

# SATURDAY, MAY 11, 2024

## CONCURRENT SESSIONS

**10:00 AM - 11:00 AM EASTERN**

### **THE “RELATED” DEMENTIAS: PEARLS IN DIAGNOSIS AND MANAGEMENT OF LEWY BODY AND FRONTOTEMPORAL DEMENTIAS**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Clinical Practice and Models of Care Committee & the Dementia Care and Caregiver Support Special Interest Group*

Moderator: Halima Amjad, MD, PhD, MPH

This session will provide a targeted, clinically relevant overview of the diagnosis, management, and prognosis of the most common non-Alzheimer’s neurodegenerative dementias: Lewy body dementia (LBD) and frontotemporal dementia (FTD: both behavioral variant frontotemporal dementia and primary progressive aphasia). Learning Objectives: (1) summarize key clinical features and diagnostic criteria for Lewy body and frontotemporal dementias; (2) identify appropriate use of diagnostic tests and advanced imaging to differentiate Lewy body and frontotemporal dementias from other diseases or types of dementias; (3) implement evidence-based or best practice pharmacologic and non-pharmacologic strategies to address behavioral, motor, and cognitive symptoms commonly encountered in Lewy body and frontotemporal dementias; and (4) recognize the important role of diagnosis, interdisciplinary healthcare teams, and community-based resources in improving quality of care and health equity for individuals living with Lewy body or frontotemporal dementia.

#### **Lewy Body Dementia: More Common and Just as Complex as You Think**

David J. Irwin, MD

#### **Behavioral Variant Frontotemporal Dementia: The Person Is No Longer the Same**

Chiadi U. Onyike, MBBS, MD

#### **Primary Progressive Aphasias: When Words Don’t Come Out Correctly**

Anna Volkmer, PhD

**10:00 AM - 11:00 AM EASTERN**

### **QUALITY AS ADVOCACY IN ACTION: DEMONSTRATING THE VALUE OF GERIATRICS**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Achieving Health Equity Among Diverse Older Adults (AHEAD) Special Interest Group, Patient Priorities Care Special Interest Group, and the Care Transitions Special Interest Group*

Moderator: Sonja L. Rosen, MD

This is an action-oriented session where a diverse group of experts – a surgeon, physician and pharmacist - share the proactive ways they used Quality Metrics as a vehicle to help diverse health systems – emergency medicine, peri-operative, health system and nursing homes - to measurably improve the care of older adults. Learning Objectives: (1) apply and analyze current quality metrics that apply to best geriatrics practice as a method to advocate for better outcomes in the learner’s healthcare setting; (2) describe how to engage multiple stakeholders across healthcare to improve quality of care to older adults no matter their background; (3) identify key ways apply and analyze techniques to reduce bias in the development of a quality improvement project around existing quality and performance measures; and (4) implement and evaluate best practices in geriatrics through quality implementation at their healthcare practice.

#### **Leveraging Quality Metric Improvement in Inpatient and Emergency Department Settings to Support Best Practice for Older Adult Care**

Teresa M. DeLellis, PharmD, BCPS, BCGP

**Patient Advocacy Through Clinician Coaching: Prompting Quality Uptake and Buy In Across Multiple Skilled Nursing Facilities**

Mamata Yanamadala, MBBS, MS

**Building a Perioperative Quality Program for Older Adults**

Gabriela Poles, MD, MPH

**10:00 AM - 11:00 AM EASTERN**

**HIV AND AGING: CAUGHT IN THE IN-BETWEEN**

Track: Models of Care CME/CE: 1.0

Moderator: Mindy J. Fain, MD

This session will provide an overview of the challenges in caring for people with HIV (PWH) aged fifty and older who sometimes may feel caught in the space in between the worlds of HIV medicine and Geriatric models of care. Learning Objectives: (1) describe the demographic trends of HIV and aging in the United states with focus on unmet needs and the prevalence of Geriatric Syndromes with emphasis on health equity and disparities in care delivery; (2) provide an overview of HIV and aging in terms of pathophysiology and delineate between accelerated and accentuated aging in the setting of HIV; (3) examine existing care models and outcomes for people with HIV aged 50 and older; and (4) discuss expanded models of care conceptualization and delivery.

**HIV and Aging: Understanding the Implications and Demographics of HIV Infection**

Matthew L. Russell, MD, MSc

**HIV and Aging Partnerships: Current Models of HIV-Geriatric Care**

Angela Condo, MD

**Models of Care: NYS People Aging with HIV Pilot**

John Hartigan, LCSW

**10:00 AM - 11:00 AM EASTERN**

**AMPLIFYING ENGAGEMENT AND IMPACT OF YOUR RESEARCH THROUGH PARTNERSHIPS WITH EDUCATION, HEALTH SYSTEMS, AND COMMUNITY ORGANIZATIONS**

Track: Research CME/CE: 1.0

*Sponsored by the Junior Faculty Research Career Development Special Interest Group*

Moderator: Jessica L. Lee, MD, MS

It is becoming increasingly important for researchers to collaborate across academic institutions, community-based organizations, and healthcare systems to address the needs of the aging population. In this session, we will show examples of cross-sector collaborations that junior researchers can use to successfully implement their studies of older adults. Learning Objectives: (1) identify opportunities to conduct research in the community and with community-based organizations; (2) recognize the potential of integrating multidisciplinary team-based research in the curriculum of Geriatrics medicine and other fellowship programs; and (3) apply the principles of community-based participatory research (CBPR) to engage leaders, clinicians, and staff in translational research initiatives across health systems.

**Involving the Community and Community-Based Organizations in Research**

Jessica L. Lee, MD, MS

**De-Alienation of Research During Fellowship**

Ashna Rajan, MD

**Collaborating Across Disciplines, Health Settings, and Institutions to Bring Innovation to Aging Research**

Snigdha Jain, MD

**10:00 AM - 11:00 AM EASTERN**

**ENSURING SHARED DECISION MAKING WITH OLDER ADULTS PAPER SESSION**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Moderator: Kah Poh (Melissa) Loh, MBBCh, BAO

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Amplifying Patient Wishes Through Scribe Outreach in Advance Care Planning**

Anil Prasad, BA & Carolyn Chen

**User-Centered Development of a Portal Based Advance Care Planning Tool for Persons Living with Cognitive Impairment and Their Care Partners: Usability Testing Study**

Jennifer Gabbard

**Geriatric Considerations in Treatment Conversations with Older Adults with Low-Risk Breast Cancer**

Christina A. Minami, MD, MS

**Impact of Goal-Directed Care in Patients with Functional Disabilities: A Quality Improvement Outcome Study**

Caroline Blaum, MD, MS

**PLENARY SESSION**

**11:15 AM - 12:45 PM EASTERN**

**GERIATRICS LITERATURE UPDATE: 2024**

Track: Clinical Practice CME/CE: 1.5

Speakers: Kenneth Covinsky, MD, MPH; Eric W. Widera, MD & Alexander K. Smith, MD, MS, MPH

The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January-December 2023.

**CONCURRENT SESSIONS**

**1:00 - 2:00 PM EASTERN**

**AGE-FRIENDLY MANAGEMENT OF ATRIAL FIBRILLATION**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Cardiovascular Diseases and Aging Special Interest Group*

Moderator: Min Ji Kwak, MD, MS, DrPH

Management of atrial fibrillation (Afib) can be challenging in older adults due to co-existing complex multimorbidity causing therapeutic competition, polypharmacy and the socioeconomic burdens of aging.

Learning Objectives: (1) review the epidemiology, diagnosis and pathophysiology of Afib; (2) acknowledge that Afib requires a multi-dimensional care strategy; (3) discuss the current evidence for pharmacologic and non-pharmacologic intervention for Afib; and (4) describe disparity and inequity issues

in access to care for Afib as well as strategies to resolve these issues.

**Epidemiology of Afib Among Older Adults**

Inma Hernandez, PharmD, PhD

**Atrial Fibrillation and Cognitive Impairment: Causation, Association, or an Epiphenomenon**

Ashok Krishnaswami, MD, MAS

**Age-Friendly Pharmacologic Approach to Stroke Prevention in Afib**

Margaret C. Fang, MD, MPH

**Age-Friendly Non-Pharmacologic Approach in Afib Management**

Larry R. Jackson II, MD, MHSc

**1:00 - 2:00 PM EASTERN**

**ADDRESSING SOCIAL ISOLATION AND LONELINESS AS A PRIORITY TO PROMOTE HEALTH: CURRENT RESEARCH, POLICY AND PRACTICE**

Track: Research CME/CE: 1.0

Moderator: Thomas K. M. Cudjoe, MD, MPH, MA

*Sponsored by the Junior Faculty Research Special Interest Group and the Research Committee*

The intended outcome of this symposium is to increase the attendee's knowledge of research, policy and practice opportunities to advance the social connection of older adults. Learning Objectives: (1) assess loneliness and social isolation in clinical settings and associated risk factors; (2) identify evidence-based exercise interventions for social isolation and loneliness and options for implementation into clinical practice and within health systems; and (3) identify federal and state policy approaches to address social isolation and loneliness and foster social connection among older adults.

**Loneliness and Social Isolation – A Growing Clinical and Public Health Concern**

Ashwin A. Kotwal, MD, MS

**The Impact of Virtual and In-Person Community-Based Exercise Classes on Loneliness and Social Isolation in Older Adults and Strategies for Sustainability**

Allison M. Mays, MD, MAS

**Upstream Approaches for Social Connection: Policy in Action**

Abigail M. Gadbois, MPH

**1:00 - 2:00 PM EASTERN**

**TELEHEALTH: CALLING OUT BENEFITS, BARRIERS, AND POLICY NEEDS**

Track: Models of Care CME/CE: 1.0

Moderator: Alison Holliday, MD, MPH

*Sponsored by the Health Systems Innovations and Technology Committee*

Learning Objectives: (1) describe policies on telehealth made during the Public Health Emergency (PHE) and what happens to those policies now that the PHE is over; (2) list benefits of telehealth particular to older adults; (3) describe best practices in telehealth for older adults; (4) list barriers that older adults face with telehealth; and (5) discuss recommendations on how to overcome those barriers, in alignment with the new AGS Position Statement on telehealth policy for older adults.

**1:00 – 2:00 PM EASTERN**

## **GERIATRIC EDUCATION MATERIALS AND METHODS SWAP**

Track: Education CME/CE: 1.0

*Sponsored by the Teachers Section and the Education Committee*

Moderator: Mariah Robertson, MD

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

### **Accuracy of Medical Students' Self-Assessment on a Geriatrics Standardized Patient Activity**

Maria H. van Zuilen, PhD, AGSF

### **A Student-Led, Multi-Center Initiative to Improve Death Notification and Communication Skills Among Health Professions Students Using a Simulation Experience**

Camille Chan, MD

### **Trainee Responses to Asynchronous Online Geriatrics Curriculum**

Emily A. Anderson, BS, MS3

## **1:00 - 2:00 PM EASTERN**

### **THE AGING HEART: TAKING CARE OF THE WHOLE PERSON PAPER SESSION**

Track: Research CME/CE: 1.0

Moderator: George E. Taffett, MD, FACP

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

### **Preoperative Frailty, Operative Stress and Cardiac Complications After Non-Cardiac Surgery**

Chan Mi Park, MD, MPH

### **Regulation of Cardiomyocyte Senescence by $\alpha$ 1A Adrenergic Receptors**

Noah Rice, BS

### **Association of Egg Consumption with Mortality: Results of a 48-year Follow-Up**

Donna Kritz-Silverstein, PhD

### **Patient Perspectives of Mobile Health Cardiac Rehabilitation Among Older Adults**

Kirra KE Borrello, BS

## **CONCURRENT SESSIONS**

## **2:15 - 3:15 PM EASTERN**

### **BUPRENORPHINE FOR THE TREATMENT OF PAIN AND OPIOID USE DISORDER IN OLDER ADULTS**

Track: Clinical Practice CME/CE: 1.0

Moderator: Kimberly Beiting, MD

The clinical management of opioid use disorder (OUD) can be challenging in older adults due to co-existing chronic pain and multimorbidity. This clinically focused session will review the use of buprenorphine for OUD and chronic pain in a variety of clinical scenarios that clinicians frequently encounter when caring for older adults. Learning Objectives: (1) review the epidemiology, treatment for opioid use disorder, and recent policy changes with buprenorphine; (2) review how to transition older

adults from full agonist opioids to buprenorphine and special considerations for recognizing opioid use disorder in the setting of chronic pain; (3) describe considerations in the perioperative management of buprenorphine including post-operative pain and transitions of care including to skilled nursing facilities; and (4) discuss special considerations in caring for patients with serious illness and opioid use disorder.

**The Epidemiology of Opioid Use Disorder among Older Adults and Policy Implications for Clinicians**

Benjamin Han, MD

**Transitioning Older Adults from Full Opioid Agonists to Buprenorphine**

Serena Cheng, PharmD, BCACP

**Perioperative Management of Buprenorphine and Transitions of Care**

Justina Louisa Groeger, MD, MPH

**Serious Illness and Special Considerations in Caring for Adults with Opioid Use Disorder**

Katie Fitzgerald Jones, PhD, ACHPN, CARN-AP

**2:15 - 3:15 PM EASTERN**

**PREDICTIVE ANALYTICS AND SUBSPECIALTY COLLABORATION, IS THIS THE FUTURE DIRECTION FOR DELIRIUM MANAGEMENT?**

Track: Clinical Practice CME/CE: 1.0

Moderator: Laurie G. Jacobs, MD, AGSF, FACP

An integrated model of care using predictive analytics and multidisciplinary and interdepartmental collaboration can make a significant impact on delirium prevention and management in the acute care setting. Learning Objectives: (1) describe a Quality Improvement approach in early identification and management of delirium; (2) describe the need for longitudinal follow up of the multiple delirium risk factors including social determinants of health in the acute care setting; (3) describe importance of EHR and predictive analytics in delirium risk stratification and management of delirium; and (4) describe the role of medications both as a delirium risk factor and in the management of delirium.

**Caring for the Confused Hospitalized Elder: An Innovative Clinical and Quality Improvement Approach to Delirium**

Manisha Parulekar, MD

**Predictive Analytics for Delirium Recognition**

Robert D. Stevens, MD, MBA

**Do Drugs Help Delirium?**

Judith L. Beizer, PharmD, BCGP, FASCP, AGSF

**2:15 - 3:15 PM EASTERN**

**THE NEW NIH DATA SHARING AND MANAGEMENT POLICY: WHAT RESEARCHERS NEED TO KNOW**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Moderator: John A. Batsis, MD & Sara D. Turbow, MD, MPH

This symposium targets researchers and is intended for a broad audience of any health professional from any discipline who has or is considering pursuing NIH or other federal funding. Learning Objectives: (1) describe the components of the new NIH data management and sharing policy; (2) identify data repository resources and related planning and budgeting considerations; and (3) describe how the DMP applies and how to respond to three common scenarios encountered by aging researchers.

**NIH's New Data Sharing and Management Policy: The Basics**

Jennie Larkin, PhD

**Data Repository Considerations: Planning, Budget, and Beyond**

Jennifer Doty, MSI

**I Don't Have to Share My \_\_\_\_\_ Data, Do I?**

Nicole M. Rogus-Pulia, PhD, CCC-SLP

**2:15 - 3:15 PM EASTERN**

**HEALTH SERVICE & POLICY RESEARCH PAPER SESSION**

Track: Research CME/CE: 1.0

Moderators: Daniel Berlowitz, MD & Joshua Chodosh, MD, MSHS

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Frailty and Time at Home after Post-Acute Care in Skilled Nursing Facilities**

Sandra Shi

**Patterns of End-of-Life Care and Healthcare Spending Among Persons with Dementia in Medicare Accountable Care Organizations**

Jessica J. Zhang

**Changes in Health Care Use when Older Adults with Diabetes Develop Dementia: A Retrospective Cohort Study**

Stephanie Nothelle

**Influence of Hospice Enrollment on Exposure to Central Nervous System-Active Medications Among Medicare Decedents with Dementia**

Lauren Gerlach, DO, MS

**SPECIAL INTEREST GROUPS**

**3:30 - 4:30 PM EASTERN**

**AGING AND ORAL HEALTH**

Track: Networking

Co-Chairs: Christie M. Hogue, DDS & Theodore T. Suh, MD, PhD, MHS, AGSF

The purpose of this SIG is to provide a forum where issues that impact the oral health of older adults are presented, and where challenges requiring a team approach to coordinate needed treatments can be discussed.

**3:30 - 4:30 PM EASTERN**

**CLINICAL CARE FOR HOMELESS OLDER ADULTS**

Track: Networking

Co-Chairs: Diane Chau, MD & Vera Sverdlovsky, MD

The mission of this SIG is to provide a forum where issues that impact homeless older adults are presented and discussed, and geriatrics healthcare professionals can interact to find and expand access to care for homeless older individuals; to address the growing homeless epidemic by educating, promoting awareness, and assuring quality healthcare evidence and data to support homeless geriatrics care. To accomplish our mission, we: (1) disseminate knowledge regarding homelessness and poor health; (2) develop relationships with a broad range of other groups (social welfare, financial, public, academic) to aid in our mission and collate solutions for assuring adequate healthcare for homeless older

adults; (3) promote clinical practices and address practice gaps that will improve the health status of older adults who live without homes or are at risk of homelessness.

**3:30 - 4:30 PM EASTERN  
FAMILY PHYSICIANS IN GERIATRICS**

Track: Networking

Chair: Erik J. Lindbloom, MD, MSPH

The mission of this SIG is to discuss and act on issues of concern to family physicians, family medicine fellows, and family medicine residents caring for older adults. We communicate with several of the other family medicine organizations, such as the American Academy of Family Physicians and the Society of Teachers of Family Medicine.

**3:30 - 4:30 PM EASTERN  
GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS**

Track: Networking

Co-Chairs: Nadia Mujahid, MD & Esteban Garcia Franco, MD

This SIG brings together clinicians and researchers interested in clinical and academic perspective on surgical co-management. We share ideas, promote our work, network, collaborate, and provide a safe environment for clinicians to discuss the complexities and intricacies of co-management from creating a business case to promoting team-based care.

**3:30 - 4:30 PM EASTERN  
HEALTH SYSTEMS LEADERSHIP (HSL) IN GERIATRICS**

Track: Networking

Co-Chairs: Anna Chodos, MD & Ardeshir Hashimi, MD, FACP, AGSF

The mission of the HSL SIG is to explore principles of leadership, management, and systems transformation as they apply to the growing need for geriatrics in health systems and present strategies to accomplish this. Our goals are to educate AGS members about these principles, highlight successful work in HSL, present opportunities for training in HSL, develop workshop leadership challenges, and form a community to help develop new health systems leaders in geriatrics.

**3:30 - 4:30 PM EASTERN  
HEALTHY AGING**

Track: Networking

Co-Chairs: Kady Goldlist, MD & Julia Lowenthal, MD

The mission of this SIG is to promote healthy aging initiatives at AGS; to develop presentations, symposia, and educational materials for AGS members; to encourage research in healthy aging; to act as liaisons with other organizations promoting healthy aging; and to identify and promote ways that AGS members can promote healthy aging among their patients and among populations of people.

**3:30 - 4:30 PM EASTERN  
INTERNATIONAL ACTIVITIES**

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG brings together AGS members who have an interest in the development of international initiatives in geriatrics care and education. As our global older adult population continues to grow, we will see an increasing demand for health and social-service systems tailored to older adult needs. We promote awareness of global trends in aging and healthcare issues in older adults across continents and international borders. We emphasize improving care of older adults around the world by enhancing networking and establishing partnerships that can translate into improved geriatrics care and education, greater use of technology to conduct didactic sessions with participants from multiple countries, long-term international collaborations for models of care and geriatrics education, and increased involvement and representation of AGS members in international geriatrics conferences and organizations.

**3:30 - 4:30 PM EASTERN  
PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)**



Track: Networking

Chair: Joanna DUBY, MD

The Program for All-Inclusive Care of the Elderly (PACE) is a comprehensive, fully integrated model that provides community-based care for nursing home eligible frail elders. We provide information to people who are interested in working with or establishing a PACE organization.

**3:30 - 4:30 PM EASTERN**

**SOCIETY FOR GENERAL INTERNAL MEDICINE GERIATRICS (SGIM)**

Track: Networking

Co-Chairs: Colleen Christmas, MD & Stephanie Nothelle, MD

The mission of this SIG is to serve as a source of collaborative activity between AGS and the Society for General Internal Medicine (SGIM). We focus on ways to collaborate on developing workshops for the AGS & SGIM annual meetings, as well as fostering ongoing collaborative efforts and better communication between the two groups.

**3:30 - 4:30 PM EASTERN**

**WOUND PREVENTION AND MANAGEMENT**

Track: Networking

Co-Chairs: Veronica Nwagwu, MD & Sarwat Jabeen, MD, FAAFP

This SIG is an interdisciplinary group of healthcare professionals who strive to improve outcomes in skin and wound health for vulnerable older adults by supporting education, research, and quality improvement initiatives. The SIG serves as a platform to discuss educational initiatives at AGS, policy objectives, and updates on budding research.