

SATURDAY, MAY 11, 2024

CONCURRENT SESSIONS

10:00 AM - 11:00 AM EASTERN

THE “RELATED” DEMENTIAS: PEARLS IN DIAGNOSIS AND MANAGEMENT OF LEWY BODY AND FRONTOTEMPORAL DEMENTIAS

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Clinical Practice and Models of Care Committee & the Dementia Care and Caregiver Support Special Interest Group

Moderator: Halima Amjad, MD, PhD, MPH

This session will provide a targeted, clinically relevant overview of the diagnosis, management, and prognosis of the most common non-Alzheimer’s neurodegenerative dementias: Lewy body dementia (LBD) and frontotemporal dementia (FTD: both behavioral variant frontotemporal dementia and primary progressive aphasia). Learning Objectives: (1) summarize key clinical features and diagnostic criteria for Lewy body and frontotemporal dementias; (2) identify appropriate use of diagnostic tests and advanced imaging to differentiate Lewy body and frontotemporal dementias from other diseases or types of dementias; (3) implement evidence-based or best practice pharmacologic and non-pharmacologic strategies to address behavioral, motor, and cognitive symptoms commonly encountered in Lewy body and frontotemporal dementias; and (4) recognize the important role of diagnosis, interdisciplinary healthcare teams, and community-based resources in improving quality of care and health equity for individuals living with Lewy body or frontotemporal dementia.

Lewy Body Dementia: More Common and Just as Complex as You Think

David J. Irwin, MD

Behavioral Variant Frontotemporal Dementia: The Person Is No Longer the Same

Chiadi U. Onyike, MBBS, MD

Primary Progressive Aphasias: When Words Don’t Come Out Correctly

Anna Volkmer, PhD

10:00 AM - 11:00 AM EASTERN

QUALITY AS ADVOCACY IN ACTION: DEMONSTRATING THE VALUE OF GERIATRICS

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Achieving Health Equity Among Diverse Older Adults (AHEAD) Special Interest Group, Patient Priorities Care Special Interest Group, and the Care Transitions Special Interest Group

Moderator: Sonja L. Rosen, MD

This is an action-oriented session where a diverse group of experts – a surgeon, physician and pharmacist - share the proactive ways they used Quality Metrics as a vehicle to help diverse health systems – emergency medicine, peri-operative, health system and nursing homes - to measurably improve the care of older adults. Learning Objectives: (1) apply and analyze current quality metrics that apply to best geriatrics practice as a method to advocate for better outcomes in the learner’s healthcare setting; (2) describe how to engage multiple stakeholders across healthcare to improve quality of care to older adults no matter their background; (3) identify key ways apply and analyze techniques to reduce bias in the development of a quality improvement project around existing quality and performance measures; and (4) implement and evaluate best practices in geriatrics through quality implementation at their healthcare practice.

Leveraging Quality Metric Improvement in Inpatient and Emergency Department Settings to Support Best Practice for Older Adult Care

Teresa M. DeLellis, PharmD, BCPS, BCGP

Patient Advocacy Through Clinician Coaching: Prompting Quality Uptake and Buy In Across Multiple Skilled Nursing Facilities
Mamata Yanamadala, MBBS, MS

Building a Perioperative Quality Program for Older Adults
Gabriela Poles, MD, MPH

10:00 AM - 11:00 AM EASTERN

HIV AND AGING: CAUGHT IN THE IN-BETWEEN

Track: Models of Care CME/CE: 1.0

Moderator: Mindy J. Fain, MD

This session will provide an overview of the challenges in caring for people with HIV (PWH) aged fifty and older who sometimes may feel caught in the space in between the worlds of HIV medicine and Geriatric models of care. Learning Objectives: (1) describe the demographic trends of HIV and aging in the United states with focus on unmet needs and the prevalence of Geriatric Syndromes with emphasis on health equity and disparities in care delivery; (2) provide an overview of HIV and aging in terms of pathophysiology and delineate between accelerated and accentuated aging in the setting of HIV; (3) examine existing care models and outcomes for people with HIV aged 50 and older; and (4) discuss expanded models of care conceptualization and delivery.

HIV and Aging: Understanding the Implications and Demographics of HIV Infection
Matthew L. Russell, MD, MSc

HIV and Aging Partnerships: Current Models of HIV-Geriatric Care
Angela Condo, MD

Models of Care: NYS People Aging with HIV Pilot
John Hartigan, LCSW

10:00 AM - 11:00 AM EASTERN

AMPLIFYING ENGAGEMENT AND IMPACT OF YOUR RESEARCH THROUGH PARTNERSHIPS WITH EDUCATION, HEALTH SYSTEMS, AND COMMUNITY ORGANIZATIONS

Track: Research CME/CE: 1.0

Sponsored by the Junior Faculty Research Career Development Special Interest Group

Moderator: Jessica L. Lee, MD, MS

It is becoming increasingly important for researchers to collaborate across academic institutions, community-based organizations, and healthcare systems to address the needs of the aging population. In this session, we will show examples of cross-sector collaborations that junior researchers can use to successfully implement their studies of older adults. Learning Objectives: (1) identify opportunities to conduct research in the community and with community-based organizations; (2) recognize the potential of integrating multidisciplinary team-based research in the curriculum of Geriatrics medicine and other fellowship programs; and (3) apply the principles of community-based participatory research (CBPR) to engage leaders, clinicians, and staff in translational research initiatives across health systems.

Involving the Community and Community-Based Organizations in Research
Jessica L. Lee, MD, MS

De-Alienation of Research During Fellowship
Ashna Rajan, MD

Collaborating Across Disciplines, Health Settings, and Institutions to Bring Innovation to Aging Research
Snigdha Jain, MD

10:00 AM - 11:00 AM EASTERN

ENSURING SHARED DECISION MAKING WITH OLDER ADULTS PAPER SESSION

Track: Research CME/CE: 1.0

Sponsored by the Research Committee

Moderator: Kah Poh (Melissa) Loh, MBBCh, BAO

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Amplifying Patient Wishes Through Scribe Outreach in Advance Care Planning

Anil Prasad, BA & Carolyn Chen

User-Centered Development of a Portal Based Advance Care Planning Tool for Persons Living with Cognitive Impairment and Their Care Partners: Usability Testing Study

Jennifer Gabbard

Geriatric Considerations in Treatment Conversations with Older Adults with Low-Risk Breast Cancer

Christina A. Minami, MD, MS

Impact of Goal-Directed Care in Patients with Functional Disabilities: A Quality Improvement Outcome Study

Caroline Blaum, MD, MS

PLENARY SESSION

11:15 AM - 12:45 PM EASTERN

GERIATRICS LITERATURE UPDATE: 2024

Track: Clinical Practice CME/CE: 1.5

Speakers: Kenneth Covinsky, MD, MPH; Eric W. Widera, MD & Alexander K. Smith, MD, MS, MPH

The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January-December 2023.

CONCURRENT SESSIONS

1:00 - 2:00 PM EASTERN

AGE-FRIENDLY MANAGEMENT OF ATRIAL FIBRILLATION

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Cardiovascular Diseases and Aging Special Interest Group

Moderator: Min Ji Kwak, MD, MS, DrPH

Management of atrial fibrillation (Afib) can be challenging in older adults due to co-existing complex multimorbidity causing therapeutic competition, polypharmacy and the socioeconomic burdens of aging.

Learning Objectives: (1) review the epidemiology, diagnosis and pathophysiology of Afib; (2) acknowledge that Afib requires a multi-dimensional care strategy; (3) discuss the current evidence for pharmacologic and non-pharmacologic intervention for Afib; and (4) describe disparity and inequity issues

in access to care for Afib as well as strategies to resolve these issues.

Epidemiology of Afib Among Older Adults

Inma Hernandez, PharmD, PhD

Atrial Fibrillation and Cognitive Impairment: Causation, Association, or an Epiphenomenon

Ashok Krishnaswami, MD, MAS

Age-Friendly Pharmacologic Approach to Stroke Prevention in Afib

Margaret C. Fang, MD, MPH

Age-Friendly Non-Pharmacologic Approach in Afib Management

Larry R. Jackson II, MD, MHSc

1:00 - 2:00 PM EASTERN

ADDRESSING SOCIAL ISOLATION AND LONELINESS AS A PRIORITY TO PROMOTE HEALTH: CURRENT RESEARCH, POLICY AND PRACTICE

Track: Research CME/CE: 1.0

Moderator: Thomas K. M. Cudjoe, MD, MPH, MA

Sponsored by the Junior Faculty Research Special Interest Group and the Research Committee

The intended outcome of this symposium is to increase the attendee's knowledge of research, policy and practice opportunities to advance the social connection of older adults. Learning Objectives: (1) assess loneliness and social isolation in clinical settings and associated risk factors; (2) identify evidence-based exercise interventions for social isolation and loneliness and options for implementation into clinical practice and within health systems; and (3) identify federal and state policy approaches to address social isolation and loneliness and foster social connection among older adults.

Loneliness and Social Isolation – A Growing Clinical and Public Health Concern

Ashwin A. Kotwal, MD, MS

The Impact of Virtual and In-Person Community-Based Exercise Classes on Loneliness and Social Isolation in Older Adults and Strategies for Sustainability

Allison M. Mays, MD, MAS

Upstream Approaches for Social Connection: Policy in Action

Abigail M. Gadbois, MPH

1:00 - 2:00 PM EASTERN

Telehealth: Calling out Benefits, Barriers, and Policy Needs

Track: Models of Care CME/CE: 1.0

Moderator: Alison Holliday, MD MPH

Sponsored by the Health Systems Innovations and Technology Committee

Learning Objectives: (1) describe policies on telehealth made during the Public Health Emergency (PHE) and what happens to those policies now that the PHE is over; (2) list benefits of telehealth particular to older adults; (3) describe best practices in telehealth for older adults; (4) list barriers that older adults face with telehealth; and (5) discuss recommendations on how to overcome those barriers, in alignment with the new AGS Position Statement on telehealth policy for older adults.

1:00 - 2:00 PM EASTERN

THE AGING HEART: TAKING CARE OF THE WHOLE PERSON PAPER SESSION

Track: Research CME/CE: 1.0

Moderator: George E. Taffett, MD, FACP

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Preoperative Frailty, Operative Stress and Cardiac Complications After Non-Cardiac Surgery

Chan Mi Park, MD, MPH

Regulation of Cardiomyocyte Senescence by α 1A Adrenergic Receptors

Noah Rice, BS

Association of Egg Consumption with Mortality: Results of a 48-year Follow-Up

Donna Kritz-Silverstein, PhD

Patient Perspectives of Mobile Health Cardiac Rehabilitation Among Older Adults

Kirra KE Borrello, BS

CONCURRENT SESSIONS

2:15 - 3:15 PM EASTERN

BUPRENORPHINE FOR THE TREATMENT OF PAIN AND OPIOID USE DISORDER IN OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Moderator: Kimberly Beiting, MD

The clinical management of opioid use disorder (OUD) can be challenging in older adults due to co-existing chronic pain and multimorbidity. This clinically focused session will review the use of buprenorphine for OUD and chronic pain in a variety of clinical scenarios that clinicians frequently encounter when caring for older adults. Learning Objectives: (1) review the epidemiology, treatment for opioid use disorder, and recent policy changes with buprenorphine; (2) review how to transition older adults from full agonist opioids to buprenorphine and special considerations for recognizing opioid use disorder in the setting of chronic pain; (3) describe considerations in the perioperative management of buprenorphine including post-operative pain and transitions of care including to skilled nursing facilities; and (4) discuss special considerations in caring for patients with serious illness and opioid use disorder.

The Epidemiology of Opioid Use Disorder among Older Adults and Policy Implications for Clinicians

Benjamin Han, MD

Transitioning Older Adults from Full Opioid Agonists to Buprenorphine

Serena Cheng, PharmD, BCACP

Perioperative Management of Buprenorphine and Transitions of Care

Justina Louisa Groeger, MD, MPH

Serious Illness and Special Considerations in Caring for Adults with Opioid Use Disorder

Katie Fitzgerald Jones, PhD, ACHPN, CARN-AP

2:15 - 3:15 PM EASTERN

PREDICTIVE ANALYTICS AND SUBSPECIALTY COLLABORATION, IS THIS THE FUTURE DIRECTION FOR DELIRIUM MANAGEMENT?

Track: Clinical Practice CME/CE: 1.0

Moderator: Laurie G. Jacobs, MD, AGSF, FACP

An integrated model of care using predictive analytics and multidisciplinary and interdepartmental collaboration can make a significant impact on delirium prevention and management in the acute care setting. Learning Objectives: (1) describe a Quality Improvement approach in early identification and management of delirium; (2) describe the need for longitudinal follow up of the multiple delirium risk factors including social determinants of health in the acute care setting; (3) describe importance of EHR and predictive analytics in delirium risk stratification and management of delirium; and (4) describe the role of medications both as a delirium risk factor and in the management of delirium.

Caring for the Confused Hospitalized Elder: An Innovative Clinical and Quality Improvement Approach to Delirium

Manisha Parulekar, MD

Predictive Analytics for Delirium Recognition

Robert D. Stevens, MD, MBA

Do Drugs Help Delirium?

Judith L. Beizer, PharmD, BCGP, FASCP, AGSF

2:15 - 3:15 PM EASTERN

THE NEW NIH DATA SHARING AND MANAGEMENT POLICY: WHAT RESEARCHERS NEED TO KNOW

Track: Research CME/CE: 1.0

Sponsored by the Research Committee

Moderator: John A. Batsis, MD & Sara D. Turbow, MD, MPH

This symposium targets researchers and is intended for a broad audience of any health professional from any discipline who has or is considering pursuing NIH or other federal funding. Learning Objectives: (1) describe the components of the new NIH data management and sharing policy; (2) identify data repository resources and related planning and budgeting considerations; and (3) describe how the DMP applies and how to respond to three common scenarios encountered by aging researchers.

NIH's New Data Sharing and Management Policy: The Basics

Jennie Larkin, PhD

Data Repository Considerations: Planning, Budget, and Beyond

Jennifer Doty, MSI

I Don't Have to Share My _____ Data, Do I?

Nicole M. Rogus-Pulia, PhD, CCC-SLP

2:15 - 3:15 PM EASTERN

HEALTH SERVICE & POLICY RESEARCH PAPER SESSION

Track: Research CME/CE: 1.0

Moderators: Daniel Berlowitz, MD & Joshua Chodosh, MD, MSHS

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

Frailty and Time at Home after Post-Acute Care in Skilled Nursing Facilities

Sandra Shi

Patterns of End-of-Life Care and Healthcare Spending Among Persons with Dementia in Medicare Accountable Care Organizations

Jessica J. Zhang

Changes in Health Care Use when Older Adults with Diabetes Develop Dementia: A Retrospective Cohort Study

Stephanie Nothelle

Influence of Hospice Enrollment on Exposure to Central Nervous System-Active Medications Among Medicare Decedents with Dementia

Lauren Gerlach, DO, MS

SPECIAL INTEREST GROUPS

3:30 - 4:30 PM EASTERN

AGING AND ORAL HEALTH

Track: Networking

Co-Chairs: Christie M. Hogue, DDS & Theodore T. Suh, MD, PhD, MHS, AGSF

The purpose of this SIG is to provide a forum where issues that impact the oral health of older adults are presented, and where challenges requiring a team approach to coordinate needed treatments can be discussed.

3:30 - 4:30 PM EASTERN

CLINICAL CARE FOR HOMELESS OLDER ADULTS

Track: Networking

Co-Chairs: Diane Chau, MD & Vera Sverdlovsky, MD

The mission of this SIG is to provide a forum where issues that impact homeless older adults are presented and discussed, and geriatrics healthcare professionals can interact to find and expand access to care for homeless older individuals; to address the growing homeless epidemic by educating, promoting awareness, and assuring quality healthcare evidence and data to support homeless geriatrics care. To accomplish our mission, we: (1) disseminate knowledge regarding homelessness and poor health; (2) develop relationships with a broad range of other groups (social welfare, financial, public, academic) to aid in our mission and collate solutions for assuring adequate healthcare for homeless older adults; (3) promote clinical practices and address practice gaps that will improve the health status of older adults who live without homes or are at risk of homelessness.

3:30 - 4:30 PM EASTERN

FAMILY PHYSICIANS IN GERIATRICS

Track: Networking

Chair: Erik J. Lindbloom, MD, MSPH

The mission of this SIG is to discuss and act on issues of concern to family physicians, family medicine fellows, and family medicine residents caring for older adults. We communicate with several of the other family medicine organizations, such as the American Academy of Family Physicians and the Society of Teachers of Family Medicine.

3:30 - 4:30 PM EASTERN

GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS

Track: Networking

Co-Chairs: Nadia Mujahid, MD & Esteban Garcia Franco, MD

This SIG brings together clinicians and researchers interested in clinical and academic perspective on surgical co-management. We share ideas, promote our work, network, collaborate, and provide a safe environment for clinicians to discuss the complexities and intricacies of co-management from creating a business case to promoting team-based care.

3:30 - 4:30 PM EASTERN

HEALTH SYSTEMS LEADERSHIP (HSL) IN GERIATRICS

Track: Networking

Co-Chairs: Anna Chodos, MD & Ardeshir Hashimi, MD, FACP, AGSF

The mission of the HSL SIG is to explore principles of leadership, management, and systems transformation as they apply to the growing need for geriatrics in health systems and present strategies to accomplish this. Our goals are to educate AGS members about these principles, highlight successful work in HSL, present opportunities for training in HSL, develop workshop leadership challenges, and form a community to help develop new health systems leaders in geriatrics.

3:30 - 4:30 PM EASTERN

HEALTHY AGING

Track: Networking

Co-Chairs: Kady Goldlist, MD & Julia Lowenthal, MD

The mission of this SIG is to promote healthy aging initiatives at AGS; to develop presentations, symposia, and educational materials for AGS members; to encourage research in healthy aging; to act as liaisons with other organizations promoting healthy aging; and to identify and promote ways that AGS members can promote healthy aging among their patients and among populations of people.

3:30 - 4:30 PM EASTERN

INTERNATIONAL ACTIVITIES

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG brings together AGS members who have an interest in the development of international initiatives in geriatrics care and education. As our global older adult population continues to grow, we will see an increasing demand for health and social-service systems tailored to older adult needs. We promote awareness of global trends in aging and healthcare issues in older adults across continents and international borders. We emphasize improving care of older adults around the world by enhancing networking and establishing partnerships that can translate into improved geriatrics care and education, greater use of technology to conduct didactic sessions with participants from multiple countries, long-term international collaborations for models of care and geriatrics education, and increased involvement and representation of AGS members in international geriatrics conferences and organizations.

3:30 - 4:30 PM EASTERN

PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)

Track: Networking

Chair: Joanna Duby, MD

The Program for All-Inclusive Care of the Elderly (PACE) is a comprehensive, fully integrated model that provides community-based care for nursing home eligible frail elders. We provide information to people who are interested in working with or establishing a PACE organization.

3:30 - 4:30 PM EASTERN

SOCIETY FOR GENERAL INTERNAL MEDICINE GERIATRICS (SGIM)

Track: Networking

Co-Chairs: Colleen Christmas, MD & Stephanie Nothelle, MD

The mission of this SIG is to serve as a source of collaborative activity between AGS and the Society for General Internal Medicine (SGIM). We focus on ways to collaborate on developing workshops for the AGS & SGIM annual meetings, as well as fostering ongoing collaborative efforts and better communication between the two groups.

3:30 - 4:30 PM EASTERN

WOUND PREVENTION AND MANAGEMENT

Track: Networking

Co-Chairs: Veronica Nwagwu, MD & Sarwat Jabeen, MD, FAAFP

This SIG is an interdisciplinary group of healthcare professionals who strive to improve outcomes in skin and wound health for vulnerable older adults by supporting education, research, and quality improvement initiatives. The SIG serves as a platform to discuss educational initiatives at AGS, policy objectives, and

updates on budding research.