/CE: 1.0

Last updated in 2023, the AGS Beers Criteria® remain one of the most frequently cited reference tools in geriatrics, detailing certain types of medications which may be inappropriate to prescribe to older people who are not receiving end of life care. AGS is now developing an accompanying tool to help health care providers find appropriate alternatives to those drugs. AGS convened a work group of experts across a variety of syndromes and diseases to develop a list of alternative treatments (pharmacologic and non-pharmacologic) to select drugs and conditions listed in the 2023 AGS Beers Criteria®. The presentation will focus on these alternatives, insights from the process of selecting them, and considerations for using these in clinical practice.

**10:30 AM – 11:30 AM**

**LIFESTYLE APPROACHES FOR THE PREVENTION AND REVERSAL OF FRAILITY**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Healthy Aging SIG*

Moderator: Halina Kusz, MD, FACP, AGSF

This session will review the latest evidence-based lifestyle medicine approaches to frailty prevention and reversal, and how clinicians can help patients to build motivation for behavior change. Learning Objectives: (1) describe the evidence base and current recommendations for lifestyle approaches for frailty prevention and reversal, including physical activity and mind-body programs, and nutrition; (2) apply knowledge of lifestyle approaches to frailty to clinical cases, selecting appropriate interventions and/or initiating referrals when appropriate; (3) utilize principles of behavior change when counseling a patient on initiating or maintaining lifestyle changes.

**Movement-Based Mind-Body Therapies for Frailty**

Julia Loewenthal, MD

**Coaching Older Adults to Engage in Physical Activity**

Sharon L. Kimble, PT, DPT

**How Can We Help Our Patients Optimize Their Dietary Patterns to Prevent or Even Reverse Frailty?**

Elizabeth Eckstrom, MD, MPH

**10:30 AM – 11:30 AM**

## **EMPOWERING AND ALLYING: STRATEGIES AND OPPORTUNITIES FOR SUPPORTING UNDERREPRESENTED IN HEALTHCARE TEAM MEMBERS IN GERIATRIC CARE**

Track: Professional Development

CME/CE: 1.0

*Sponsored by the Ethnogeriatrics Committee and the Achieving Health Equity Among Diverse Older Adults SIG*

Moderator: Laura K. Byerly, MD

This symposium will address the professional development and mentorship gap felt by underrepresented in healthcare (URiH) members of the field of geriatrics, including persons of color and persons of ethnic and cultural groups frequently not represented in healthcare. Learning Objectives: (1) describe current barriers and challenges for wellness and career growth for underrepresented geriatrics health care team members; (2) identify opportunities for fostering meaningful career advancement, culture change, and mentorship for underrepresented team members; (3) describe opportunities for inspiring wellness and resilience in the geriatrics field for underrepresented team members.

### **Broadening the Role of Sponsorship: How to Develop Strategies for Recruiting, Mentoring, And Promoting Underrepresented Team Members**

Lisa M. Walke, MD, MSHA, AGSF

### **Honing Your Intuition: How To Be an Informal Ally to Identify and Support Struggling Underrepresented in Healthcare Professionals**

Ella Bowman, MD, PhD, AGSF

### **Finding Success in Race-Discordant Mentorship: How to Optimize Your Mentorship Skills and Empower Underrepresented Healthcare Professionals**

Jasmine Travers, AGPCNP-BC, PhD, MHS, RN

**10:30 AM – 11:30 AM**

## **HEALTH SERVICES AND POLICY RESEARCH PAPER SESSION**

Track: Research

CME/CE: 1.0

*Developed by the Research Committee*

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**10:30 AM – 11:30 AM**

## **CPT CODING: BASIC PRINCIPLES AND PRACTICE**

Track: Clinical Practice

CME/CE: 1.0

Speaker: Peter Hollmann, MD

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: E/M (office and facility visit codes and Medicare Preventive Medicine codes) and an overview of coding and billing for the geriatrics professional. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; (3) interpret how to relate these to practice management.

**10:30 AM – 11:30 AM**

## **ALZHEIMER'S DIAGNOSTIC MODALITIES**

Track: Clinical Practice

CME/CE: 1.0

Facilitators: Jason Karlawish, MD & Kyra O'Brien, MD

This interactive workshop will focus on answering your questions about imaging and blood-based diagnostic biomarkers for Alzheimer's and other common causes of dementia. The audience will be led

through discussions of clinical cases highlighting the use and interpretation of imaging (MRI and PET), spinal fluid, and blood biomarkers in the evaluation of Alzheimer's disease (AD) and related causes of dementia. The audience will review imaging and blood biomarker findings and vote on their interpretation. Learning Objectives: (1) review biomarker studies and discuss their usage in the diagnosis of AD, vascular cognitive impairment, Lewy body disease, and Limbic-Predominant Age-Related TDP-43 Encephalopathy (LATE); and (2) assess the utility of blood-based biomarkers in evaluating for early-stage AD.

### **10:30 AM – 11:30 AM**

#### **JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP MEETING**

Track: Networking

Chair: Thomas K.M. Cudjoe, MD, MPH, MA

The Junior Faculty Research Career Development Meeting is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. This year will have a presentation by C. Barrett Bowling, MD, MSPH, the 2024 Yoshikawa Awardee for Outstanding Scientific Achievement in Clinical Investigation. This talk will be followed by a panel Q & A about career development and research funding

## **PLENARY SESSION**

**11:45 – 12:30 PM** (this session will also be available on-demand)

### **PUBLIC POLICY PLENARY**

Track: Public Policy

CME/CE: 1.0

Description coming soon.

**12:00 PM – 4:00 PM**

### **EXHIBIT HALL OPEN**

**12:30 PM – 1:30 PM**

### **POSTER SESSION C**

Track: Research

View the most current research in geriatrics. Authors will be available to discuss their findings and answer questions.

**12:30 PM – 1:30 PM**

### **WOMEN IN GERIATRICS SECTION MEETING**

Track: Networking

Co-Chairs: Lisa N. Miura, MD & Lee Jennings, MD, MSHS

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives.

**12:30 PM – 1:30 PM**

### **STUDENT SECTION**

Track: Networking

Organized by student members of the AGS Student Leadership Council & Faculty Advisor Lisa Strano-Paul, MD

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

**12:30 PM – 1:30 PM**  
**JAGS JUNIOR REVIEWER LUNCHEON**  
Track: Research

## **CONCURRENT SESSIONS**

**1:30 PM – 2:30 PM** (this session will also be available on-demand)

### **TACKLING OSTEOPOROSIS TREATMENT IN PRIMARY CARE**

Track: Clinical Practice CME/CE: 1.0

Moderator: Sarah Berry, MD, MPH

Learning Objectives: (1) determine who to screen, how to interpret DXA/TBS, and the new “osteoporosis” definition including those with high FRAX and T score -1 to -2.4; (2) review newer treatment options and when to consider them; (3) discuss long-term osteoporosis treatment planning in primary care

#### **DXA Do’s and Don’ts – Osteoporosis Screening in Primary Care**

Cathleen Colón-Emeric, MD, MHS

#### **Beyond Bisphosphonates**

Richard H. Lee, MD, MPH

#### **Sequencing, Suspending, and Stopping**

Meredith Gilliam, MD, MPH

**1:30 PM – 2:30 PM**

### **GERIATRIC SURGERY: STRATEGIES TO MITIGATE RISK OF POSTSURGICAL ADVERSE OUTCOMES**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Cardiovascular Diseases and Aging SIG*

Co-Moderators: Shaista Ahmed, MD, MPH & Michael W. Rich, MD

In this session, a multidisciplinary panel of experts in geriatric perioperative medicine will discuss recent advances in the field, with a special emphasis on delirium, nutrition, SDOH, and venous thromboembolism (VTE), with ample time allocated for audience participation and questions. Learning Objectives: (1) recognize early signs of delirium and implement evidence-based interventions to shorten its duration and limit its effect on associated adverse outcomes, including falls, functional decline, and increased length of stay; (2) provide individualized nutritional support can help mitigate complications of malnutrition; (3) assess SDOH to optimize surgical outcomes in at-risk older adults; (4) screen high-risk patients and utilize appropriate measures, including prophylactic anticoagulation and pneumatic compression devices to reduce and prevent postoperative VTE.

#### **Case Presentation**

Emma Lidwig, MD

#### **Delirium and Other Neuropsychiatric Disorders in the Perioperative Patient**

Sharon Inouye, MD

#### **Nutrition Matters: Perioperative Evaluation and Management**

Beth Doefler, RD

#### **VTE in Older Adults: Prevention and Management in the Perioperative Period**

Laurie Jacobs, MD

#### **Disparities in Surgical Outcomes in Older Adults and the Impact of Social Determinants of Health**

Kavya Sreevalsan, MD

**1:30 PM – 2:30 PM**

**IMPLEMENTING A HARM REDUCTION APPROACH TO THE CARE OF OLDER ADULTS TAKING PRESCRIPTION AND NON-PRESCRIPTION OPIOIDS**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Alcohol, Tobacco, and Other Drug Use among Older Adults SIG and the Achieving Health Equity Among Diverse Older Adults SIG*

Moderator: Benjamin Han, MD, MPH

This is an interactive, interprofessional workshop aiming to demonstrate how to incorporate harm reduction strategies into the care of older adults taking prescription and non-prescription opioids. Learning Objectives: (1) recognize harm reduction as an integral part of geriatrics care; (2) list best practices for prescribing opioids in older adults to maximize harm reduction; (3) prescribe buprenorphine for pain control and harm reduction in older adults; (4) demonstrate the use of intranasal naloxone, fentanyl test strips, and xylazine test strips.

**Introduction**

Kimberly J. Beiting, MD

**Harm Reduction in Geriatrics**

Justina Groeger, MD, MPH

**Identifying High-Risk Opioid Use in Geriatrics**

Justine Landi, MD

**Buprenorphine in Geriatrics**

Vassiliki Pravodelov, MD, FACP

**1:30 PM – 2:30 PM**

**LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Co-Moderators: Heather E. Whitson, MD, MHS; Camille P. Vaughan, MD, MS; Peter M. Abadir, MD  
Communications Coach: John P. Beilenson, MA (Strategic Communications & Planning)

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

**1:30 PM – 2:30 PM**

**LEADERSHIP CURRICULUM: LEADING IN ORGANIZATIONS**

Track: Professional Development CME/CE: 1.0

Teaching Faculty and Small Group Facilitators: Vanessa Rodriguez, MD; Helen Fernandez, MD, MPH; Greg Pawlson, MD, MPH; Roopali Gupta, MD; Caitlyn Kuwata, MD; Nisha Rughwani, MD; Lesca Hadley, MD; Martine Sanon, MD; Segun Apooso, MD; Rebecca Masutani, MD; Verónica Rivera, MD; Laurel Hansen, MD; Fiorella Pérez, MD; Pei Chen, MD

Geriatrics healthcare professionals are being asked to assume a wide variety of leadership positions in both academic and other healthcare organizations, requiring leaders that are highly skilled and adaptive to the increasing speed and number of changes occurring in the healthcare system and beyond. Learning



Objectives: (1) describe of the culture the teams you work in, and of those above and below your team in the organization; (2) discuss how formal and information norms and “rules” are present in organizations and approaches to modifying and changing them over tie; (3) review how leadership and followership are closely interdigitated -and the agility in moving from leader to follower within organizations and team; (4) effectively enhance and build on the positive aspects of diversity, inclusivity, equity and accessibility.

### **1:30 PM – 2:30 PM**

#### **TEACHERS NETWORKING SECTION MEETING**

Track: Networking

Chair: Nina Blachman, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

### **1:30 PM – 3:00 PM**

#### **WRITING AND REVIEWING FOR THE JOURNAL OF THE AGS (JAGS)**

CME/CE Credit: 1.5                      Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander K. Smith, MD, MS, MPH

This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Prior to the workshop, participants will be expected to have reviewed an online webinar that describes how a review for JAGS should be conducted and offers a working example of such a review. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; (3) review what steps are needed for improving the paper.

## **CONCURRENT SESSIONS**

**2:45 PM – 3:45 PM** (this session will also be available on-demand)

#### **STATE OF THE SCIENCE: ALZHEIMER'S DISEASE DIAGNOSIS AND THERAPEUTICS IN 2025**

Track: Clinical Practice                      CME/CE: 1.0

Co-Moderators: Esther S. Oh, MD, PhD & Julie Bynum, MD, MPH

This session will address biomarker and clinical assessments for the diagnosis of AD and will describe the current state of the science on amyloid antibodies. Learning Objectives: (1) utilize clinical and biomarker approaches to diagnosing Alzheimer's Disease (AD); (2) compare and contrast disease-modifying therapies for Alzheimer's Disease.

##### **State of the Science: Clinical and Biomarker Approaches to Diagnosing Alzheimer's Disease**

Jason Karlawish, MD

##### **State of the Science: Therapeutics for Alzheimer's Disease**

Esther S. Oh, MD, PhD

### **2:45 PM – 3:45 PM**

#### **OPTIMIZING MEDICATION QUALITY TO ADVANCE HEALTH EQUITY**

Track: Ethnogeriatrics                      CME/CE: 1.0

*Sponsored by the Research and Ethnogeriatrics Committees*

Moderator: Cynthia Boyd, MD, MPH

This session will address two critical issues in the management of older adults: the overprescribing of certain potentially inappropriate medications and the under-prescribing of appropriate medications in historically underserved groups, including racial and ethnic minoritized populations. Learning Objectives: (1) identify disease/medication areas where there are important disparities in under-prescribing of evidence-based medications; (2) identify medication areas where there are important disparities in over-prescribing of inappropriate medications; (3) examine how the social determinants of health, including structural racism, may lead to under- and over-prescribing of medications; (4) identify strategies to effectively communicate medication optimization with minoritized older adults and their care partners.

**Achieving Pharmacoequity: A Prescription for Health Justice**

Utibe Essien, MD, MPH

**Beyond the Prescription: How Social Determinants Drive Inappropriate Medication Use in Vulnerable Communities**

Michelle S. Keller, PhD, MPH

**Deprescribing Educational and Clinical Intervention for Community-Dwelling Black Adults with Multiple Chronic Conditions in Faith-based Communities**

DeLon Canterbury, PharmD

**2:45 PM – 3:45 PM**

**TACKLING PERSISTENT DYSPNEA: EXPERT STRATEGIES FOR OPTIMAL PATIENT CARE IN FRAIL OLDER ADULTS**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Post Acute and Long-Term Care SIG*

Moderator: Cari Levy, MD, PhD

This session will delve into the challenges and strategies associated with managing dyspnea among frail older adults. Learning Objectives: (1) enhance participants' knowledge of the pathophysiology and common etiologies of dyspnea in older adults; (2) develop competence in the application of evidence-based guidelines for managing chronic respiratory diseases, heart failure, and deconditioning for geriatric patients; (3) promote interdisciplinary collaboration to provide comprehensive care for complex geriatric patients; (4) address health equity by incorporating strategies that consider diverse patient populations and their unique healthcare needs.

**Dyspnea in Post-Acute and Long-Term Care – Overview and Pulmonary Perspective**

Matthew Griffith, MD, MPH

**The Cardiac Perspective: What, When, and How to Manage Heart Failure-Related Dyspnea**

Nicole Orr, MD, FACC

**My Patient is Still Short of Breath in Therapy! How to Address Contributing Factors**

Jennifer Stevens-Lapsley, PT, PhD, FAPTA

**2:45 PM – 3:45 PM**

**AGS-NIA BENCH TO BEDSIDE CONFERENCE PROCEEDINGS: STRESS TESTS AND BIOMARKERS OF RESILIENCE**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Description coming soon.

**2:45 PM – 3:45 PM**

## **THE SCIENCE OF DE-IMPLEMENTING LOW-VALUE HEALTH SERVICES: AN OVERVIEW OF CURRENT RESEARCH AND IMPLICATIONS FOR CLINICAL PRACTICE**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Research Committee, Polypharmacy and Deprescribing SIG*

Moderator: Joshua Niznik, PharmD, PhD

This program will provide attendees with an overview of current research examining the use of low-value health services and opportunities for de-implementation in older adults. Learning Objectives: (1) describe the significance of low-value health service use among older adults and the downstream implications for health-related outcomes and costs; (2) identify examples of low-value healthcare services and testing among older adults along with potential contributors to these practices; (3) describe barriers to and facilitators of de-implementing low-value health service use in clinical practice for older adults; (4) design practical and scalable approaches to integrate de-implementation of low-value health services into real-world clinical practice.

### **De-Implementation: What Is It and Why Is It Important**

Thomas R. Radomski, MD, MS

### **Use and Cost of Low-Value Health Services Among Older Adults**

Carolyn T. Thorpe, PhD, MPH

### **Barriers to and Facilitators of De-implementing Low-Value Health Services in Older Adults**

Aimee Pickering, MD, MS

### **Practical and Scalable Approaches to De-implement Low-Value Health Services in Older Adults**

Thomas R. Radomski, MD, MS

**2:45 PM – 3:45 PM**

### **CLIN-STAR PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: TBA

Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; (3) summarize the key findings of projects with relevance to care of older adults.

## **POSTER SESSION**

**2:45 - 3:45 PM**

### **POSTER SESSION D: STUDENTS & RESIDENTS**

Track: Research

*Sponsored by the AGS Health in Aging Foundation*

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

## **PLENARY SESSION**

**4:00 PM - 5:30 PM** (this session will also be available on-demand)

### **REDEFINING WEIGHT WISDOM: PIONEERING APPROACHES TO OBESITY CARE**

Track: Clinical Practice CME/CE: 1.5

Moderator: John Batsis, MD, DABOM, FACP, FTOS, FGSA, AGSF

This symposium is intended for interprofessional clinical practitioners to improve their knowledge on obesity assessment and management in older adults. Weight loss in older adults with obesity has been

shown to improve function and mobility. It can be challenging to determine in which older adults we should recommend weight loss. Learning Objectives: (1) review how to apply the 5Ms of geriatrics to obesity assessment; (2) discuss the incretin medications in the management of obesity and diabetes in older adults, as well as other risks and benefits; (3) manage obesity in underserved populations.

**Applying the 5Ms to Obesity Assessment in Older Adults**

Julianna Marwell, MD, DABOM, FACP

**Perils and Promises of Novel Incretin-Use in Older Adults**

Jennifer Shieh, PharmD, CDCES

**Targeting Weight Loss Strategies in Underserved Populations**

Anna Pendrey, MD

**6:00 PM – 7:00 PM**

**FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!**

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, residents and fellows will have the opportunity to network and interact with leaders in geriatric education. Questions will address important geriatric topics, such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

**SPECIAL INTEREST GROUPS**

**6:00 PM – 7:00 PM**

**ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS**

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

**6:00 PM – 7:00 PM**

**ACUTE CARE**

Track: Networking

Co-Chairs: Caitlin Jones, MD & Priscilla Yee, MD

The mission of the Acute Care SIG is to improve hospitalization outcomes for older adults through improvements in clinical care, dissemination of research findings, and promotion of health professional education.

**6:00 PM - 7:00 PM**

**DEMENTIA CARE AND CAREGIVER SUPPORT**

Track: Networking

Chair: Maria D'Souza, MD, MPH

This SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

**6:00 PM - 7:00 PM**

## **ELDER MISTREATMENT**

Track: Networking

Co-Chairs: Julia Hiner, MD & Carrie Rubenstein, MD

The mission of this SIG is to improve the lives of older adults affected by elder mistreatment through clinical care and prevention, education, research, resource-sharing, and advocacy efforts. Our members include national leaders, health professionals, educators, researchers, and learners-in-training. We strive to spearhead elder mistreatment (including elder abuse, neglect, exploitation) initiatives in our communities, country, and globally, and raise awareness for issues surrounding elder mistreatment, while also serving as a networking group for colleagues.

**6:00 PM - 7:00 PM**

## **GERIATRIC EMERGENCY DEPARTMENT**

Track: Networking

Chair: Saket Saxena, MD

The Geriatric Emergency Department (GER-ED) Special Interest Group brings together all health professionals interested in improving the care of older adults in Emergency Departments. We review the challenges older adults face in EDs and work on creating collaborative models of care to sustain the development of Geriatric EDs and Age Friendly Initiatives in Emergency Departments. Please join us to explore growing opportunities to advance the care of older adults in Emergency Departments.

**6:00 PM - 7:00 PM**

## **HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION**

Track: Networking

Chair: Lyn Weinberg

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

**6:00 PM - 7:00 PM**

## **INFORMATION TECHNOLOGY ISSUES**

Track: Networking

Chair: Sean Huang, MD

The mission of the IT Issues SIG is to establish a venue for members with an interest in Information Technology as it applies to geriatrics. We see Electronic Health Records (EHR) as a means for improving medical care by reducing error rates, improving efficiency, augmenting communication, facilitating optimal reimbursement, and decreasing expenses. We seek to provide information, support, and an organized center for coordinating information and resources to optimize the use of EHRs in senior healthcare environments like ambulatory and long-term care healthcare settings.

**6:00 - 7:00 PM**

## **INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS**

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The mission of this SIG is to explore how broad health professional interest in collaboration is changing health education and practice. While geriatrics has long recognized the importance of teams, this has not been a widely recognized focus of health education or practice until recently. Interprofessional education refers to "two or more professionals learn[ing] about, from and with each other to enable effective collaboration and improve health outcomes." All are welcome!

**6:00 - 7:00 PM**

## **JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP BUSINESS MEETING**

Track: Networking

Co-Chairs: Thomas Cudjoe, MD, MP & Snigdha Jain, MD

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing careers in aging-related research. Topics will include annual updates on funding opportunities and SIG activities, planning future AGS meeting symposia, and election of new SIG leaders.

**6:00 PM - 7:00 PM**

**MAKE IT SAFE TO GROW OLD! ACCOUNTABLE CARE COMMUNITIES FOR FRAIL ELDER**

Track: Networking

Chair: Maria Carney, MD

The mission of this SIG is to share information on the proposals, models of care, community integration collaboration networks, and politics that center on building geographic reforms across all service providers.

**6:00 PM - 7:00 PM**

**OSTEOPOROSIS AND METABOLIC BONE DISEASES**

Track: Networking

Co-Chairs: Sarah D. Berry, MD, MPH & Cathleen Colon-Emeric, MD, MHS

The mission of this SIG is to discuss future strategies to promote improved education and care for bone loss in older adults.

**6:00 PM - 7:00 PM**

**PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS**

Track: Networking

Co-Chairs: Claire Davenport, MD & Ardeshir Hashimi, MD, FACP, AGSF

Older adults with multiple chronic conditions (MCC) receive care that is fragmented, burdensome, and most importantly is not focused on what matters most to them. There is little evidence to guide disease-specific care for people with MCC, who are generally excluded from randomized controlled trials, leading to uncertainty in decision-making for clinicians. Guideline-driven care is not always applicable to older adults with multiple chronic conditions, as it may not accrue the expected benefits and may lead to treatment burden. Most importantly, this care may not be focused on what matters most to persons with MCCs, the health outcomes they prioritize when faced with tradeoffs and the treatments they are willing and able to adhere to. This Special Interest Group aims to identify alternatives to disease guideline-based care, specifically ways to implement patient priorities aligned decision making. Patient priorities aligned decision making calls upon patients and caregivers to articulate their health priorities; communicate those priorities to all team members; patients, caregivers and clinicians then together choose the healthcare best aligned with these health priorities.

**6:00 PM – 7:00 PM**

**POLYPHARMACY**

Track: Networking

Co-Chairs: Joshua D. Niznik, PharmD, PhD & Nagham Ailabouni, Bpharm, PhD

The Polypharmacy SIG is dedicated to issues related to medication use in older adults. Our goal is to facilitate education and discussion on this topic, both within the group and for a wider audience.

**6:00 PM - 7:00 PM**

**JAGS EDITORIAL BOARD MEETING**

Track: Governance